STANDARDIZATION AND ANTIMICROBIAL ACTIVITIES ON SOME INDIAN MEDICINAL PLANTS

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BY

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CERTIFICATE

the thesis entitled "STANDARDIZATION This certify that ANTIMICROBIAL ACTIVITIES ON SOME INDIAN MEDICINAL PLANTS" submitted to the Bundelkhand University, Jhansi (U.P.), in fulfillment of requirements for the award of degree of Doctor of Philosophy in Pharmacognosy and Phytochemistry, embodies original research work carried the Mr. Shyam Krishan Gupta under our supervision. This work has not been submitted in part or full for the award of any other degree of this or any other university. That The Candidate has but in an attendance of more than 200 days with me.

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I hereby declare that the thesis entitled "Standardization and Antimicrobial Activities on some Indian Medicinal Plants" embodies the results of the original research work carried out by me in the Institute of Pharmacy, Bundelkhand University, Jhansi and Dr. K.N. Modi Institute of Pharmaceutical Education and Research, Modinagar. This work has not been submitted in part or full for the award of any other degree of this or any other university.

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CONTENTS

S. No.		Chapter	Page No.
1.	INTRO	DDUCTION	1-8
2.	LITER	RATURE REVIEW	9-18
	(i)	Tribulus terrestris Linn.	9
	(ii)	Cichorium intybus Linn.	13
	(iii)	Dolichos biflorus Linn.	16
3.	EXPE	RIMENTAL	19-124
	(A)	Standardization of fruits of Tribulus terrestris Linn.	19
	(B)	Standardization of seeds of Cichorium intybus Linn.	45
	(C)	Standardization of seeds of Dolichos biflorus Linn.	64
	(D)	Antimicrobial activity of fruit of Tribulus terrestris Linn.	118
	(E)	Antimicrobial activity of the seeds of Cichorium intybus Linn.	121
	(F)	Antimicrobial activity of the seeds of Dolichos biflorus Linn.	123
4.	RESU	LTS AND DISCUSSION	125-130
5.	CONC	CLUSION	131-133
6.	BIBLI	OGRAPHY	134-141
	PUBL	ICATION	142

CHAPTER-1 INTRODUCTION

STANDARDIZATION AND ANTIMICROBIAL

ACTIVITIES ON SOME INDIAN MEDICINAL PLANTS

INTRODUCTION

India has rich flora of medicinal plants and these medicinal plants have been used in our traditional system of medicine, having very potent therapeutic activity but some of the medicinal plants used in our traditional system have not been fully investigated for therapeutic activity. Following three plants have been selected for the standardization and antimicrobial activities.

S.No.	Botanical Name	Common Name	Plant part to be used for studies	
1.	Tribulus terrestris Linn.	Chotagokhru	Fruit	
2.	Cichorium intybus Linn.	Kasni	Seed	
3.	Dolichos biflorus Linn.	Kulthi	Seed	

1. TRIBULUS TERRESTRIS LINN.

Tribulus is a genus of ascending or prostrate herb, belonging to the family Zygophyllaceae, distributed in the tropics and warm-temperate regions of the world. Three species which are found in India are *Tribulus terrestris*, *Tribulus cistoides* and *Tribulus alatus*. Among them *Tribulus terrestris* Linn. is an annual, upto 90 cm in length, commonly found throughout India upto, 5,400 m altitude¹.

The plant is commonly known in *Hindi:* Chotagokhru; *Punjabi:* Bakhra; *English:* Small caltrops.

1

It is a procumbent, ascending or suberect herb; stems and branches pilose, young parts silky-villous. Leaves opposite, abruptly pinnate, one of each pair usually smaller than the other, sometimes wanting altogether; stipules lanceolate, hairy; leaflets 3-6 pairs, oblong, mucronate, villous on both the surfaces; base rounded oblique; petioles minute, hairy. Flowers axillary or leaf-opposed, yellow, solitary, hairy; pedicles filliform. Sepals lanceolate, acute, hairy. Petals oblongobloid, claw short, hairy; stamens 10, inserted on the base of the disk, alternately longer and shorter, the latter with a small gland outside, filaments filliform, naked ovary sessile, hirsute, 5-12 lobed and celled; style short; stigmas 5-12; ovules superposed. Fruit globose with 5-hairy woodycocci, each with 2 spines. Seeds many in each coccus, with transverse partitions between them. Flowering and fruiting-hot season and rainy season (Fig., 1).

Leaves are diuretic, tonic; increase the menstrual flow; cure gonorrhoea; a decoction is useful as a gargle for mouth trouble and painful gum and reduce inflammation.

The fruit is diuretic removes gravel from the urine and stone in the bladder. They are regarded as cooling, diuretic, tonic and aphrodisiac, and are used in painful micturition, calculous affections, urinary disorders and impotence. In some countries they are reputed tonic and astringent, used for coughs, scabies, anaemia and opthalmia.

The root is good stomachic and appetiser, diuretic and carminative.

The entire plant, but more particularly the fruits are used in medicines. It was given a good trial in Bright's disease with dropsy. The diuretic property of the drug is due to the presence of large quantities of nitrates present as well as the essential oil which occurs in the seeds².



Fig.. 1: Tribulus terrestris grown in a pot

2. CICHORIUM INTYBUS LINN.

Cichorium is a genus of thirteen species belonging to the family compositae. Two species, viz., C. endivia and C. intybus, are of common occurance, cultivated throughout India, also grows wild in Punjab, north west India and Hyderabad in areas upto 6000 ft. elevation, waziristan, Baluchistan, W. Asia and Europe. It is grown either for fodder or as is more often the case, for the roots which form an article of commerce. The plant appears to grow on any type of soil. The dried root after roasting and powdering is used for mixing with coffee.

Cichorium intybus is an erect, glandular, perennial herb up to 90 cm in hight, with tough, rigid, spreading branches; leaves radical and lower pinnatifid, lobes toothed, upper alternate, small, entire; flowers bright blue in ligulate heads, terminal, axillary and clustered; fruits smooth angled achenes, crowned with a ring of erect pappus scales (Fig. 2).

The plant is commonly known in *Hindi*: Kasni; *Punjabi*: Hand; *Kannada*: Kacani; *Malayalam*: Cikkari; *Tamil*: Kasini; *Sanskrit*: Kasani; *English*: Chichory.

Cichorium intybus Linn. has been described to be of great medicinal value.

There are two varieties of this species:

1. Cultivated-sweet-variety: The plant is a good tonic; cooling; useful in thirst, headache, ophthalmia, throat inflammation, enlargement of the spleen, fever, vomiting, diarrhoea. The root is the best part of the plant; good stomachic and diuretic; enriches and purifies the blood; lessens inflammation and pain in the joints. The leaves are applied topically to lessen pain in the joints. The seeds are



Fig.. 2: Cichorium intybus grown in a pot

- tonic to the brain, alexiteric, appetiser; good in headache, ophthalmia, biliousness, lumbago, troubles of the spleen and asthma.
- 2. Wild-bitter-variety: The plant is tonic, emmenagogue, alexiteric; astringent to the bowels; cures asthma, biliousness, inflammation; enriches the blood. The root has tonic, demulcent and cooling properties. The seeds are considered carminative and cordial. A decoction is used in obstructed menstruation and for checking bilious vomiting. Flowers made into sherbet are given in liver disorders ³⁻⁵.

3. DOLICHOS BIFLORUS LINN.

Dolichos is a well known and wide spread genus of twining herbs of the family Leguminosae (Papillionaceae) occuring mainly in the tropical countries. It occurs all over India up to an altitude of 5000 ft. About 14 species occur in India, of which D. biflorus (Horse gram), D. lablab (Bean), D. catijang (Cow gram), D. Pruriens (Cow hedge) and D. soja (Soya bean) are extensively cultivated and its seeds are used as food and leaves and stem as fodder.

Several varieties of horse gram differing in the colour of seed coat and the period of maturity are known under cultivation. The seeds are brown, light red, grey, black or mottled. The cultivated crop is usually a mixture of several varieties⁶.

The plant is commonly known in *Hindi*: Kulthi; *Sanskrit*: Kulastha; *Bengali*: Kulti, kurti kalai; *Marathi*: Kulthi; *Gujarati*: Kulti; *Malayalam*: Kullu, kollu; *Telugu*: Wulavulu; *Tamil*: Kollu; *English*: Horse gram.

Dolichos biflorus is a branched sub-erect or trailing annual, with small trifoliate leaves, bearing, when mature, narrow, fat, curved pods, $1\frac{1}{2}-2$ in. long, tipped with a persistent style. The stems are very wide climbing slender, slightly pubsescent, oblong blunt, subglabrescent leaflets on a petiole, lateral ones very unequal sided, stipullae minute and linear. Flowers are 1-3 on very short pedicels in

the axils of the leaves. Calyx slightly downy with upper teeth quite connate, the side lanceolate and the lowest one linear. Corolla yellow. Pods are linear, subsessile, nearly straight, glabrous, 6 - 8 seeded, tipped with a persistant style (Fig. 3).

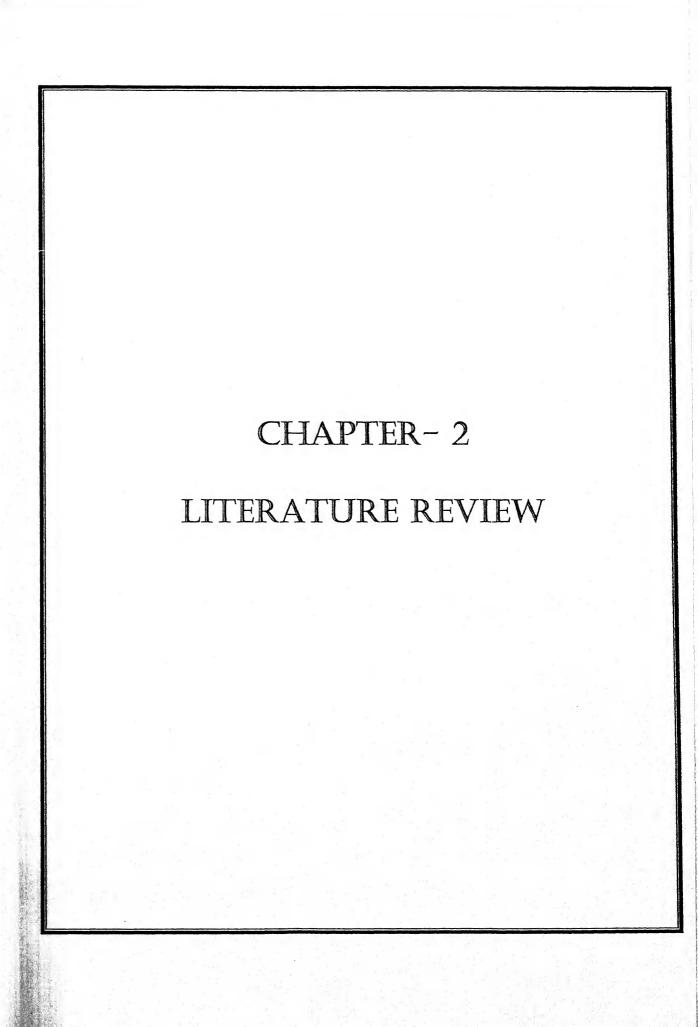
The seeds of *Dolichos biflorus* have been used in the indigenous system of medicine for a long time as astringent to the bowels, fattening, antipyretic, anthelmintic, nerve tonic, diuretic, appetizing, aphrodisiac, emmenagogue etc. and cures "Kapha" and "Vata", tumours, asthma, bronchitis, urinary discharges, hiccough, abdominal complaints, heart troubles, diseases of the brain, eye diseases, piles, leucoderma, liver troubles, leucorrhoea, menstrual derangements and removes stones from the kidney⁷⁻¹⁰.

These medicinal plants are very much used in traditional system of medicine and many pharmacological properties have been attributed to various parts of these plants. The standardization of these plants parts are essential in order to prevent adulteration and admixture in the preparation of Ayurvedic medicine.

Hence the useful parts of these medicinal plants will be subjected for standardization and the extracts isolated from these plants parts will be screened for antimicrobial activities.



Fig.3: Dolichos biflorus grown in a pot



LITERATURE REVIEW

(i) TRIBULUS TERRESTRIS LINN.

Phytochemical Investigations

Fruit contains an alkaloid in traces (0.001%); fixed oil 3.5% consisting mainly of unsaturated acids, essential oil in very small quantities resins and fair amounts of nitrates².

Harman occurs in the herb and harmine in seeds. The plant contains saponins which on hydrolysis yield steroidal sapogenins. Kaempferol, keempferol-3- glucoside, kaempferol-3-rutinoside and a flavonoid tribuloside have been isolated from leaves and fruits¹¹.

Nath *et al.* reported crude protein 12.06%; ether extract 2.61%; crude fibre 27.7%; nitrogen free extract 40.83%; total carbohydrates 68.61%; total ash 16.72%; calcium 4.21% and phosphorus 0.24%¹².

Earlier investigations of this plant yielded a number of steroidal sapogenin viz., chlorgenin, gitogenin, diosgenin and ruscogenin. Tomowa *et al.* identified a new sapogenin viz., tigogenin¹³.

Purushothaman, et al. isolated two new steroid sapogenins, hecogenin and neotigogenin¹⁴.

Mahato, et al. found β -sitosterol, stigmasterol and neotigogenin in whole plant of T. terrestris L^{15} .

Altogether 22 amino acids viz., Glutamic acid, Glutamine, Aspartic acid, Asparagine, Cystine, Cysteine, Tryptophan, Serine, Proline, Glycine, Alanine, Valine, Methionine, Leucine, Isoleucine, Tyrosine, Phenyl alanine, γ-Aminobutyric acid,

Ornithine. Lysine, Histidine and Arginine were identified in the root nodules of T. terrestris L. by Ather, et al. ¹⁶.

Duhan et al. reported a rich source of calcium in the leaves of T. terrestris L^{17} .

Afria showed that young leaves possessed the maximum concentration of protein (92.5 mg/g. dry wt.) and most of the individual free amino acids as compared with mature leaves and immature fruits¹⁸.

Saleh et al. detected 25 flavonoid glycosides which belong to the common flavonols, kaempferol, quercetin and isorhamnetin with the 3-gentiobiosides as the major glycosides in T. terrestris L^{19} .

Singh et al. isolated Diosgenin and Tigogenin from over ground part of T.

terrestris L^{20} .

Prakash, et al. confirmed 4 beta-carboline alkaloids, harmine, harmaline, harmane and tetrahydroharmine in the plant T. terrestris.

Bourke, et al. identified beta-carboline alkaloid harmane and norharmane in the aerial parts of T. $terrestris^{22}$.

Zafar, R. et al. isolated diosgenin, hecogenin, ruscogenin and spirosta-3,5-diene from flowers of T. terrestris L²³.

Two compounds of cinnamic amide derivative named terrestriamide and 7-methyl hydroindanone-1, were isolated from T. terrestris L^{24}

Pharmacological Activity

The plant *T. terrestris* L. is one of the most important ingredients of an Ayurvedic preparation. The drug is diuretic, tonic, aphrodisiac, blood purifier and often used to painful micturition, to remove 'tridosh', to cure skin and heart disease. The freshly expressed juice of the aqueous extract of the whole plant contains

inorganic nitrites, mostly potassium nitrite in toxic amounts. It is also used for the treatment of piles, cough, calculi and leprosy.

Chakraborty, *et al.* studied the various pharmacological action and reported that an alcoholic extract of the plant produced a sharp vasodepression in an anaesthetised dogs mediated through cholinergic mechanism. It also possessed some characteristics changes in C.N.S. and in Carbohydrate metabolism²⁵.

Prakash, et al. reported marked C.N.S. stimulant activity in adult albino mice in T. terrestris L^{26} .

Bourke, et al. observed locomotor disorders in sheep with the T. terrestris L. due to beta-carboline alkaloid²⁷.

Bourke *et al.* administered harmane and norharmane from alkaloidal extract of T. terrestris L. to normal sheep and showed that both compounds were able to cause locomotor effects in sheep²⁸.

Anand et al. found antiurolithiatic activity in albino rats in alcoholic extract of T. terrestris L^{29} .

Singh, et al. evaluated the diuretic action with minimal side effects on albino rat in T. terrestris L^{30} .

Administration of the fractions of ethanolic extract of the fruits of T. terrestris resulted in a varying degree of reduction in deposition of stone in albino rats³¹.

Sangeeta *et al.* observed the effect of an aqueous extract of *T. terrestris* on the metabolism of oxalate in male rats fed sodium glycolate that lowering hyperoxaluria seemed to be mainly mediated through its inhibitory action on GAO and GAD, and its enhanced production of glyoxylate³².

Vijaya, et al. examined in-vitro that aqueous extract of T. terrestris L. inhibited amylase and activated lipase digestive enzyme³³.

Antimicrobial Activity

Singh, et al. reported antibacterial activity against E.Coli in alcoholic extract of fruit of Tribulus terrestris³⁴.

Ikram, et al. reported, negligible activity in stem and leaf extracts of T. terrestris against Escherichia Coli, Bacillus subtilis, Shigella dysenteriae and Salmonella typhi as compared to streptomycin³⁵.

Antimicrobial activity was reported in an ethyl ether and 50% ethanolic extracts of *Tribulus terrestris* shoot against *Staphylococcus aureus* ³⁶.

(ii) CICHORIUM INTYBUS LINN.

Phytochemical Investigations

Seeds contain a bland oil, 4.5%; fresh roots contain moisture, 77% gummy matter, 7.5%; glucose, 1.1%; bitter extractive, 4.0%; fat, 0.6%; cellulose, inulin and fibre, 9.0% and ash, 0.8%. The ash of the roots and also of the leaves is rich in potash. Betaine and choline are also present in small concentrations. Flowers contain a colorless crystalline glucoside; cichoriin, bitter substances lactucin and intybin³⁷⁻³⁹.

Barakat, et al. reported mean of ferric iron content 3.4 mg % and cupric copper content 0.17 mg % by iodometric method in Cichorium intybus L⁴⁰.

Balbaa, et al. reported the presence of flavonoids, catechol tannins, glycosides, carbohydrates, unsaturated sterols, triterpenoids and the absence of alkaloids, oxidase enzyme and saponins in the roots of each of the eight varieties of *C. intybus* L⁴¹.

Wight, et al. determined reducing sugers, sucrose and inulin content in roots of C. intybus L.⁴².

The major anthocyanin of red leaves of *Cichorium intybus* has been identified as cyanidin $3 - 0 - \beta$ - (6-0-malonyl)-D-glucopyranoside by fast atom bombardment mass spectrometry and NMR spectroscopy ⁴³.

Takeda, et al. identified a pigment, Delphinidin 3-(6-malonyl glucoside)-5-malonyl glucoside in blue flowers of C. intybus L^{44} .

Cichorium intybus L. seed oil (5.8%) was examined for its physico-chemical values and fatty acid composition by gas chromatography. The oil was fractionated by TLC into lipid classes; neutral lipids (56.74%) and polar lipids (43.26%). Fractionation of neutral lipids gave hydrocarbon wax-esters (6.46%), triglycerides (23.39%), free fatty acids (10.70%), 1, 3 - diglycerides (4.95%), 1, 2 - diglycerides (5.90%), 1 - monoglycerides (3.21%) and 2 - monoglycerides (2.13%). Polar lipids

were separated into glycolipids (30.22%) and phospholipids (13.04%). All the lipid classes except phospholipids were studied for their fatty acid composition. Except for 2 – monoglycerides, all other lipid classes showed a similar fatty acids pattern, as the saturated fatty acids constituted 72-88% of the total. All the lipid classes have shown a fair amount of an odd numbered fatty acid⁴⁵.

Grayer, et al. reported an antifungal phytoalexin, cichoralexin in leaves of C. intybus L^{46} .

Park, et al. isolated two known endesmanolides, magnolialide and artesin from the roots of C. intybus and their structures were identified as magnolialide (1β - hydroxyeudesma – 4, 13 – dien – 6, 12 - olide) and its 11β , 13 – dihydro derivative (artesin).⁴⁷

The known eudesmanolide magnolialide and the known guainolide ixerisoside

- D reported from *C. intybus*, along with the previously known sesquiterpene lactones,
have also been isolated and identified by Kisiel, *et al.*⁴⁸

Four anthocyanin pigments were isolated from flowers of *C. intybus* and identified as delphinidin 3 , 5 - di - 0 - (6 - 0 - malonyl - β - D - glucoside) and delphinidin 3 - 0 - (6 - 0 - malonyl - β - D - glucoside) - 5 - O - β - D - glucoside and the known compounds were delphinidin 3 - O - β - D - glucoside - 5 - 0 - (6 - O - malonyl - β - D - glucoside and delphinidin 3 , 5 - di - O - β - D - glucoside, in addition 3 - O - p - coumaroyl quinic acid has been identified by Norback , *et al.*⁴⁹.

Pharmacological Activity

Balbaa, et al. observed marked depression on the amplitude and on the rate of the isolated toad's heart in roots of each of eight varieties of *C. intybus* L. This type of effect was similar to quinidine.⁴¹

Pandey observed bradycardia in normal and hypodynamic heart of frog and a fall in B.P. with a corresponding increase in respiratory rates in dog treated with alcoholic extract of seeds of *C. intybus* L.⁵⁰.

Handa, et al. reported cholagoque activity in alcoholic extract of the C. intybus L.⁵¹.

A significant decrease in the triglyceride level of liver, plasma and heart coupled with decreased cholesterol level in plasma was observed in rats, fed with high level of saturated fat(45%) supplemented with 5% roots of *C. intybus* L. as compared to high fat fed group, by Kaur *et al.*⁵².

Misra, et al. found antimalarial activity against erythrocytic stages of plasmodium berghei only in vitro in alcoholic extract of seeds of C. intybus L.⁵³.

Gadgoli, et al. found hepatoprotective activity against carbon tetrachloride and paracetamol induced toxicity in rats, treated each with chloroform, methanol and water extract of seeds of *Cichorium intybus* L.⁵⁴.

Zafar *et al.* reported better antihepatotoxic effect against carbon tetrachloride induced hepatocellular damage in albino rats, treated with root callus extract as compared to the natural root extract of *Cichorium intybus* L.⁵⁵.

Antimicrobial Activity

Abou-Jawdah, et al. found antimycotic activity against phytopathogenic fungi in petroleum ether extract of C. intybus L. 56.

(iii) DOLICHOS BIFLORUS LINN.

Phytochemical Investigations

The seed has moisture, 11.8%; crude protein 22.0%; fat, 0.5%; minerals, 3.1%; fibre, 5.3%; carbohydrates, 57.3%; calcium, 0.28%; phosphorus, 0.39%; iron, 0.0076%; nicotinic acid, 0.0015%; carotene, 119 IU/100g., arginine 6.0-7.1%, tyrosine 6.68% and lysine 7.64%. Other important constituents of *D. biflorus* are strepogenin, β -sitosterol, bulbiformin, linoleic acid (in the seeds oil, 30-60%), polyphenols, oxalates (40% soluble) and crude fibre (5.3%)⁵⁷⁻⁵⁹.

Pant , et al. found moisture 10.58% ; ash 3.86% ; fat 2.26% and crude protein 21.35% in seeds⁶⁰.

Mahadevappa *et al.* reported palmitic acid, linoleic acid, oleic acid and linolenic acid in seed oil of *D. biflorus* L.⁶¹.

An unusual enzyme allantoinase was isolated from germinated seeds of D. biflorus L. by Mary et al. 62 .

Seeds of *D.biflorus* L. contain total lipids 1.7 - 2.2%, neutral lipids 46 - 52% of total lipids, glycolipids 10 - 12% and phospholipids 35 - 40% of total lipids. Its amino acid composition is aspartic acid, lysine, phenyl-alanine, glycine, threonine, alanine, tyrosine, valine, glutamic acid, leucine, proline, serine and tryptophan. Seeds are rich source of ribonuclease. The glycosidases β - H -acetylgluco - samanidase, α - and β -galactosidases, α -mannosidase and β -glucosidase have been isolated and purified. Haemagglutinin was isolated from the seeds by fractionation and characterized as a glycoprotein of molecular weight about 130000 with amino acids and carbohydrates (0.5% galactose, 0.2% mannose, rhamnose and fructose) and fructose) and fructose) and carbohydrates (0.5% galactose, 0.2% mannose, rhamnose and fructose) and carbohydrates (0.5% galactose, 0.2% mannose, rhamnose and fructose) and carbohydrates (0.5% galactose, 0.2% mannose, rhamnose and fructose) and carbohydrates (0.5% galactose, 0.2% mannose, rhamnose and fructose) and carbohydrates (0.5% galactose, 0.2% mannose, rhamnose and fructose) and carbohydrates (0.5% galactose, 0.2% mannose, rhamnose and fructose) and carbohydrates (0.5% galactose) an

A number of isoflavones have been isolated from the leaves and stems of D. biflorus L. namely Genistein, 2'-hydroxy genistein, dalbergioidin, kievitone,

phaseollidin and isoferrerin after inoculation by some nonpathogenic bacteria, along with coursetrol and psoralidin⁶⁴

Ingham, et al. isolated two minor isoflavonoids dolichin A and B from the bacteria inoculated leaves of D. biflorus L. 65.

Mitra, et al. isolated 5-Hydroxy-7,3',4'-trimethoxy - 8 - methyliso-flavone 5-neohesperidoside isoflavone from the ethanolic extract of seeds of *D. biflorus* L. ⁶⁶.

Akihisa, *et al.* isolated and identified fourteen triterpene alcohols and one 3-oxosteroid, stigmasterone [(24R)-stigmast - 4 - en - 3 - one] and others were unidentified from seeds of *D. biflorus* L. ⁶⁷.

Dubey et al. identified D – glucose, D – galactose, L - rhamnose, D – arabinose and L - ascorbic acid along with amino acids viz., glycine, alanine, serine, cystine and aspartic acid from seeds of D. biflorus L.⁶⁸.

Pharmacological Activity

The seeds are diuretic; emmenagogue; increase appetite; remove stone from kidney; cure hiccough, eye troubles, piles, enlargement of the spleen, pain in the liver; improve the complexion; cause biliousness. The decoction is used in leucorrhoea and menstrual derangement ⁶⁹.

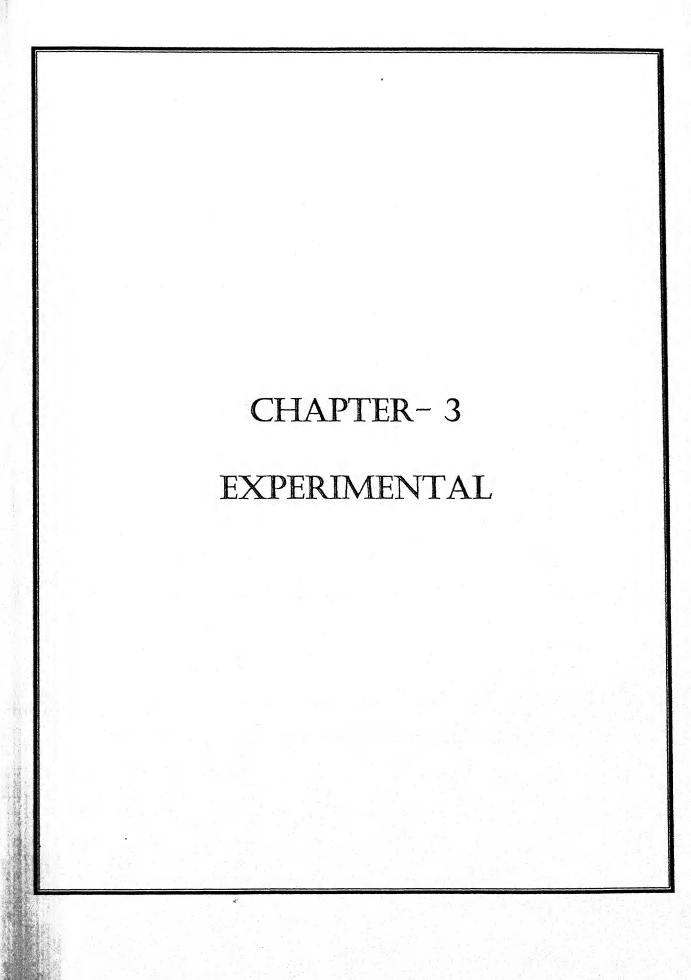
Kamboj, *et al.* reported that no anti-implantation activity at a dose of 200 mg/kg on days 1-7 post-coitum in rats in petroleum ether, alcohol and aqueous extracts of seeds of *D. biflorus* L.⁷⁰.

Laskar, et al. found antihepatotoxic activity in seeds of D. biflorus L. against paracetamol intoxicated rats at a dose of 10 mg/kg⁷¹.

Antimicrobial Activity

Basak, et al. found antibacterial activity against Pseudomonas aeruginosa, Escherichia coli, Proteus vulgaris and Bacillus subtilis in methanolic extract of seeds of D. biflorus L.⁷².

Looking to the medicinal utility of these plants in the literature mentioned above and comparatively pharmacognostic studies on the parts of these plants are very few and fragmentary. As pharmacognostic screening of the plant parts is essential for identification of the commercial sample; the same has been undertaken to standardize for prevention of admixtures and adulterants in the preparation of Ayurvedic formulation.



EXPERIMENTAL

(A) STANDARDIZATION OF FRUITS OF TRIBULUS

TERRESTRIS LINN.

MATERIALS AND METHODS

The fruits of *Tribulus terrestris* were procured from local market of Modinagar, Ghaziabad and were identified by Dr. H.B. Naithani, Botanist and Scientist, Forest Tree Seed Laboratory, Silviculture Division, Forest Research Institute, Dehradun, The fruits were shade dried.

(A) PHYTOCHEMICAL STUDY

1. Quality Parameters:

Moderately coarse powders of fruits were prepared by crushing the fruits in electric grinder for the proximate analysis. The brief description of the I.P. methods⁷³ used for the determination of Foreign Organic matter, loss on drying, Ash values, Extractive values and other Quality Parameters on fruit of *T. terrestris* Linn. are given below and results are tabulated in Table 1.

1. Foreign Organic Matter:

About 300 g of the original sample was weighed and spread it out in a thin layer. The sample was inspected with the unaided eye and foreign organic matter was separated manually as completely as possible and weighed. The percentage of foreign organic matter was determined from the weight of the sample taken.

2. Loss on drying:

Loss on drying is the loss in weight in % w/w resulting from water and volatile matter of any kind that can be driven off.

About 1 g of the accurately weighed amount of the powdered drug was taken in a weighing bottle and dried the sample in an oven at 105° till the weight was constant.

3. Total ash:

About 2 g accurately weighed powder of the drug was taken in a silica crucible and incinerated by gradually increasing the heat at a temperature not exceeding 450° until free from carbon. The crucible was allowed to cool and weighed. The percentage of ash was calculated with reference to the air dried drug.

4. Acid-insoluble ash:

The total ash obtained in above experiment was boiled with 25 ml of 2 M hydrochloric acid for 5 minutes. The insoluble matter was collected on an ashless filter paper, washed with hot water, ignited in a tared silica crucible. The crucible was allowed to cool in a desicator and weighed. The percentage of acid - insoluble ash was calculated with reference to the air dried drug.

5. Sulphated ash:

About 1 g accurately weighed powder of the drug was taken in a tared silica crucible and ignited gently at first , until the powder drug was thoroughly charred , cooled , moistened the residue with 1 ml of sulphuric acid and again heated gently until the white fumes were no longer evolved , reignited at $800 \pm 25^{\circ}$ till the weight was constant.

6. Water-soluble ash:

The ash of the powdered drug was obtained as mentioned above and boiled for 5 min with 25 ml of water, insoluble matter was collected on an ashless filter paper, washed with hot water and ignited for 15 min at a temperature not exceeded 450°. The difference in weight between the insoluble matter and the weight of the ash

represents the water - soluble ash. The percentage of the water-soluble ash was calculated with reference to the air dried substance.

7. Ethanol-soluble extractive:

5 g of the powdered drug was macerated with 100 ml of ethanol in a closed flask for 24 h shaking the contents of the flask frequently during the first 6 h and allowing standing for 18 h then filtered rapidly. 25 ml of this filtrate was evaporated to dryness in a tared flat-bottomed shallow dish, dried at 105° and weighed. The percentage of ethanol - soluble extractive was calculated with reference to the air dried drug.

8. Water-soluble extractive:

The same procedure as directed for the determination of ethanol - soluble extractive was adopted using chloroform water instead of ethanol.

9. Petroleum ether-soluble extractive:

The same procedure as directed for the determination of ethanol - soluble extractive was adopted using Pet. ether (60-80°) instead of ethanol.

10. Chloroform-soluble extractive:

The same procedure as directed for the determination of ethanol - soluble extractive was adopted using chloroform instead of ethanol.

11. Volatile oil Content:

50 g of fruit powder was boiled with water in a round bottomed flask fitted with Clevenger apparatus. The volume of volatile oil which being lighter than water remains on the top of the distillate was measured.⁷³⁻⁷⁴

TABLE 1: QUALITY PARAMETERS OF FRUITS OF TRIBULUS TERRESTRIS LINN.

S.No.	Quality Parameters	Value
1.	Foreign organic matter	1.662%
2.	Loss on drying	10.10%
3.	Total ash	12.79%
4.	Acid-insoluble ash	0.97%
5.	Sulphated ash	2.07%
6.	Water-soluble ash	5.79%
7.	Ethanol-soluble extractive	1.862%
8.	Water-soluble extractive	16.8%
9.	Petroleum ether-soluble extractive	1.018%
10.	Chloroform-soluble extractive	1.26%
11.	Volatile oil	Nil

2. Fluorescent analysis:

Very faint fluorescence in the alcoholic extract at short (254 nm) and long (366 nm) ultra-violet wavelengths was observed as shown in Table 2.

TABLE 2: FLUORESCENT ANALYSIS OF ALCOHOLIC EXTRACT OF FRUITS OF *TRIBULUS TERRESTRIS* LINN.

S.No.	Light Source	Wave length (nm)	Color observed
1.	Ultra – violet light	254	Faint
		366	-do-
2.	Ordinary light		Colorless

3. Behaviour of powdered drug with different reagents:

The behaviour of the fruits Power of *T.terrestris* with different chemical reagents was observed as shown in Table3.

TABLE 3: BEHAVIOUR OF THE FRUITS POWDER OF *TRIBULUS TERRESTRIS*LINN. WITH DIFFERENT REAGENTS

S. No.	Reagents	Observation
1.	Water	Colorless turbid soln.
2.	5% KOH	Brown colored turbid soln.
3.	Dil. HCL	Faint lemon yellow tinted soln.
4.	Dil. H ₂ SO ₄	-Do-
5.	Dil. HNO ₃	-Do-
6.	Fecl ₃ soln.	Light brown precipitation
7.	Dragendorff's soln.	Orange brown precipitation
8	KI and I soln.	Light orange brown turbid soln.

4. Phytochemical Screening:

The fruits of *Tribulus terrestris* (130 g) were coarsely powdered and was successively extracted with petroleum ether (60 - 80°), chroloform, ethanol and water in a Soxhlet extractor. The various extracts obtained were then subjected to qualitative tests for the presence of important plant constituents like alkaloids, carbohydrates, glycosides, phytosterols, saponins, tannins, proteins and amino acids, fixed oils and fats, gums and mucilages, and resins.

The tests applied are given below and the results obtained from the tests are tabulated in Table 4.

1. Alkaloids:

A small quantity of the extract was dissolved in Dil. Hydrochloric acid and the solution was filtered. The filtrate was tested with a number of alkaloidal reagents like Mayer's reagent, Dragendorff's reagent, Hager's reagent and Wagner's reagent.

2. Carbohydrates:

A small quantity of the extract was taken up in water and filtered. The filtrate was treated with Molisch's reagent, Fehling solution to detect the presence of carbohydrate.

3. Glycosides:

A little of the extract was hydrolysed with dilute hydrochloric acid and subjected to Legal's test and Borntrager's test for glycosides.

4. Phytosterols:

A little quantity of the extract was subjected to Liebermann's test, Libermann-Burchard's test to detect the presence of phytosterols.

5. Saponins:

A little quantity of the extract was subjected to Foam test to detect the presence of saponins.

6. Tannins:

A small quantity of the extract was boiled with distilled water and filtered. The filtrate was tested with ferric chloride and lead acetate soln, to indicate the presence of tannins.

7. Proteins and amino acids:

A small quantity of the extract was taken up in water and treated with Millon's reagent and Ninhydrin reagent to detect the presence of protein and free amino acids.

8. Fixed oils and fats:

A small quantity of the extract was subjected to spot test and saponification test to detect the presence of fixed oils and fats.

9. Gums and Mucilages:

A small quantity of the aqueous extract is slowly added to about 25 ml of 95% alcohol. A little brown precipitate indicates the presence of gums and mucilages.

10. Resins:

A small quantity of the extract was dissolved in 3 ml of acetone. 3 ml of hydrochloric acid was added to it and heated on a water bath for 30 minutes. Development of pink color, which on dilution gives magneta red color indicates the presence of resin⁷⁵.

TABLE 4: TESTS FOR COMMON PLANT CONSTITUENTS IN VARIOUS EXTRACTS OF FRUITS OF *TRIBULUS TERRESTRIS* LINN.

		Extracts			
S.No.	Plant constituents Test/Reagent used	Petroleum ether (60-80°)	Chloroform	Alcohol	Water
1.	Alkaloids				
	a) Mayer's reagent		+	+	_
	b) Dragendoff's reagent	_	+	+	_
	c) Hager's reagent	, <u> </u>	+	+	_
	d) Wagner's reagent.	-	+	+	_
2.	Carbohydrates				
	a) Molisch's reagent	- (_	_	+
	b) Fehling's solution	_	_	_	+
3.	Glycosides				
	a) Legal's test		_	_	+
	b) Borntrager's test				-
4.	Phytosterols				
	a) Liebermann's test		_	+	
	b) Liebermann-Burchard's test		_ *	+	_
5.	Saponins				
	Foam test	-	_	_	-
6.	Tannins				
	a) Ferric chloride solution	· -	<u> </u>	+	-
	b) Lead acetate solution		-	+	+
7.	Proteins and amino acids				
	a) Millon's reagent	· -	·	+	+
	b) Ninhydrin reagent	_	- *.	+ ,	+
8.	Fixed oil and fats				
	a) Spot test	+			-
	b) Saponification test	+	_		_

9.	Gums and mucilages	_	_	_	-
×.	Alcoholic precipitation				
10.	Resins	_	_	+	_

5. Chromatographic analysis:

(A) Thin Layer Chromatography (TLC)

Preparation of extract:

5 g sample of powdered fruit was refluxed for 1 h with 50 ml Chloroform and filtered. The marc was refluxed for 1 h with 50 ml methanol and filtered. The filtrate was evaporated to dryness under vacuum. 50 ml of 2N hydrochloric acid was added to the residue and refluxed the solution in a heating mantle for 1 h. 1 g sodium bicarbonate was added after cooling the solution and extracted with three successive quantities of 20 ml of chloroform. Combined chloroform layers were washed with water, dried over anhydrous sodium sulphate and evaporated the solution to dryness under vacuum. The residue was dissolved in 2 ml of chloroform to be used as test solution.

Reference solution:

1 mg Diosgenin was dissolved in 4 ml methanol.

Solvent system:

Toluene: ethyl acetate (8:2)

The extract solution and reference solution were applied on silica gel G plate and visualized the spots in day light by spraying the plate with anisaldehyde-sulphuric acid reagent and heated at 120° for 10 min. 76-77.

A yellowish green spot having hRf-value 29 corresponding to diosgenin was observed in both the extract and reference solution tracks. Other yellowish green spots

having hRf-values 13 and 84, prominent violet spots having hRf- values 91, 53, 43, 34 and 21 and a dark blue spot having hRf-value 14 were also observed in the extract solution as recorded in Table 5.

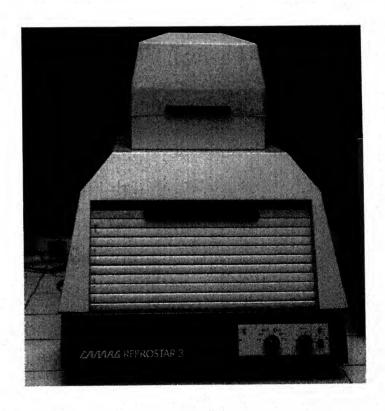
TABLE 5: TLC OF CHLOROFORM EXTRACT OF FRUITS OF *TRIBULUS***TERRESTRIS** LINN.

No. of Spots	Color of Spots	Distance travelled by solvent (mm)	Distance travelled by solute (mm)	Rf -values	h <i>Rf-</i> values
1.	Violet	130	118.3	0.91	91
2.	Yellowish green	-do-	109.2	0.84	84
3.	Violet	-do-	68.9	0.53	53
4.	-do-	-do-	55.9	0.43	43
5.	-do-	-do-	44.2	0.34	34
6.	Yellowish green*	-do-	37.7	0.29	29
7.	Violet	-do-	27.3	0.21	21
8.	Blue	-do-	18.2	0.14	14
9.	Yellowish green	-do-	16.9	0.13	13

^{*} The hRf- value (29) of this spot resembles with that of diosgenin.

High performance thin layer chromatography





(B) High Performance Thin Layer Chromatography (HPTLC)

The air dried, pulverized fruits of T. terrestris were successively extracted with petroleum ether (60-80 $^{\circ}$), benzene, chloroform, ethanol and water in a Soxhlet extractor. The extracts were subjected to HPTLC. Following steps were involved in HPTLC studies⁷⁸.

1. Application of sample:

Commercially available pre-coated silica gel $G60F_{254}$ TLC plate (10 X 10 cm, E. Merck, Germany) was used for the study. The different extracts were applied on plate in a single band width 6mm, using Camag Linomat 5, automatic sample applicator. $4\mu l$ sample of each extract was spotted on TLC plate under nitrogen stream by Camag Linomat syringe (100 μl). The plate was dried in air.

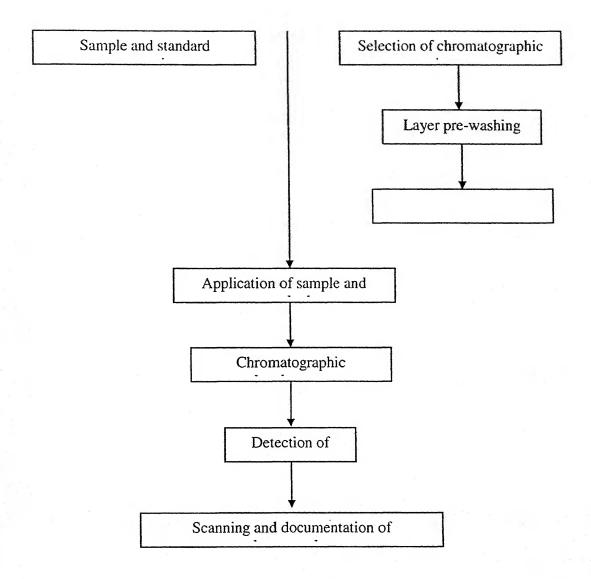
2. Chromatogram development:

The plate was developed up to 80 mm using mixture of Toluene: ethyl acetate (8:2) as mobile phase in a Twin-trough glass chamber (10X10 cm, Camag, Switzerland), previously saturated with mobile phase for 30 min. After developing, the plate was removed from the chamber, dried in air for 15 min and observed under UV Chamber, Camag Reprostar 3, at 366 nm as shows in Fig.. 4.

3. Densitometric scanning:

The developed plate was scanned using Densitometer, Camag TLC Scanner 3 at 366 nm. ⁷⁸.

The HPTLC Chromatograms are shown in Fig.s. 5 to 9 and the number of components separated, their R_f values and percentage peak area are tabulated in Table 6.



Schematic presentation for HPTLC

TABLE 6: HPTLC PROFILES OF THE SUCCESSIVE SOLVENT EXTRACTS
OF FRUITS OF *TRIBULUS TERRESTRIS* LINN.

Solvent system: Tolurene: ethylacetate (8:2) at 366nm

CNo	Name of the	No. of	Rf values	Max. peak	Percentage
S.No.	extract	peaks		height	peak area
1.	Petroleum ether	1	0.01	72.4	17.33
		2	0.13	26.7	11.22
		3	0.22	57.1	25.02
*		4	0.27	27.9	6.41
	*.	5	0.35	81.2	40.03
2.	Benzene	1	0.02	353.0	27.80
		2	0.24	706.0	59.21
		3	0.31	63.7	5.14
		4	0.37	66.5	6.05
		5	0.47	21.1	0.68
		6	0.49	20.1	1.12
3.	Chloroform	1	0.02	176.8	18.37
		2	0.23	501.4	75.31
		3	0.31	17.4	2.12
		4	0.37	31.1	4.21
4.	Ethanol	1	0.03	124.1	26.70
		2	0.24	229.7	65.36
		3	0.31	17.0	3.07
*		4	0.38	17.5	4.87
5.	Aqueous	1	0.02	97.9	49.87
		2	0.22	45.6	50.13

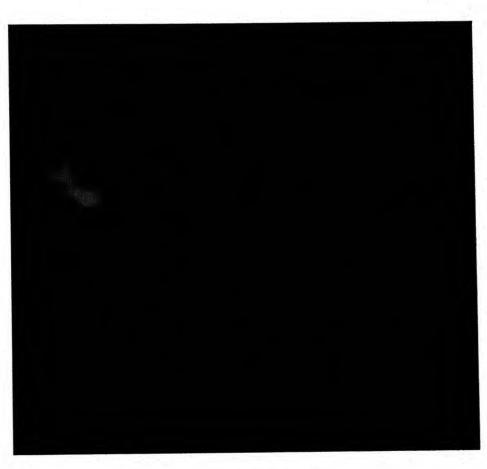
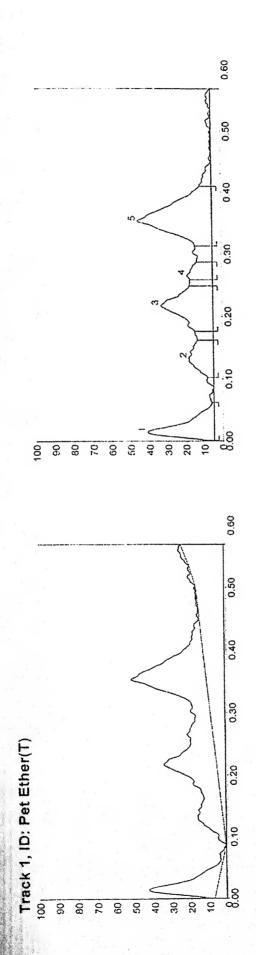


Fig. 4: Chromatogram of successive solvent extracts of fruits of *T. terrestris* observed at 366 nm using solvent system Toluene: ethyl acetate (8:2).



Peak S	ak	Start Rf	Start Height	Max Rf		Max %	End Rf	End Height	Area	Area %	Max Max End End Area Area Assigned Height % Rf Height % substance
		0.00	7.1	0.01		27.28	90.0	2.0	1329.5	17.33	Unknown*
	7	0.10	6.5	0.13		26.7 10.07	0.16	0.16 17.6	860.9	11.22	860.9 11.22 Unknown*
		0.18	19.9	0.22	57.1		21.53 0.25	25.8	1919.5	25.02	Unknown*
7	₹+	0.26	24.8	0.27	27.9	10.52	0.29	17.1	491.7	6.41	Unknown*
	10	0.31	19.2	0.35	81.2		30.59 0.41	13.3	3071.7 40.03	40.03	Unknown*

Fig. 5; HPTLC Chromatogram of the petroleum ether extract of fruits of T. terrestris scanned at 366 nm using solvent system toluene: ethyl acetate (8:2)

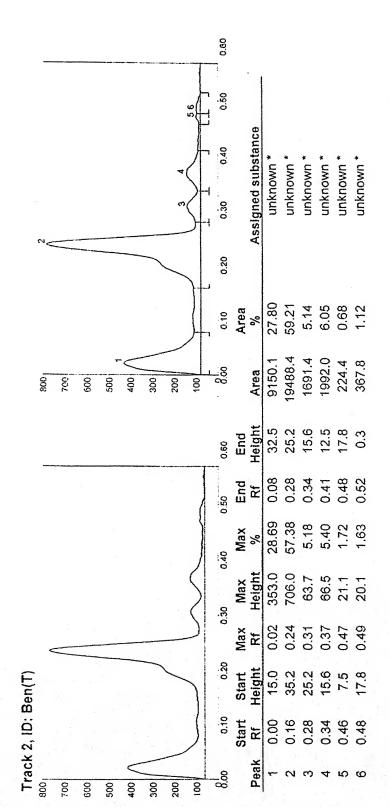


Fig. 6: HPTLC Chromatogram of the benzene extract of the fruits of T. terrestris scanned at 366 nm using solvent system toluene: ethyl acetate (8:2)

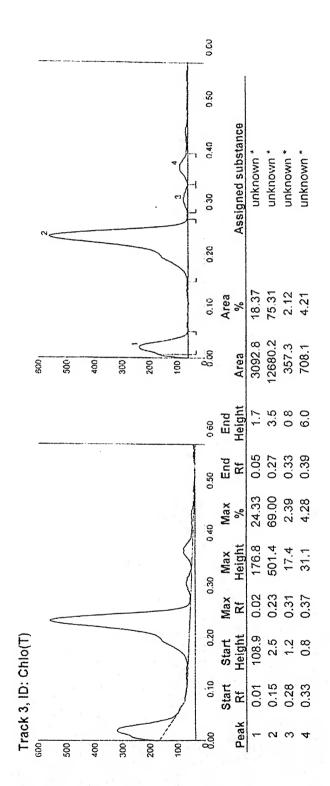


Fig. 7: HPTLC Chromatogram of the Chloroform extract of the fruits of T. terrestris scanned at 366 nm using solvent system toluene: ethyl acetate (8:2)

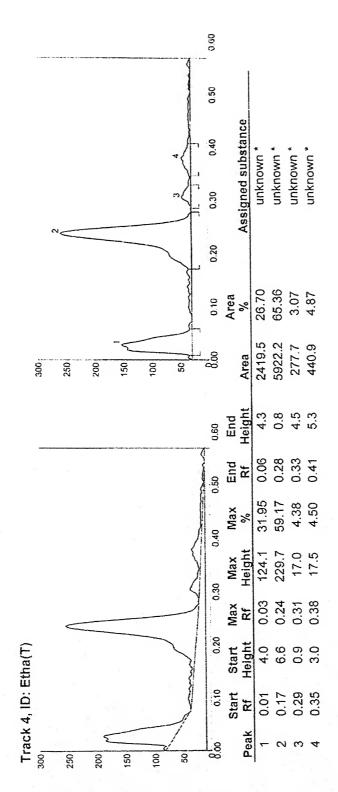


Fig. 8: HPTLC Chromatogram of the ethanol extract of the fruits of T. terrestris scanned at 366 nm using solvent system toluene: ehtylacetate (8:2)

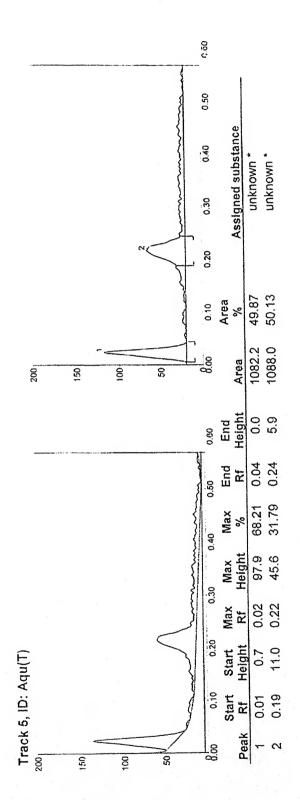


Fig. 9: HPTLC Chromatogram of the aqueous extract of the fruits of T. terrestris scanned at 366 nm using solvent system toluene: ethyl acetate (8:2)

Discussion:

The proximate analysis of the fruits of *T. terrestris* was carried out to lay certain standards for the air dried drug. The high value of total ash indicated the presence of considerable amount of inorganic constituents in the fruits. The ethanol-soluble extractive and water-soluble extractive values were also rather high, indicated the presence of sugars and resins etc. The qualitative examination of the various solvent extracts of fruits indicated the presence of alkaloids, fixed oils and fats, resins, traces of glycosides, proteins and amino acids, tannins, reducing sugars and sterols and absence of saponins, gums and mucilages. Thin-layer chromatography indicated the presence of diosgenin by Co-chromatography using authentic sample.

The successive solvent extracts of the fruits of *T. terrestris* with petroleum ether, benzene, chloroform, ethanol and water when scanned by HPTLC, using the solvent system toluene: ethyl acetate (8:2) at 366 nm, indicated the presence of 5,6,4,4 and 2 components respectively.

(B) MACROSCOPIC CHARACTERS

The fruit is pedicellate, globose, 1.3 cm in diameter 0.8 cm in thickness, possessing fine woody, densely hairy, spiny cocci. Each coccus possesses two large sharp, pointed, rigid spines directed towards the apex. The other two smaller, shorter spines are directed downwards. Tips of spines almost meet in pairs together forming pentagonal framework around the fruit. Outer surface of the schizocarp is rough. Seeds several in each coccus, with transverse partitions between them.

Color:

Yellowish

Odour:

faintly aromatic

Taste:

slightly acrid (Fig. 10).

(C) MICROSCOPIC CHARACTERS

T.S. of Fruit and Powder Characteristics:

The pericarp is differentiated into epicarp, mesocarp and endocarp. Outer surface of the epicarp is surrounded by non-glandular trichomes. The parenchymatous mesocarp is 6-10 layers thick which embeds calcium oxalate crystals. The sclerenchymatous endocarp is 3-4 layers thick and the cells are compact containing prismatic crystals of calcium oxalate. Fruits were penta locular. Vessels have simple pits and some vessels show helical thickenings. Fibres are lignified, linear long with tapered ends. Transverse section of the fruit and its powder characteristics are shown in Fig.s. 11, 12 and 13.

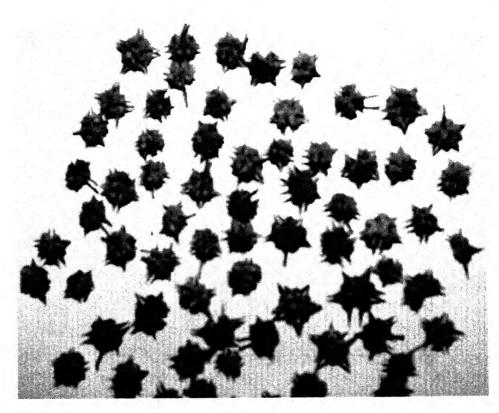


Fig. 10: Fruits of Tribulus terrestris Linn.

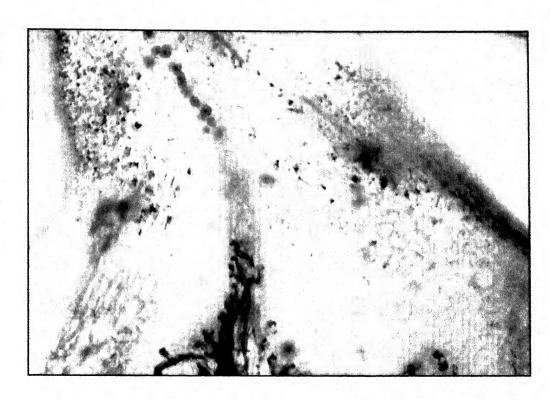


Fig. 12: T.S. of fruit of *T. terrestris* Linn. (Cellular)

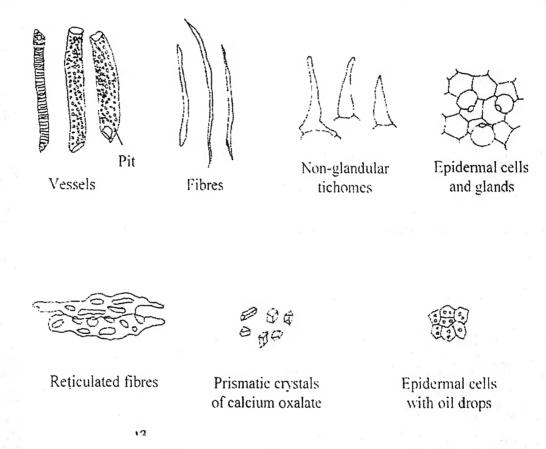


Fig. 13: Powder characteristics of fruit of T. terrestris Linn.

(B) STANDARDIZATION OF SEEDS OF CICHORIUM INTYBUS LINN.

MATERIALS AND METHODS

The seeds of *Cichorium intybus* were procured from local market of Modinagar, Ghaziabad and were identified by Dr. H.B. Naithani, Botanist and Scientist, Forest Tree Seed Laboratory, Silviculture Division, Forest Research Institute, Dehradun. The seeds were shade dried.

(A) PHYTOCHEMICAL STUDY

1. Quality Parameters

Moderately coarse powders of the seeds were prepared by grinding the seeds in an electric grinder for proximate analysis. Various quality parameters were determined as per I.P. methods as mentioned earlier and results obtained are tabulated in Table 7.

TABLE 7: QUALITY PARAMETERS OF SEEDS OF CICHORIUM INTYBUS LINN.

S.No.	Quality parameters	Value
1.	Foreign organic matter	0.67%
2.	Loss on drying	9.11%
3.	Total ash	13.03%
4.	Acid-insoluble ash	1.90%
5.	Sulphated ash	12.33%
6.	Water-soluble ash	2.61%
7.	Ethanol-soluble extractive	1.04%
8.	Water-soluble extractive	2.25%

9.	Petroleum ether-soluble extractive	4.18%
10.	Chloroform-soluble extractive	0.98%
11.	Volatile oil	Nil

2. Fluorescent analysis

Very faint fluorescence in the alcoholic extract at short (254 nm) and long (366 nm) ultra-violet wave lengths was observed as shown in Table 8.

TABLE 8: FLUORESCENT ANALYSIS OF ALCOHOLIC EXTRACT OF SEEDS OF CICHORIUM INTYBUS LINN.

S.No.	Light source	Wave length (nm)	Color observed
1.	Ultra-violet light	254	Very Faint
		366	-do-
2.	Ordinary light	. <u>-</u>	Colorless

3. Behaviour of powdered drug with different reagents

The behaviour of the seeds powder of C. intybus with different chemical reagents was observed as shown in Table 9.

TABLE 9: BEHAVIOUR OF THE SEEDS POWDER OF *CICHORIUM INTYBUS*LINN. WITH DIFFERENT REAGENTS

S. No.	Reagents	Observation
1	Water	Light graysih brown coloured turbid soln.
2	5% KOH	-do-
3	Dil. HCL	Clean soln.
4	Dil. H ₂ SO ₄	- do-
5	Dil. HNO ₃	-do-
6	FeCl ₃ soln.	Clear orange liquid
7	Dragendorff's soln.	- do-
8	KI and 1 soln	Raddish brown clear liquid

4. Phytochemical Screening:

The seeds of *Cichorium intybus* (150 g) were coarsely powdered and was successively extracted with petroleum ether (60-80°), ethanol and water is a Soxhlet extractor. The various extracts obtained were then subjected to qualitative tests for the presence of important plant constituents like alkaloids, carbohydrates, glycosides, phytosterols, saponins, tannins, proteins and amino acids, fixed oils and fats, gums and mucilages, and resins as described earlier⁷⁵.

The tests applied and the results obtained from the tests are shown in Table 10.

TABLE 10: TESTS FOR COMMON PLANT CONSTITUENTS IN VARIOUS

EXTRACTS OF SEEDS OF CICHORIUM INTYBUS LINN.

S.No.	Plant constituents	Extr	a c t s	
5.110.	Test/Reagent used	Petroleum ether (60-80°)	Alcohol	Water
1.	Alkaloids			
	a) Mayer's reagent	· -		
	b) Dragendorff's reagent	-	_	-
	c) Hager's reagent	- ·	. <u>-</u>	-
	d) Wagner's reagent	- ,	· _	_
2.	Carbohydrates	*		
	a) Molisch's reagent	·	+	+
- "	b) Fehling's solution	<u> </u>	+	+
3.	Glycosides			
,	a) Legal's test	_	* –	_
	b) Borntrager's test	_	_	_
			<u> </u>	

Phytosterols a) Liebermann's test	+		
	т :		_
b) Liebermann-Burchard's test	+	+	_
Saponins			
Foam test	-,	-	-
Tannins		,	
a) Ferric chloride solution	_	+	+
b) Lead acetate solution	-	+	_
Proteins and amino acids			,
a) Millon's reagent	_	+	+
b) Ninhydrin reagent	_	+	+
Fixed oils and fats	*		
a) Spot test	+ .	_	_
b) Saponification test	+	_	
Gums and mucilages			
Alcoholic precipitation	_	_	_
Resins			
	Foam test Fannins a) Ferric chloride solution b) Lead acetate solution Proteins and amino acids a) Millon's reagent b) Ninhydrin reagent Fixed oils and fats a) Spot test b) Saponification test Gums and mucilages Alcoholic precipitation	Foam test Fannins a) Ferric chloride solution b) Lead acetate solution Proteins and amino acids a) Millon's reagent b) Ninhydrin reagent Fixed oils and fats a) Spot test + Chyon Saponification test + Gums and mucilages Alcoholic precipitation - - - - - - - - - - - - -	Foam test Fannins a) Ferric chloride solution - + b) Lead acetate solution - + Proteins and amino acids a) Millon's reagent - + b) Ninhydrin reagent - + Fixed oils and fats a) Spot test - + b) Saponification test Gums and mucilages Alcoholic precipitation

5. Chromatographic analysis:

(A) Thin-Layer Chromatography

140 g seeds powder was extracted with ethyl alcohol in a Soxhlet extractor for 18 h and concentrated under reduced pressure at low temperature (45-50°). The extract was subjected to thin-layer chromatography. Several solvent systems were

tried but the best separation was achieved by the solvent system, Chloroform: methanol: formamide (80: 19: 1). The plate was dried in an oven at 110° for 15 min and the spots were seen in U.V. light then the plate was sprayed with concentrated sulphuric acid followed by drying at 75° for 3 min and the spots were observed in diffused light⁷⁹.

The Rf-values are recorded in Table 11. The substances corresponding to the spots shown in the chromatoplate were tested also by Liebermann Burchard and Molisch's reagents after being eluted from the plate.

Three spots having the Rf-values 0.83, 0.86 and 0.90 gave positive Liebermann Burchard test and other three spots, having the Rf-values 0.36, 0.05 and zero showed pale blue, pale blue and green fluorescence respectively in U.V. light, gave positive Molisch's test.

TABLE 11: TLC OF ALCOHOLIC EXTRACT OF SEEDS OF CICHORIUM

INTYBUS AND RESULTS OBTAINED BY DIFFERENT REAGENTS

S.No.			* ***	Liebermann	Molisch's
of spots	Rf values	U.V. Light	Sulphuric acid	Burchard	reagent
		* * * .		reagent	
1.	0.98	_	Violet blue		_
2.	0.90	° - 1	Violet	+	. · · -
3.	0.86	_	Blue	+	-
4.	0.83	_	Purple	+	
5.	0.73	Violet	_	- · · · · · · · · · · · · · · · · · · ·	
6.	0.66		Red		·
7.	0.60	V	Blue	_	-
8.	0.47		Pale Violet	_	-
9.	0.36	Pale blue	Dirty green	-	+
10.	0.05	Pale blue	with violet	<u> </u>	+
11.	Zero	Green	tinge		+

(B) High Performance Thin Layer Chromatography

The seeds of with *C.intybus* were coarsely powdered and was successively extracted with petroleum ether (60-80%), benzene, chloroform, ethanol and water in a Soxhlet extractor. The various extracts obtained were then subjected to HPTLC as mentioned earlier.

4 μl sample of the above each extract was spotted in duplicate on precoated silica gel G60F₂₅₄ TLC plates. The plate was developed using Chloroform: methanol: formamide (8.0:1.9:0.1) as mobile phase and observed under UV light as shown in Figs. 14 and 15. The HPTLC Chromatograms are shown in Fig. 16 to 20 and the number of components separated, their Rf values and percentage peak are tabulated in Table 12.

TABLE 12: HPTLC PROFILES OF THE SUCCESSIVE SOLVENT EXTRACTS
OF SEEDS OF CICHORIUM INTYBUS LINN.

Solvent system: Chloroform: methanol: formamide (8.0:1.9:0.1)

S.No.	Name of the	No. of	Rf values	Max. peak	Percentage
	extract	peaks	*	height	peak area
1.	Petroleum ether	1	0.06	27.3	7.54
		2	0.85	99.9	55.49
		3	0.92	92.6	36.98
2.	Benzene	1	0.03	49.3	28.90
	* ,	2	0.70	18.0	17.43
		3	0.93	77.3	53.67
3.	Chloroform	1	0.02	139.3	66.97
		2	0.72	31.8	16.88
×		3	0.92	64.7	16.15

4.	Ethanol	1	0.05	689.2	46.15
		2	0.16	325.7	15.82
		3	0.22	168.3	5.48
		4	0.32	186.4	8.95
		5	0.36	184.4	6.36
		6	0.42	120.9	7.30
	,	7	0.55	51.6	1.65
		8	0.64	46.1	1.03
		9	0.70	52.6	2.36
		10	0.84	117.7	4.14
	i i	11	0.90	42.8	0.75
5.	Aqueous	l	0.02	699.0	61.09
		2	0.09	159.6	18.32
		3	0.15	74.1	5.81
		4	0.20	31.9	2.10
		5	0.28	43.6	3.53
		6	0.31	26.8	1.88
,		7	0.40	28.2	2.92
		8	0.56	10.5	0.79
,	,	9	0.79	40.4	2.45
		10	0.85	16.3	1.12

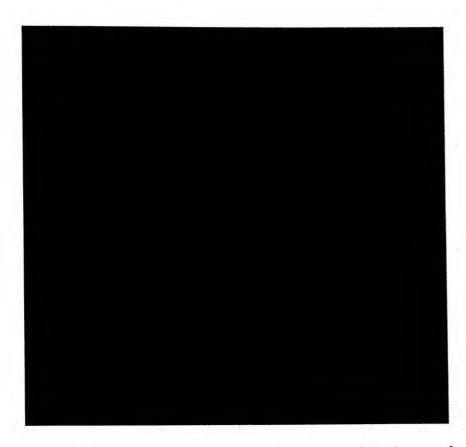


Fig. 14: Chromatogram of petroleum ether, benzene and chloroform extracts of seeds of C. *intybus* observed at 366 nm using solvent system chloroform: methanol: formamide (8.0:1.9:0.1)

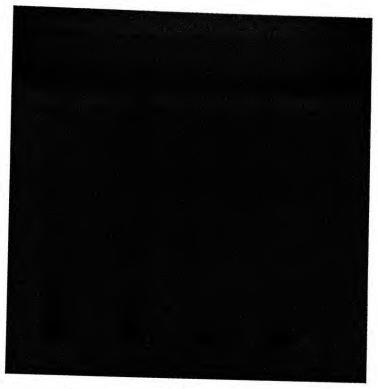
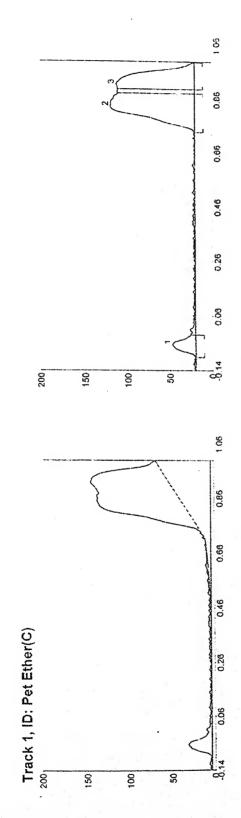


Fig. 15: Chromatogram of ethanol and aqueous extracts of seeds of *C. intybus* observed at 244 nm using solvent system Chloroform: methanol: formamide (8.0:1.9: 0.1).



Start St Rf He 0.02 (St.	Start Height	Max Rf 0.06	Max Height 27.3	Max % % 12.43	End Rf 0.09	End Height 6.0	Area 810.9	Area % 7.54	Assigned substance Unknown*
0.76 0.6 0.85	Ū	0.85		6.66	45.44	0.89	6.06	5970.6	55.49	Unknown*
0.91 90.9 0.92	Ū	0.92		92.6	42.13	1.00	1.9	3978.6	36.98	Unknown*

Fig. 16: HPTLC Chromatogram of the petroleum ether extract of seeds of C. intybus scanned at 366 nm using solvent system Chloroform: methanol: formamide (8.0:1.9:0.1)

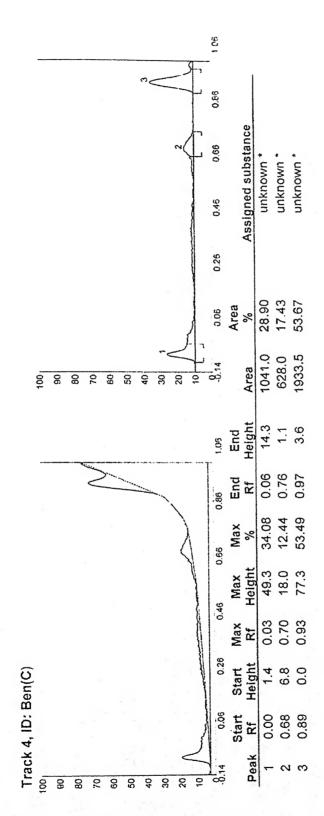


Fig. 17: HPTLC Chromatogram of the benzene extract of seeds of C. intybus scanned at 366 nm using solvent system chloroform: methanol: formamide (8.0:1.9:0.1)

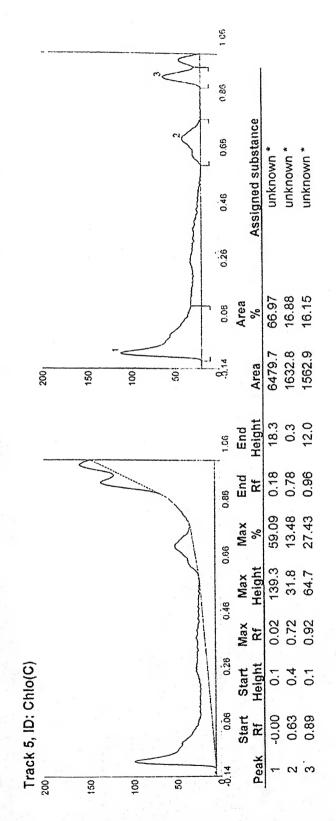


Fig. 18: HPTLC Chromatogram of the chloroform extract of seeds of C. intybus scanned at 366 nm using solvent system chloroform: methanol: formamide (8.0:1.9:0.1)

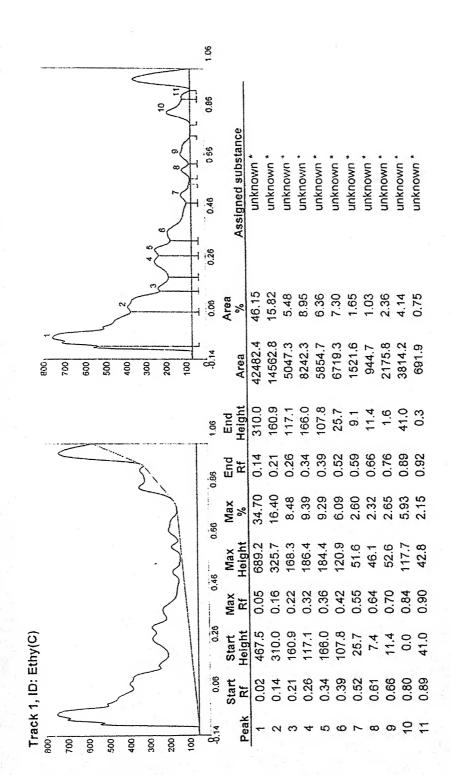
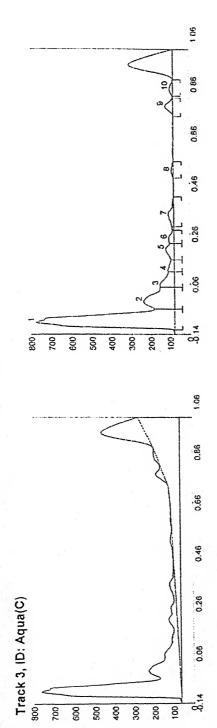


Fig. 19; HPTLC Chromatogram of the ethanol extract of seeds of C. intybus scanned at 254 nm using solvent system chloroform: methanol: formamide (8.0:1.9:0.1)



Assigned substance	unknown *									
Area %	61.09	18.32	5.81	2.10	3.53	1.88	2.92	0.79	2.45	1.12
Area	22534.1	6758.4	2144.2	773.8	1302.9	692.1	1077.3	290.5	902.4	411.5
End Height	104.2	73.0	30.7	16.3	22.5	8.2	1.6	2.2	3.8	0.2
End Rf	90.0	0.14	0.20	0.24	0.30	0.35	0.47	0.59	0.82	0.89
Max %	61.83	14.11	6.56	2.83	3.86	2.37	2.49	0.93	3.57	1.45
Max Height	0.669	159.6	74.1	31,9	43.6	26.8	28.2	10.5	40.4	16.3
Max Rf	0.02	0.09	0.15	0.20	0.28	0.31	0.40	0.56	0.79	0.85
Start Height	2.6	104.2	73.0	30.7	16.3	22.5	10.4	2.4	0.0	3.6
Start	-0.01	90.0	0.14	0.20	0.24	0.30	0.36	0.53	0.76	0.83
Peak	-	7	က	4	2	9	7	8	ි ග	10

Fig. 20; HPTLC Chromatogram of the aqueous extract of seeds of C. intybus scanned at 254 nm using solvent system Chloroform: methanol:

formamide (8.0:1.9:0.1)

Discussion:

The proximate analysis of the seeds of *C. intybus* was carried out to lay certain standards for the air dried drug. The high value of total ash indicated the presence of considerable amount of inorganic constituents in the seeds.

The petroleum ether-soluble extractive value was also rather than high indicated the presence of fixed oil and fat and sterols etc., which was also observed by phytochemical tests. The phytochemical tests also indicated the presence of carbohydrates, tannins and proteins in both alcohol-soluble and water-soluble extracts and absence of alkaloids, glycosides, saponins, gums and mucilages and resins in all the three solvent extracts. Thin-layer chromatography study showed the presence of three different types of sterols and sugars in ethanolic extract.

The successive solvent extracts of the seeds of *C. intybus* with petroleum ether, benzene, chloroform, ethanol and water when scanned by HPTLC, using solvent system chloroform: methanol: formamide (8.0:1.9:0.1) indicated the presence of 3,3,3,11 and 10 components respectively.

(B) MACROSCOPIC CHARACTERS

Colour : Light brown to pale brown

Odour : Odourless

Size : 3-4 mm long and 2-3 mm wide

Shape : Oval.

Surface : Rough

Taste: Bland (Fig.. 21).

(C) MICROSCOPIC CHARACTERS

T.S. of Seed and Powder characteristics:

Transverse section of seed shows testa consisting of a single layer of columnar, thin walled, parenchymatous palisade like cells.

Powder is whitish in colour; consisting of following characteristics:

- Epidermis: These are thick walled, polyhedral to tangentially elongated cells of the testa.
- 2. Endosperm: These are thickened cell walls with numerous pits.
- 3. Testa: It is yellow pigment layer associated with pitted cells of the endosperm.
- 4. Starch grains: These are abundant, simple spherical as well as compound.

Transverse section of the seed and its powder characteristics were observed under microscope as shown in Figs. 22 and 23.



Fig. 21: Seeds of Cichorium intybus Linn.

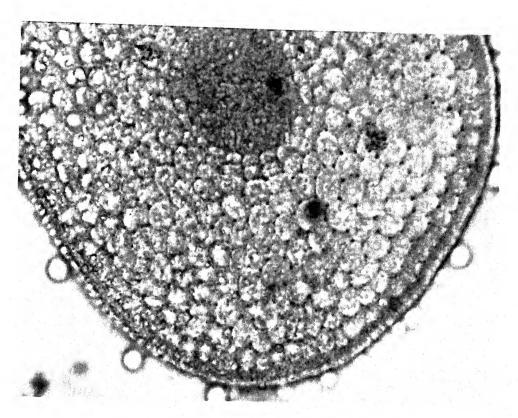


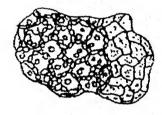
Fig. 22: T.S of seed of C. intybus Linn. (Cellular)



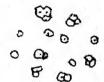
Epidermis



Endosperm



Testa



Starch grains

Fig. 23: Powder characteristics of seed of C. intybus Linn.

(C) STANDARDIZATION OF SEEDS OF DOLICHOS

BIFLORUS LINN.

MATERIALS AND METHODS

The seeds of *Dolichos biflorus* were procured from local market of Modinagar, Ghaziabad and were identified by Dr. H.B.Naithani, Botanist and Scientist, Forest Tree Seed Laboratory, Silviculture Division, Forest Research Institute, Dehradun. The seeds were shade dried.

(A) PHYTOCHEMICAL STUDY

1. Quality Parameters

Moderately coarse powder of the seeds were prepared by grinding the seeds in an electric grinder for proximate analysis. Various quality parameters were determined as per I.P. methods as mentioned earlier and results obtained are tabulated in Table 13.

TABLE 13: QUALITY PARAMETERS OF SEEDS DOLICHOS BIFLORUS LINN.

S.No.	Quality parameters	Value	
1.	Foreign organic matter	Nil	
2.	Loss on drying	10.9%	
3.	Total ash	4.07%	
4.	Acid-insoluble ash	0.80%	
5.	Sulphated ash	8.38%	
6.	Water-soluble ash	2.97%	
7.	Ethanol-soluble extractive	0.48%	
8.	Water-soluble extractive	5.16%	

9.	Petroleum ether-soluble extractive	1.56%
10.	Chloroform-soluble extractive	0.23%
11.	Volatile oil	Nil

2. Fluorescent analysis

Very faint fluorescence in the alcoholic extract at short (254 nm) and long (366 nm) ultra-violet wavelengths was observed as shown in Table 14.

TABLE 14 : FLUORESCENT ANALYSIS OF ALCOHOLIC EXTRACT OF SEEDS OF *DOLICHOS BIFLORUS* LINN.

S. No.	Light Source	Wave length (nm)	Color observed
1.	Ultra - violet light	254	Very Faint
* -		366	-do-
2.	Ordinary light	-	Colorless

3. Behaviour of powdered drug with different reagents

The behaviour of the seeds powder of *D.biflorus* with different chemical reagents was observed as shown in Table 15.

TABLE 15: BEHAVIOUR OF THE SEEDS POWDER OF *DOLICHOS BIFLORUS* LINN. WITH DIFFERENT REAGENTS.

S.No	Reagents	Observation
1.	Water	Dark grayish brown coloured turbid solution
2.	5% KOH	Greenish coloured turbid solution
3.	Dil. Hcl	Clear solution
4.	Dil. H ₂ So ₄	- do-

5.	Dil. HNO3	- do -
6.	FeCl ₃ Soln.	Clear orange liquid
7.	Dragendorff's soln.	- do-
8.	KI and I soln.	Reddish brown clear liquid

4. Phytochemical Screening:

The seeds of *Dolichos biflorus* (350g) were coarsely powdered and was successively extracted with petroleum ether (60-80°), ethanol and water in a Soxhlet extractor. The various extracts obtained were subjected to qualitative tests for the presence of important plant constituents like alkaloids, carbohydrates, glycosides, phytosterols, saponins, tannins, proteins and amino acids, fixed oils and fats, gums and mucilages, and resins as described earlier⁷⁵.

The results obtained from the tests are shown in Table 16.

TABLE 16: TESTS FOR COMMON PLANT CONSTITUENTS IN VARIOUS EXTRACTS OF SEEDS OF *DOLICHOS BIFLORUS* LINN.

		Еx	tract	S
S.No.	Plant Constituents Test/Reagent used	Petroleum ether (60-80°)	Alcohol	Water
1.	Alkaloids			
	a) Mayer's reagent		-	_
	b) Dragendorff's reagent	· · · · · ·		
	c) Hager's reagent	<u>-</u>	· · · · · · · · · · · · · · · · · · ·	-
	d) Wagner's reagent		_	_

2.	Carbohydrates	and the second s	mentada describir sensi realizar del proportioni del proportio	President and the second
	a) Molisch's reagent		+	+
	b) Fehling's solution		+	+
3.	Glycosides			
	a) Legal's test	-		-tones
	b) Borntrager's test	-	-	dang
4.	Phytosterols	2	* .	
	a) Liebermann's test	+	-	
The state of the s	b) Liebermann-Burchard's test	+	+	
5.	Saponins		-	
	Foam test	·	_	_
6.	Tannins	* **		*
	a) Ferric Chloride solution	- -	* =	_ 1
	b) Lead acetate solution	_		-
7.	Proteins and amino acids			
	a) Millon's reagent	_	+	+
	b) Ninhydrin reagent		+	+
8.	Fixed oils and fats	* * * *		
	a) Spot test	+	· · · · -	
*	b) Saponification test	+	-	- ×
9.	Gums and mucilages			
	Alcoholic precipitation		-	-
10.	Resins	-		_

5. Chromatographic analysis:

(A) Thin Layer Chromatography

Amino acids

Seeds powder was defatted with petroleum ether (60-80°) in Soxhlet extractor.

1.0 g of defatted seed powder was warmed with 10 ml ethanol (70% v/v) for 30 min and centrifuged. The residue was re-extracted with ethanol and centrifuged. This process was repeated 8 to 9 times till the supernatant was negative to ninhydrin test. All the supernatants were combined and evaporated to dryness in vacuo. The residue was dissolved in 0.5-1.0 ml distilled water and centrifuged. The clear supernatant was subjected to thin-layer chromatography using n-Butanol: acetic acid: water (8: 2: 2) and 96% Ethanol: water (7: 3) as mobile phase. The chromatograms were sprayed with ninhydrin (0.1%w/v) in butanol⁸⁰.

The Rf-values are recorded in Table 17.

TABLE 17: TLC OF AMINO ACIDS OF SEEDS OF *DOLICHOS BIFLORUS*USING VARIOUS SOLVENTS

	n-Butanol:ac	l:acetic acid: 96% Ethanol:water (7:3)		Amino acids	
S.No.	S.No. water (8:2:2)				identified
	Rf reported	Rf found	Rf reported Rf found		***
1.	0.22	0.22	-	-	Alanine
2.	0.05	0.06	0.33	0.33	Histidine
3.	0.09	0.09	0.39	0.39	Cystine
4.	0.17	0.17	0.55	0.55	Aspartic acid
5.	0.44	0.45	0.61	0.60	Leucine
6.	0.18	0.18	0.43	0.42	Glycine
7.		_	0.48	0.48	Serine
8.	0.03	0.03	0.03	0.03	Lysine

Carbohydrates

The defatted seeds were extracted with water and concentrated to dark brown mass. It was found to respond to positive tests for sugars which were identified by thin-layer chromatography on silica gel G, impregnated with sodium acetate buffer using Chloroform: methanol (6:4) and Acetone: water (9:1) as solvent system. The chromatograms were sprayed with aniline hydrogen phthalate as spraying reagent 81 .

The Rf-values are recorded in Table 18.

TABLE 18: TLC OF CARBOHYDRATES OF SEEDS OF *DOLICHOS BIFLORUS*USING VARIOUS SOLVENTS

S.No.	Chloroform:methanol (6:4)		Acetone:wa	Sugars Identified	
	Rf reported	Rf found	Rf reported	Rf found	identified
1.	0.54	0.53	0.71	0.72	Rhamnose
2.	0.41	0.41	0.53	0.53	Arabinose
3.	0.30	0.29	0.47	0.48	Fructose
4.	0.27	0.27	0.45	0.45	Galactose
5.	0.37	0.36	0.55	0.56	Glucose

(B) High Performance Thin Layer Chromatography

The seeds of *D. biflorus* were coarsely powdered and was successively extracted with petroleum ether (60-80°), benzene, chloroform, ethanol and water in a Soxhlet extractor. The various extracts obtained were subjected to HPTLC as mentioned earlier.

Amino acids

4μ1 sample of the above each extract was spotted in duplicate along with solution of 8 authentic aminoacids viz., alanine, histidine, cystine, aspartic acid, leucine, glycine, serine and lysine on precoated silica gel G60F₂₅₄ TLC plate. The plates were developed using n-butanol: acetic acid: water (8:2:2) and 96% ethanol: water (7:3) as mobile phases and observed under UV light as shown in Figs. 24 to 27. The HPTLC Chromatograms are shown in Figs. 34 to 42 and the number of components separated, their Rf values and percentage peak area are tabulated in Tables 19a and 19b.

Carbohydrates

The above extracts were again spotted along with solution of 5 authentic sugars viz., rhamnose, arabinose, fructose, galactose and glucose on precoated silica gel G60F₂₅₄ TLC plate. The plates were developed using chloroform: methanol (6:4) and acetone: water (9:1) as mobile phases and observed under UV light as shown in Figs. 28 to 33. The HPTLC Chromatograms are shown in Figs. 43 to 54 and the number of components separated, their Rf values and percentage peak area are tabulated in Tables 20a and 20b.

TABLE 19: HPTLC PROFILES OF THE SUCCESSIVE SOLVENT EXTRACTS OF SEEDS OF *DOLICHOS BIFLORUS* LINN.

(a) Solvent system: n-butanol: acetic acid: water (8:2:2) at 254 nm

S.No.	Name of the	No. of	Rf values	Max. Peak	Percentage
	extract	Peaks		height	0
1.	Petroleum ether	1	0.24	12.5	0.25
		2	0.42	19.7	0.65
		3	0.44	24.4	0.45
		4	0.45	21.7	0.94
		5	0.65	52.4	3.91
		6	0.77	114.0	12.92
		7	0.91	505.4	80.86
2.	Benzene	1	0.18	12.9	0.34
		2	0.19	19.1	0.36
		3	0.22	34.5	1.70
		4	0.32	11.3	0.41
		5	0.37	10.1	0.14
		6	0.44	16.3	0.71
		7	0.52	40.3	2.16
		8	0.57	57.9	2.20
		9	0.63	73.9	3.27
		10	0.75	139.2	14.05
		11	0.89	532.0	74.65

3.	Authentic amino	1	0.01	12.0	T () 10
				12.0	0.18
	acids	2	0.06	13.1	0.35
		. 3	0.10	15.1	0.30
		4	0.33	10.4	0.17
		5	0.47	24.8	0.68
		6	0.59	56.0	3.02
	,	7	0.77	233.0	26.17
	,	8	0.88	588.4	69.13
4.	Chloroform	1	0.01	77.0	6.05
		2	0.22	15.8	5.43
	* *	3	0.44	90.0	62.63
*	* * * *	4	0.57	45.1	25.88
5	Ethanol	1	0.03	28.1	5.24
		2	0.20	52.4	24.65
		3	0.29	20.1	9.77
	*	4	0.48	10.7	6.48
	÷ ()	-5	0.65	30.3	10.68
0	* *	6	0.75	43.8	25.98
-		7	0.92	18.4	17.24

(b) **Solvent system:** 96% ethanol: water (7:3)

S.No.	Name of the	No. of	Rf Values	Max. Peak	Percentage
	extract	Peaks	* *	height	a)-
1.	Chloroform	1	0.00	433.8	71.37
	,	2	0.87	93.5	20.01
		3	0.90	54.9	8.62
2.	Ethanol	1	0.01	247.0	24.72
		2	0.12	14.6	2.48
		3	0.22	13.3	2.96
	,	4	0.52	50.8	13.66
		5	0.81	30.7	3.31
		6	0.87	138.9	52.88
3.	Aqueous	1	0.01	124.9	6.58
		2	0.15	108.7	7.02
		3	0.21	101.2	9.05
		4	0.28	79.5	6.59
		5	0.36	73.4	2.04
		6	0.38	66.6	2.96
		7	0.52	87.4	8.34
		8	0.64	18.5	0.82
		9	0.74	45.0	3.74
		10	0.89	321.5	52.86

amino	1	0.00	25.1	8.10
	_		l i	
	2	0.10	15.0	2.74
	3	0.13	48.8	10.40
	4	0.20	24.0	4.49
	5	0.28	30.3	8.13
*	6	0.32	17.3	3.0
	7	0.38	26.4	4.85
	8	0.63	25.0	6.63
	9	0.76	27.7	4.77
	10	0.85	63.7	27.30
	11	0.89	33.0	14.50
	12	0.95	21.6	5.08
		4 5 6 7 8 9 10	4 0.20 5 0.28 6 0.32 7 0.38 8 0.63 9 0.76 10 0.85 11 0.89	4 0.20 24.0 5 0.28 30.3 6 0.32 17.3 7 0.38 26.4 8 0.63 25.0 9 0.76 27.7 10 0.85 63.7 11 0.89 33.0

TABLE 20: HPTLC PROFILES OF THE SUCCESSIVE SOLVENT EXTRACTS OF SEEDS OF *DOLICHOS BIFLORUS* LINN.

(a) Solvent system: chloroform: methanal (6:4)

S.No.	Name of the	No. of	Rf values	Max. Peak	Percentage
	extract	Peaks		height	-
1.	Petroleum ether	1	0.01	11.9	1.07
		2	0.09	16.2	3.86
		3	0.34	124.1	17.57
		4	0.68	15.5	4.36
		5	0.70	16.0	3.19
		6	0.91	109.9	69.95

2.	Benzene	T .	T	Y	
	Senzone	1	0.01	14.3	0.44
		2	0.08	12.8	0.54
		3	0.12	15.2	0.42
		4	0.15	41.9	1.28
		5	0.22	13.6	0.74
		6	0.30	48.7	1.70
	-	7	0.34	11.5	0.56
		8	0.52	20.7	1.09
	-	9	0.68	91.0	3.61
		10	0.75	33.9	2.19
		11	0.77	44.5	2.55
		12	0.85	51.1	4.02
		13	0.92	454.9	80.85
3.	Chloroform	1	0.00	80.1	4.87
		2	0.10	133.1	3.04
		3	0.48	15.0	1.27
		4	0.58	54.6	3.03
*	*	5	0.68	44.2	2.79
		6	0.73	128.0	9.73
,		7	0.86	441.7	75.27
4	Ethanol	1	0.00	202.5	3.82
		2	0.05	164.5	1.89
,		3	0.12	189.4	6.37
		4	0.17	140.3	2.79

		-	-		
		5	0.34	304.6	7.66
	·	6	0.38	384.5	12.82
		7	0.54	280.1	6.31
		8	0.61	459.3	17.77
		9	0.69	316.5	7.77
		10	0.75	301.1	9.04
		11	0.90	436.4	23.76
5.	Aqueous	1	0.01	32.8	1.06
		2	0.03	227.0	17.36
	<i>y</i>	3 7	0.07	153.1	29.38
		4	0.13	119.1	9.57
		5	0.15	94.3	15.50
		6	0.23	56.8	6.07
	Y	7	0.26	45.8	3.92
		8	0.30	24.5	2.31
		9	0.44	34.2	3.55
		10	0.45	26.9	2.05
	*	11	0.72	20.5	0.89
		12	0.74	16.7	1.19
		13	0.77	20.6	2.29
-	* * * * * * * * * * * * * * * * * * * *	14	0.88	28.8	3.81
	*	15	0.91	16.8	1.05

6.	Authentic Sugars	1			
	Tramentie Sugars	1	0.01	241.3	32.69
		2	0.04	275.5	32.80
		3	0.07	27.8	4.27
		4	0.14	19.7	1.34
		5	0.21	157.9	9.49
		6	0.25	16.1	2.13
		7	0.35	16.6	1.95
		8	0.41	15.2	2.18
	,	9	0.44	13.8	1.24
		10	0.58	15.5	1.90
	*	11	0.76	16.7	2.62
	X	12	0.79	19.3	1.97
		13	0.81	12.6	1.03
		14	0.83	15.9	2.77
	,	15	0.86	16.7	1.61

(b) Solvent system: acetone: water (9:1) at 366 nm

S.No.	Name of the	No. of	Rf values	Percentage	
	extract	Peaks		height	
1.	Petroleum ether	1	0.03	56.7	2.94
		2	0.06	24.5	1.74
	-0.7	3	0.09	30.5	1.38
		4	0.11	36.8	1.15
		5	0.17	68.9	3.23
		6	0.24	69.4	6.81

		7	3.27	1001	
			0.27	122.1	8.40
		8	0.38	106.5	5.54
		9	0.42	112.3	4.10
		10	0.43	115.6	4.89
		11	0.47	112.7	4.48
		12	0.53	104.1	8.43
		13	0.67	99.0	10.26
	*	14	0.76	74.8	3.68
		15	0.84	182.2	26.99
		16	0.88	61.9	1.97
		17	0.89	59.6	4.01
2.	Benzene	1	0.01	178.5	4.53
		2	0.10	81.2	1.37
	-	3	0.15	48.3	1.79
		4	0.17	52.9	1.71
		5	0.21	65.6	1.27
		6	0.24	67.4	3.00
		7	0.26	71.5	2.26
		8	0.28	82.0	2.57
		9	0.35	110.1	6.11
		10	0.39	108.3	4.41
		11	0.44	110.2	5.47
		12	0.47	109.3	3.13
× , × ,		13	0.48	107.1	1.94
		14	0.50	127.4	7.05

		15	0.55	99.4	4.28
		16	0.66	107.9	5.54
		17	0.69	109.0	3.46
		18	0.73	70.9	1.25
		19	0.78	99.5	4.65
A		20	0.84	430.6	33.24
		21	0.90	25.5	1.0
3.	Chloroform	1	0.01	665.8	63.83
		2	0.07	52.4	3.64
		3	0.10	31.4	1.96
		4	0.11	35.9	2.64
		5	0.15	46.9	4.55
		6	0.19	36.8	2.74
		7	0.38	41.3	5.78
	*	8	0.49	42.6	6.22
		9	0.83	34.5	5.04
		10	0.93	24.8	3.61
4	Ethanol	1	0.01	34.82	14.86
		2	0.16	96.9	3.50
	- 3	3	0.22	106.4	9.37
		4	0.28	116.5	1.92
		5	0.32	240.1	13.94
*		6	0.36	149.6	2.79
		7	0.39	105.1	2.21
		8	0.44	110.1	4.70

		9	0.52	121.1	5.83
				121.1	3.63
		10	0.61	111.1	3.61
		11	0.69	239.0	14.70
		12	0.88	218.4	22.56
5.	Aqueous	1	0.01	28.3	0.58
		2	0.04	410.8	21.65
	0	3	0.10	252.3	16.55
	,	4	0.15	147.7	7.41
		5	0.24	184.3	23.10
		6	0.31	83.2	2.37
		7	0.33	55.1	2.01
		8	0.41	111.8	10.47
		9	0.49	47.7	2.35
		10	0.54	43.1	0.87
		11	0.57	43.8	1.78
		12	0.61	149.0	2.63
		13	0.64	20.3	0.53
		14	0.72	13.4	0.30
		15	0.75	13.3	0.31
		16	0.78	34.3	1.04
		17	0.81	130.0	2.84
*		18	0.87	51.1	3.20

6.	Authentic sugars	1	0.02	07.4	
0.	rumentie sugars	1	0.02	27.4	7.77
		2	0.05	29.6	13.63
		3	0.09	24.3	6.75
		4	0.11	21.5	6.15
		5	0.14	70.7	21.39
		6	0.29	17.3	3.41
		7	0.42	25.8	5.38
	-	8	0.49	14.9	4.87
		9	0.51	15.4	2.29
	,	10	0.62	14.6	3.34
		11	0.69	23.6	5.93
	* * * * * * * * * * * * * * * * * * * *	12	0.81	13.1	4.34
		13	0.88	24.5	6.48
	2	14	0.90	42.9	8.26

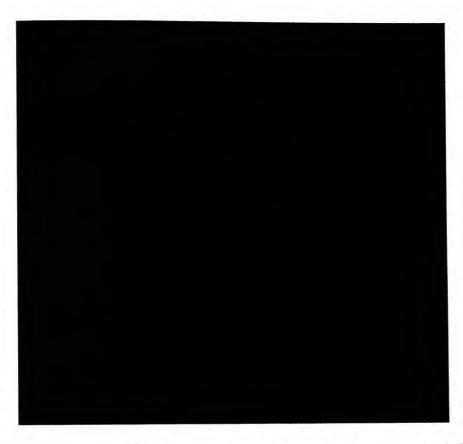


Fig. 24: Chromatogram of Petroleum ether and benzene extracts of seeds of *D.biflorus* along with authentic amino acids observed at 254 nm using solvent system n-butanol: acetic acid: water (8:2:2)



Fig. 25: Chromatogram of chloroform and ethanol extracts of seeds of *D.biflorus* observed at 254 nm using solvent system n-butanol acetic acid: water (8:2:2)

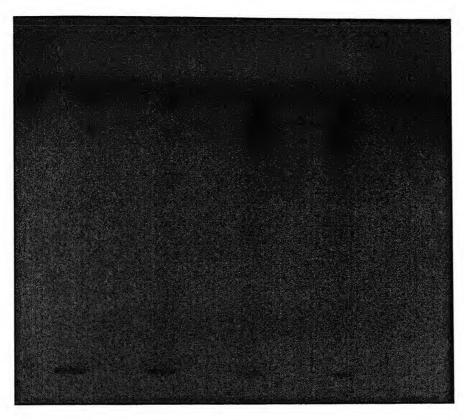


Fig. 26: Chromatogram of Chloroform and ethanol extracts of seeds of *D.biflorus* observed at 254 nm using solvent system 96% ethanol: water (7:3)

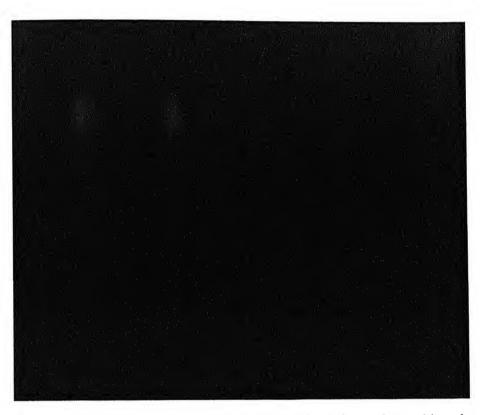


Fig. 27: Chromatogram of aqueous extract of seeds of *D.biflorus* along with authentic amino acids observed at 366 nm using solvent system 96% ethanol: water (7:3)

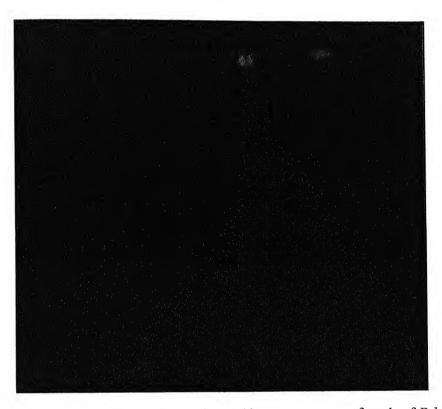


Fig. 28: Chromatogram of Petroleum ether and benzene extracts of seeds of *D.biflorus* observed at 366 nm using solvent system chloroform: methanol (6:4)

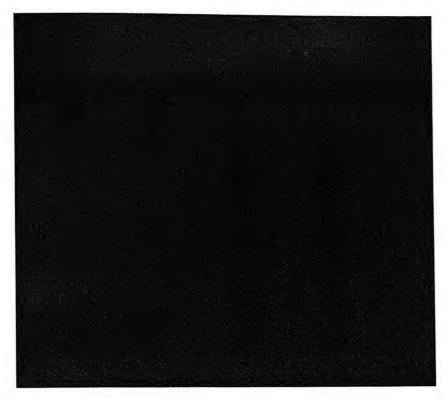


Fig. 29: Chromatogram of chloroform and ethanol extracts of seeds of *D.biflorus* observed at 254 nm using solvent system chloroform: methanol (6:4)

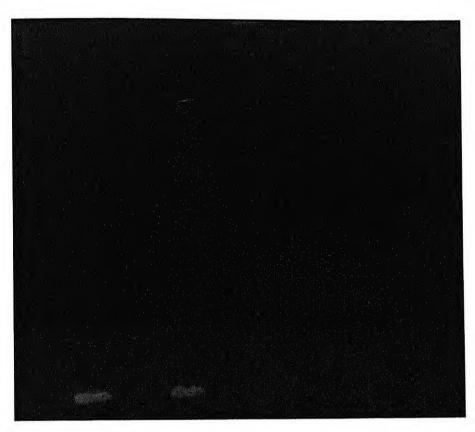


Fig. 30: Chromatogram of aqueous extract of seeds of D. biflorus along with authentic sugars observed at 366 nm using solvent system chloroform:

methanol (6:4)

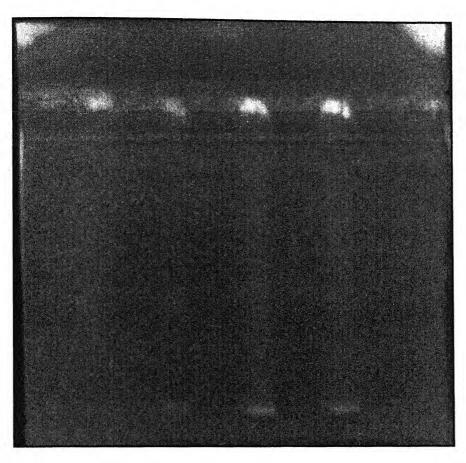


Fig. 31: Chromatogram of Petroleum ether and benzene extracts of seeds of *D.biflorus* observed at 366 nm using solvent system acetone: water (9:1)

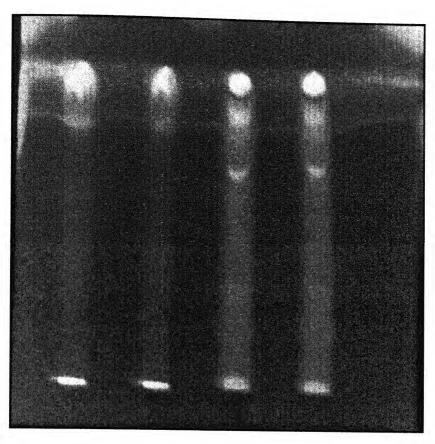


Fig. 32: Chromatogram, of chloroform and ethanol extracts of seeds of *D.biflorus* observed at 366 nm using solvent system acetone: water (9:1)

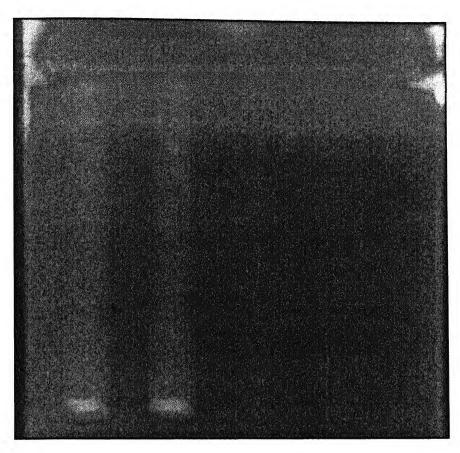


Fig. 33: Chromatogram of aqueous extract of seeds of *D.biflorus* along with authentic sugars observed at 366 nm using solvent system acetone: water (9:1)

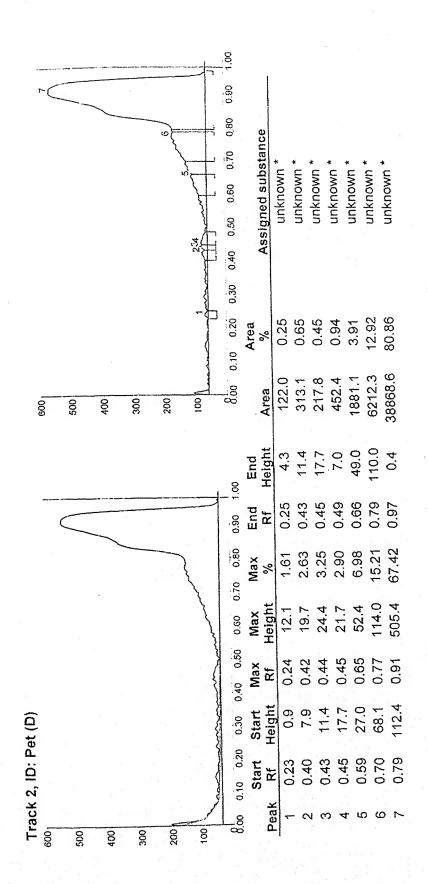


Fig. 34: HPTLC Chromatogram of petroleum ether extract of seeds of D.biflorus scanned at 254 nm using solvent system n-butanol: acetic acid: water (8:2:2)

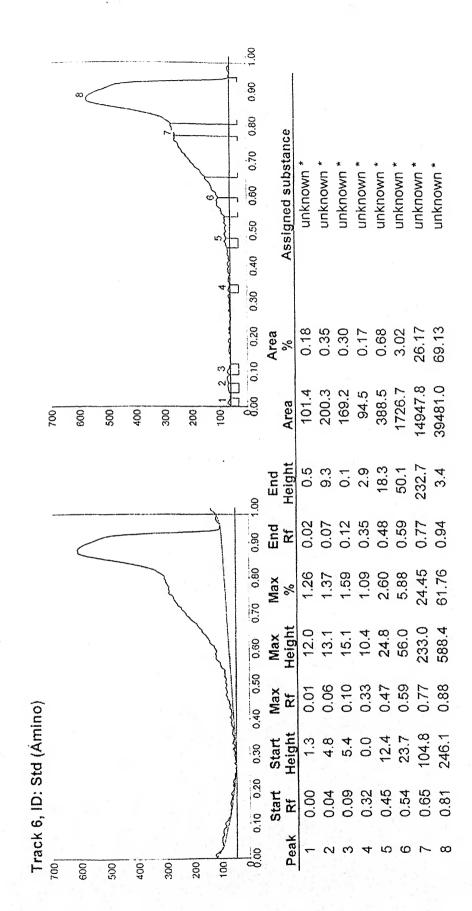


Fig. 36: HPTLC Chromatogram of authentic amino acids scanned at 254 nm using solvent system n-butanol; acetic acid; water (8:2:2)

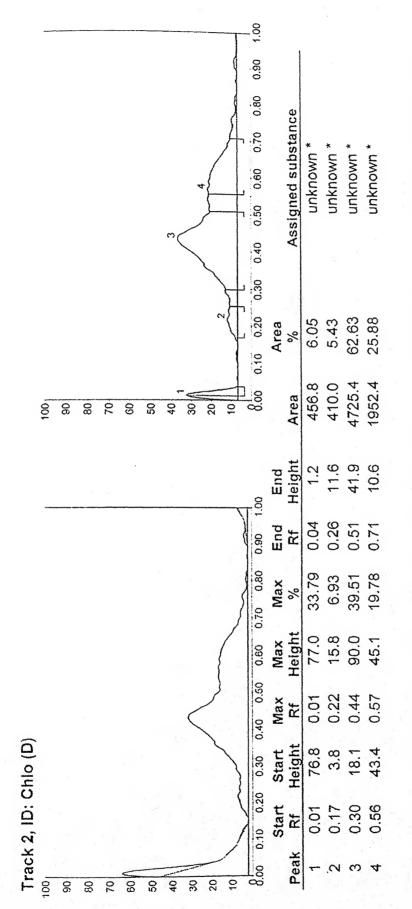


Fig. 37: HPTLC Chromatogram of chloroform extract of seeds of D. biflorus scanned at 254 nm, using solvent system n-butanol:

acetic acid: water (8:2:2)

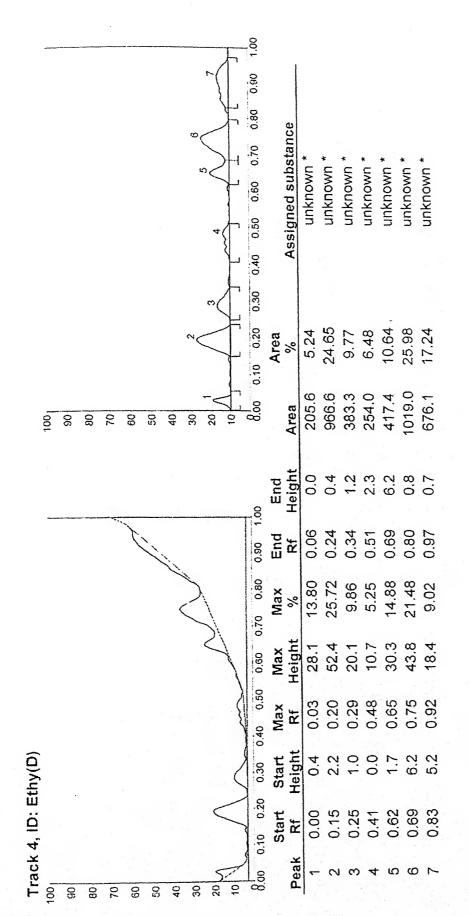


Fig. 38: HPTLC Chromatogram of ethanol extract of seeds of D. biflorus scanned at 254 nm, using solvent system

n-butanol: acetic acid: water (8:2:2)

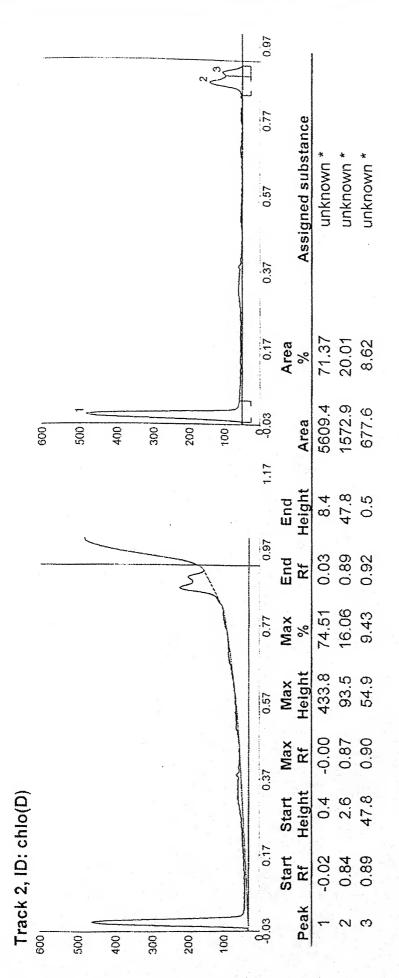


Fig. 39: HPTLC Chromatogram of chloroform extract of seeds of D. biflorus scanned at 254 nm using solvent system

96% ethanol: water (7:3)

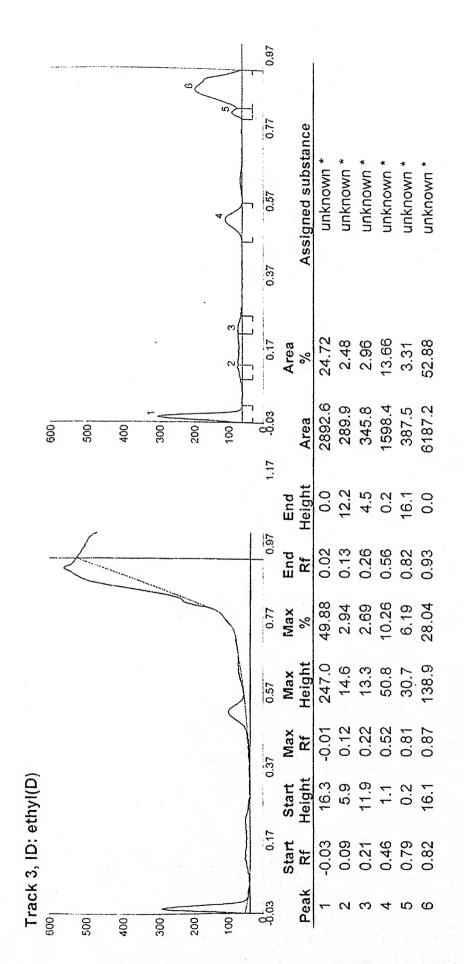


Fig. 40; HPTLC Chromatogram of ethanol extract of seeds of D. biflorus scanned at 254 nm using solvent system

96% ethanol: water (7:3)

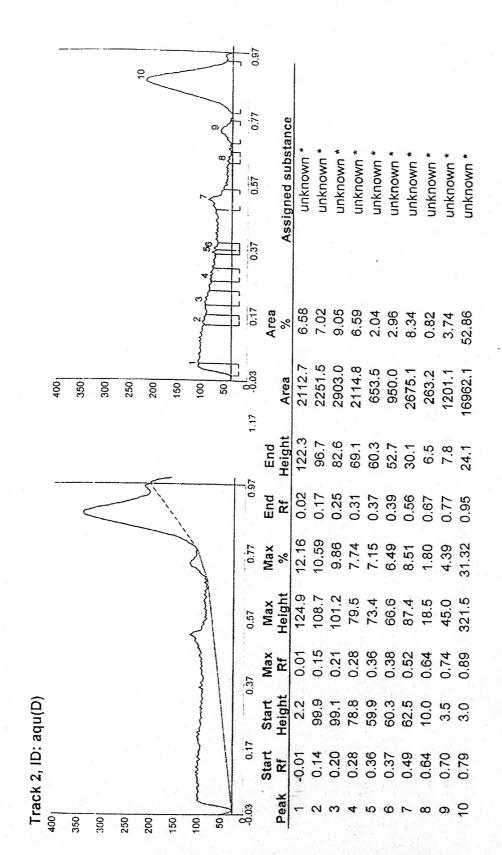
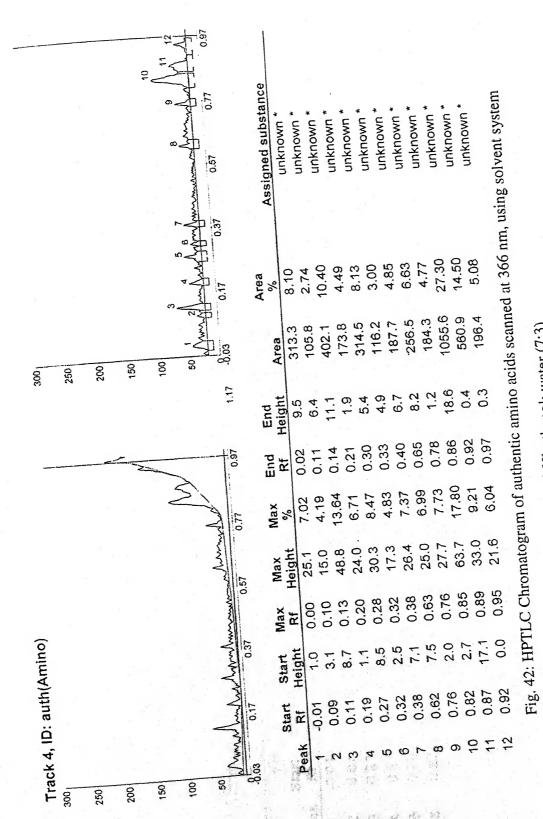


Fig. 41; HPTLC Chromatogram of aqueous extract of seeds of D. biflorus scanned at 366 nm using solvent system

96% ethanol: water (7:3)



96% ethanol: water (7:3)

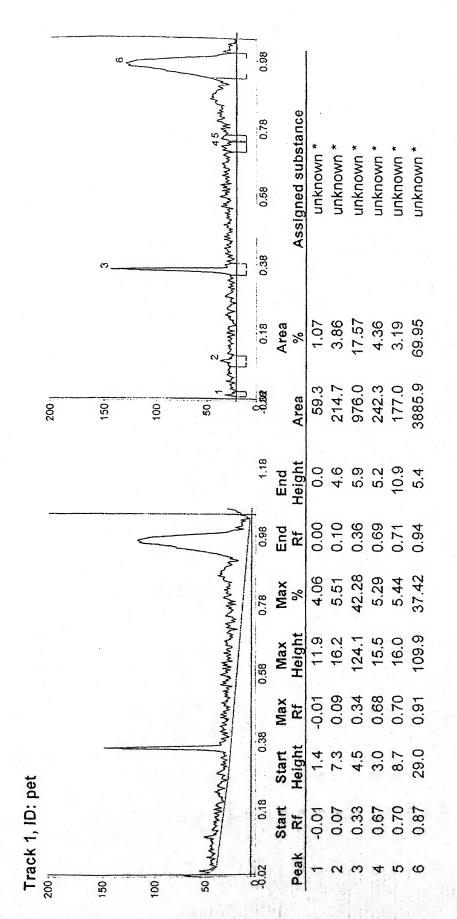


Fig. 43; HPTLC Chromatogram of petroleum ether extract of seeds of D. biflorus scanned at 366 nm using solvent system

chloroform: methanol: (6:4)

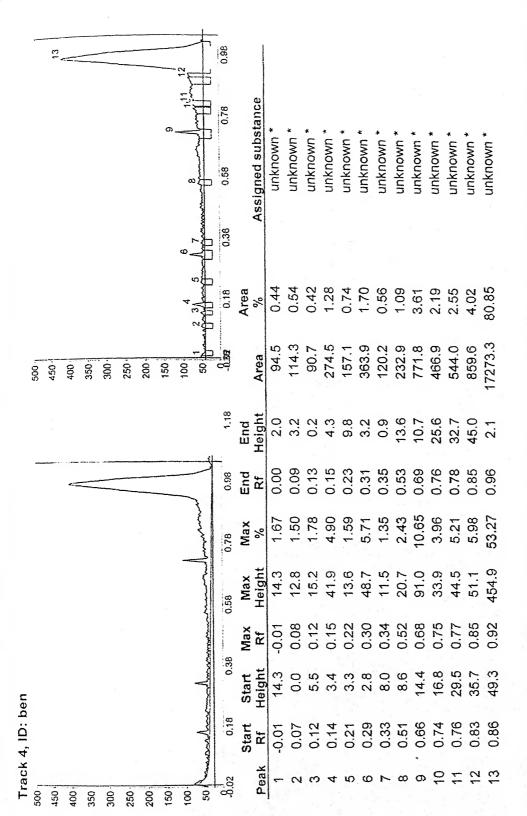


Fig. 44: HPTLC Chromatogram of benzene extract of seeds of D. biflorus scanned at 366 nm using solvent system chloroform: methanol (6:4)

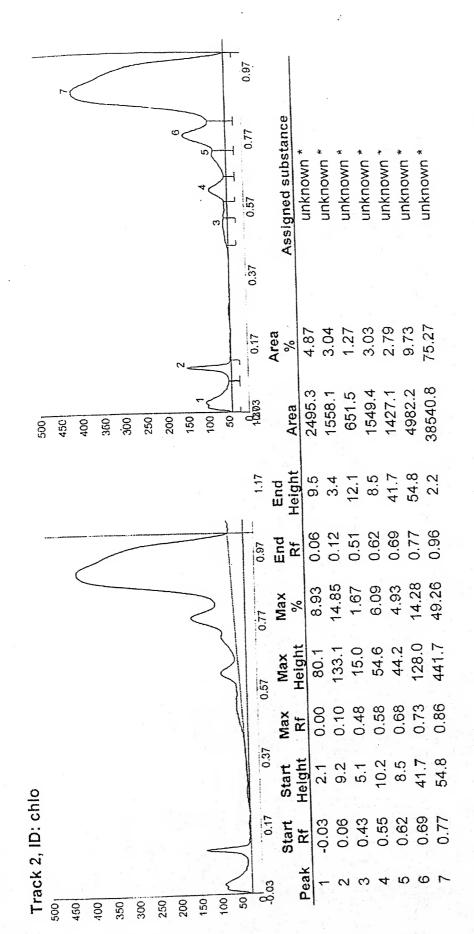


Fig. 45; HPTLC Chromatogram of chloroform extract of seeds of D. biflorus scanned at 254 nm using solvent system chloroform: methanol (6:4)

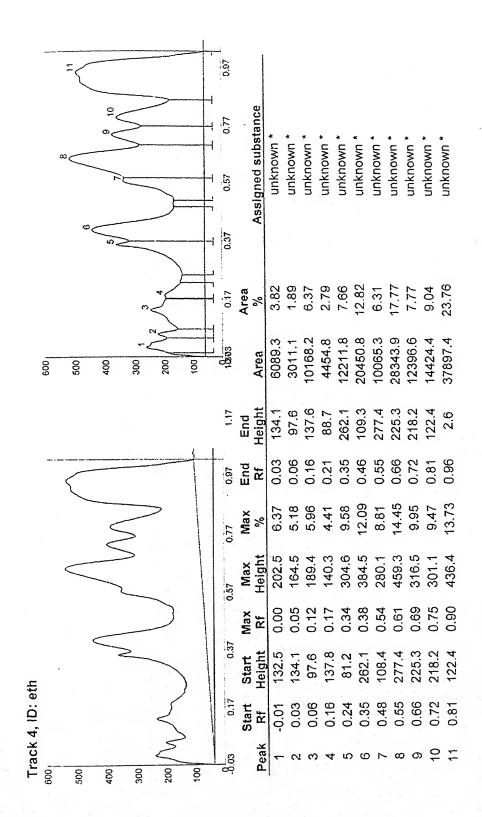
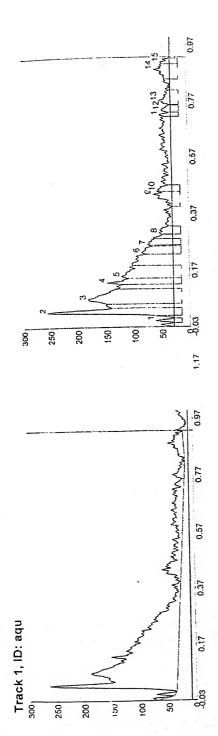


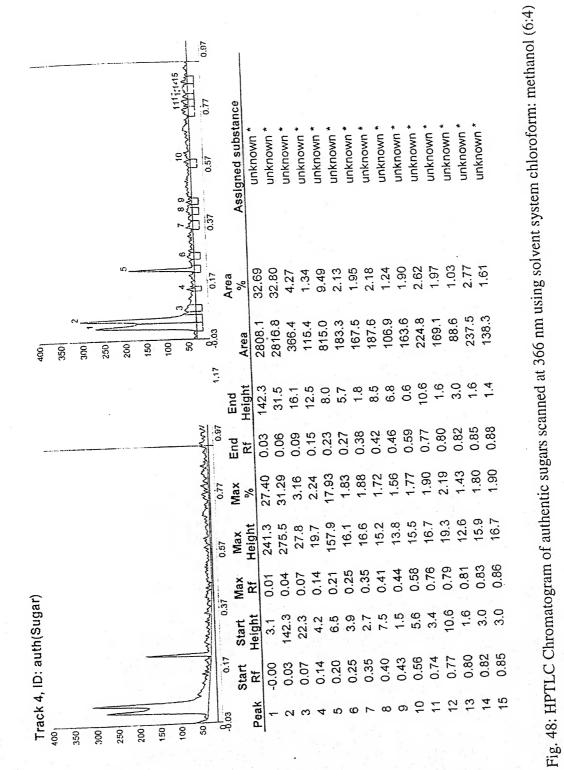
Fig. 46; HPTLC Chromatogram of ethanol extract of seeds of D. biflorus scanned at 254 nm, using solvent system chloroform: methanol (6:4)

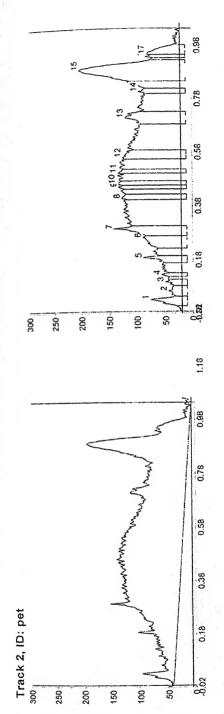


winCATS Planar Chromatography Manager

Assigned substance unknown *
Area % 1.06 1.06 17.36 29.38 9.57 15.50 6.07 3.92 2.31 3.55 2.05 0.89 1.19 2.29 3.81
Area 173.4 2844.4 4813.5 1568.0 2539.0 994.3 642.9 378.6 581.6 335.3 145.2 194.6 375.6 623.5
End Height 0.1 111.2 106.7 81.7 73.0 38.3 33.2 8.2 6.8 6.8 6.8 6.8 6.8 6.4 4.3 14.7 0.7
End Rf 1 0.00 0.04 0.14 0.19 0.28 0.28 0.33 0.45 0.47 0.76 0.76 0.90
Max % 3.58 24.73 16.68 10.28 6.19 4.99 2.67 2.67 3.72 2.23 1.82 2.23 1.82 3.14
Max 32.8 32.8 227.0 153.1 119.1 94.3 56.8 45.8 24.5 24.5 26.9 20.5 16.7 20.6 28.8
Max Rf + Rf -0.01 0.03 0.03 0.28 0.26 0.30 0.44 0.45 0.77 0.77
Start Height 0.0 33.1 119.7 93.4 81.7 49.1 20.1 0.6 26.8 11.9 5.1 10.5 11.9
Start Rf 0.01 0.01 0.05 0.12 0.14 0.26 0.30 0.45 0.72 0.73 0.73 0.75 0.75 0.75 0.76 0.90 0.90
Peak - 4 0 0 4 0 0 0 4 0 0 1 1 1 2 2 2 4 4 5 5 5 5 5 5 5 5 5 5 5 5 5 5 5

Fig. 47; HPTLC Chromatogram of aqueous extract of seeds of D. biflorus scanned at 366 nm using solvent system chloroform: methanol (6:4)





	Assigned substance	unknown *																
Area	%	2.94	1.74	1.38	1.15	3.23	6.81	8.40	5.54	4.10	4.89	4.48	8.43	10.26	3.68	26.99	1.97	4.01
	Area	921.3	545.7	434.5	360.9	1015.1	2136.2	2636.8	1737.8	1287.2	1536.3	1405.8	2647.0	3221.8	1153.6	8471.9	617.4	1258.6
End	Height	13.3	13.8	25.3	22.5	41.5	65.8	87.5	99.2	101.4	107.2	102.4	87.3	75.6	63.1	54.5	58.0	14.4
End	Rf	0.04	0.07	0.10	0.12	0.18	0.25	0.28	0.40	0.43	0.44	0.48	0.55	0.69	0.77	0.87	0.89	0.93
Max	%	3.94	1.71	2.12	2.56	4.79	4.83	8.49	7.41	7.81	8.04	7.84	7.24	6.89	5.20	12.67	4.30	4.15
Max	Height	56.7	24.5	30.5	36.8	68.9	69.4	122.1	106.5	112.3	115.6	112.7	104.1	0.66	74.8	182.2	61.9	59.6
Max	Ŗ	0.03	90.0	0.09	0.11	0.17	0.24	0.27	0.38	0.42	0.43	0.47	0.53	0.67	0.76	0.84	0.88	0.89
Start	Height	8.9	11.3	13.8	25.9	34.4	44.6	64.8	95.7	100.7	101.4	112.2	102.8	71.0	65.0	92.0	50.0	58.0
Start	ĸ	0.00	0.04	0.07	0.11	0.15	0.21	0.25	0.38	0.41	0.43	0.47	0.52	0.64	0.75	0.80	0.88	0.89
	Peak	-	2	က	4	2	မ	7	ω	O)	9	Ļ	12	13	14	15	16	17

Fig. 49; HPTLC Chromatogram of petroleum ether extract of seeds of D. hiftorus scanned at 366 nm using solvent system acetone: water (9:1)

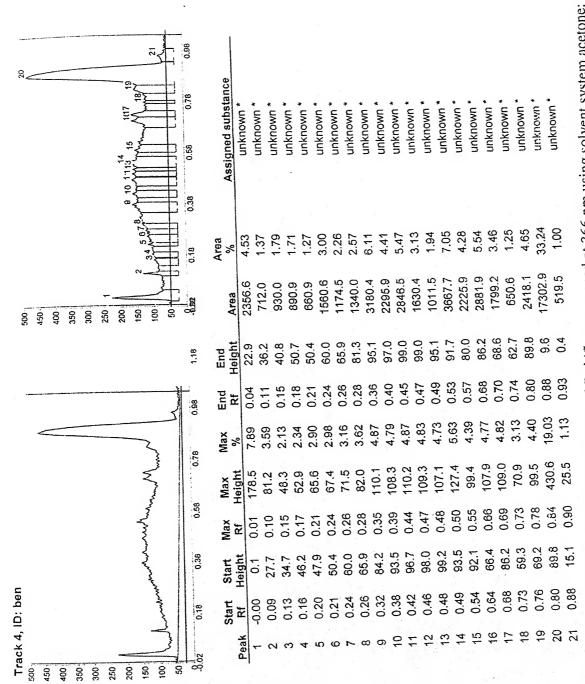


Fig 50; HPTLC Chromatogram of benzene extract of seeds of D. biflorus scanned at 366 nm using solvent system acetone: water (9:1)

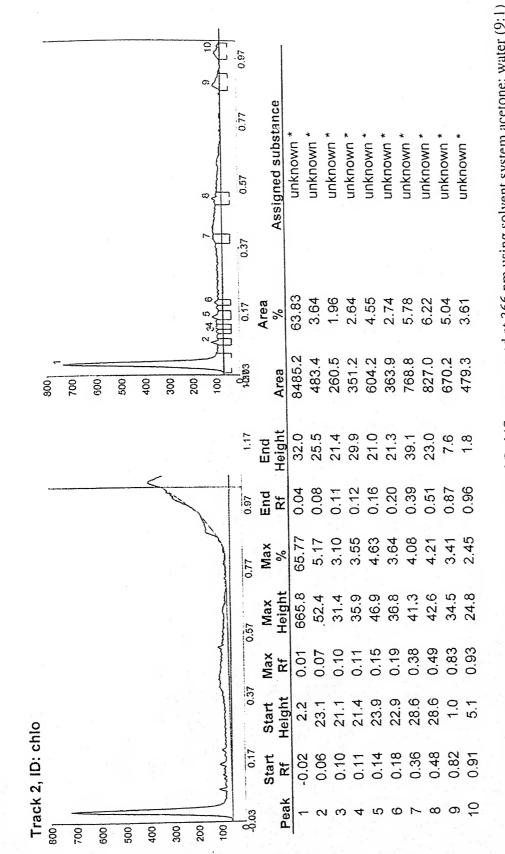


Fig. 51: HPTLC Chromatogram of Chloroform extract of seeds of D. biflorus scanned at 366 nm using solvent system acetone: water (9:1)

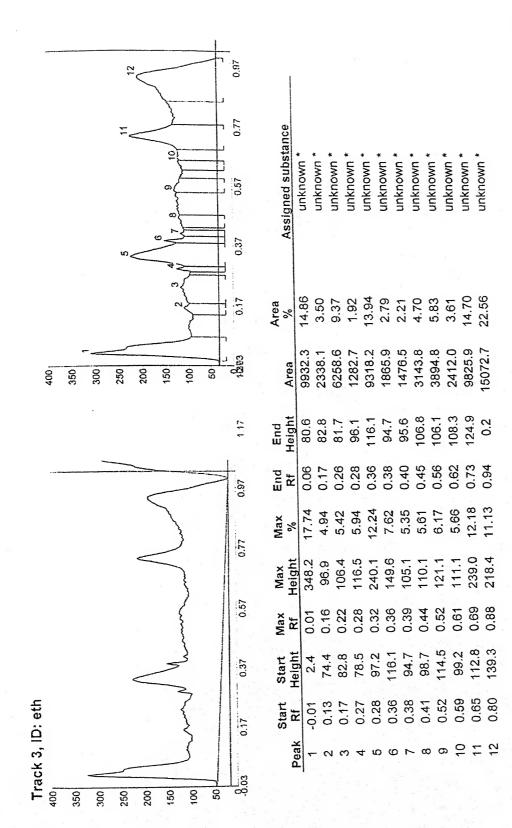


Fig. 52: HPTLC Chromatogram of ethanol extract of seeds of D. biflorus scanned at 366 nm using solvent system acetone: water (9:1)

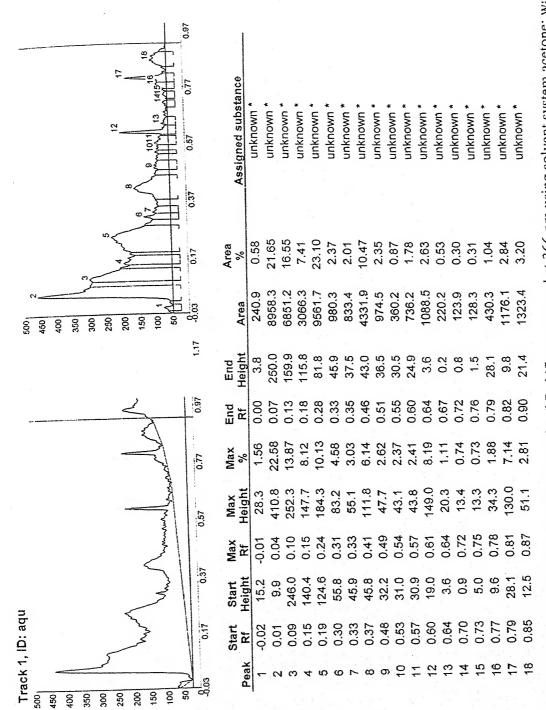


Fig. 53: HPTLC Chromatogram of aqueous extract of seeds of D. biflorus scanned at 366 nm using solvent system acetone: water (9:1)

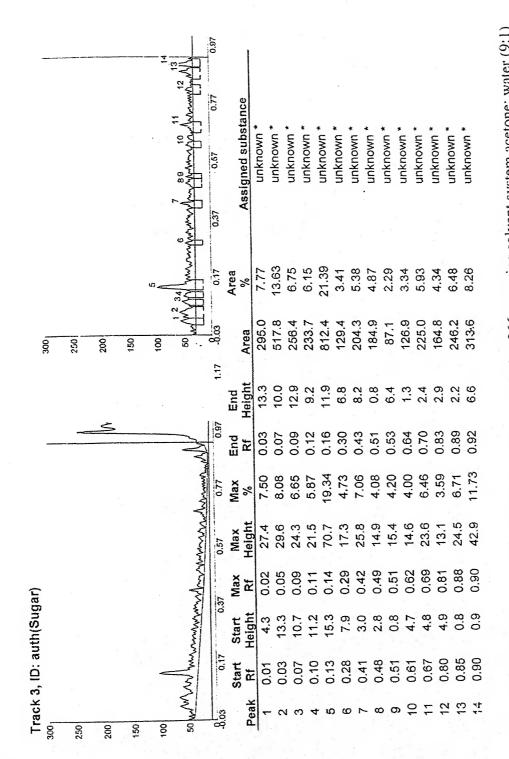


Fig. 54; HPTLC Chromatogram of authentic sugars scanned at 366 nm using solvent system acetone: water (9:1)

Discussion:

The proximate analysis of the seeds of *D.biflorus* was carried out to lay certain standards for the air dried drug. The high value of total ash indicated the presence of inorganic constituents in the seeds. The water-soluble extractive value was also high, indicated the presence of sugars. The qualitative examination of the various solvent extracts of seeds indicated the presence of carbohydrates, sterols, proteins and amionacids, fixed oils and fats and absence of absence of alkaloids, glycosides, saponins, tannis, resins, gums and mucilages. Thin-layer chromatography indicated the presence of eight amino acids viz., alanine, hsitidine, cystine, aspartic acid leucine, glycine, serine and lysine as well as the five various sugars like rhamnose, arabinose, fructose, galactose and glucose by Co-chromatography using authentic sample.

The successive solvent extracts of the seeds of *D.biflorus* with petroleum ether, benzene, chloroform, ethanol and water along with authentic amino acids and sugars were scanned using n-butanol: acetic acid: water (8:2:2), 96% ethanol: water (7:3), chloroform: methanol (6:4) and acetone: water (9:1) as solvent systems by HPTLC as shown in Tables 19 and 20.

(B) MACROSCOPIC CHARACTERS

Fruits contain 5-7 seeds. Seeds are compressed, hard, surface smooth, ellipsoid, flattened; 4 - 6 mm long, 4 - 5 mm wide, 2.5 - 3 mm thick; micropyle prominent; greyish to raddish brown in colour; odourless; taste, somewhat astringent (Fig. 55).

(C) MICROSCOPIC CHARACTERS

T.S. of Seed and Powder Characteristics

Transverse section of seed shows testa consisting of a single layer of columnar, thin-walled, parenchymatous, palisade like cells covered with a thin cuticle followed by single layer of rectangular to square bearer cells and 3 - 4 layers of thin-walled rectangular parenchymatous cells, more wide at micropyler region; cotyledon consisting of single layer of upper and lower epidermis covered with a thin cuticle; epidermal cells thin-walled, rectangular and parenchymatous followed by mesophyll, consisting of angular parenchymatous cells, filled with numerous simple starch grains and protein bodies also present.

Powder is whitish in colour; consisting of broken pieces of testa, parenchymatous cells, aleurone grains and starch⁸².

Transverse section of the seed and its powder characteristics were observed under microscope as shown in Fig.s.56 and 57.

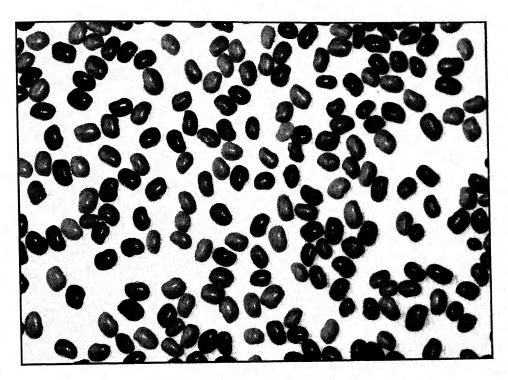


Fig. 55: Seeds of Dolichos biforus Linn.

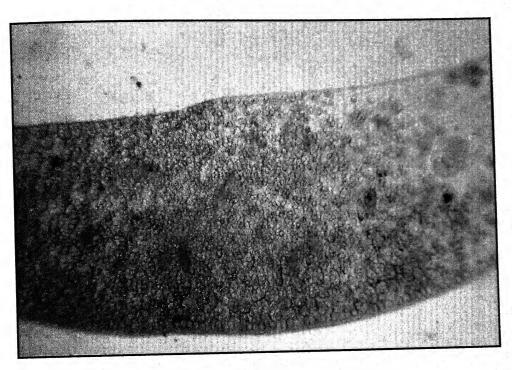


Fig. 56: T.S. of seed of D. biflorus Linn. (Celluar)

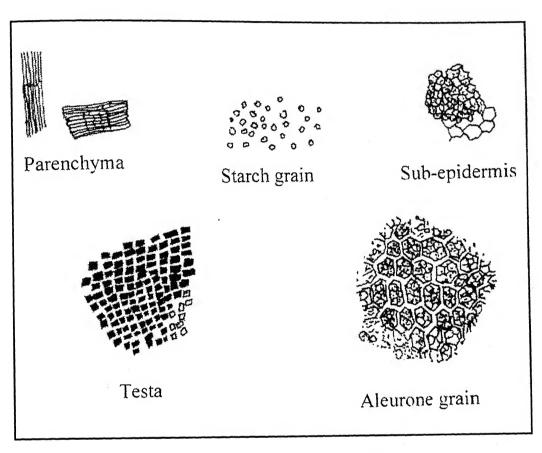


Fig. 57: Powder characteristics of seed of D. biflorus Linn.

(D) ANTIMICROBIAL ACTIVITY OF FRUIT OF TRIBULUS TERRESTRIS LINN.

EXPERIMENTAL:

The air dried, pulverized fruits of *T. terrestris* were successively extracted with petroleum ether (60-80°) and ethanol (50%) in a Soxhlet extractor. Each extract was concentrated to dryness under reduced pressure. The concentrated ethanol extract and petroleum extract were dissolved in dimethyl sulfoxide (DMSO), an inert solvent which was also used as control and found inert against all the tested microorganisms, i.e., Staphylococcus aureus, Escherichia coli and Candida albicans.

The cultures of Staphylococcus aureus, Escherichia coli and Candida albicans were obtained from Microbial Type Culture Collection, Institute of Microbial Technology, Chandigarh. All these cultures are maintained in Dr. K.N. Modi Institute of Pharmaceutical Education and Research, Modinagar.

The growth medium used for the test microorganisms viz. Staphylococcus aureus and Escherichia coli was medium No. 1 (Hi-Media) and growth medium used for Candida albicans was Sabouraud dextrose agar (Hi-Media). The petri plates were Pre-seeded with 10 ml of growth medium and 4 ml inoculum each of E. coli and S. aureus and 6.5 ml inoculum of C. albicans. The filter paper discs of 6 mm diameter were prepared by soaking in 0.1 ml extract each of ethanol and petroleum ether. The discs were also prepared by soaking known quantity of standard reference antibiotics which were used for comparison of zone of inhibition. These dried discs were placed on the seeded medium already swabbed with test organism.

The inoculated bacterial cultures were incubated at 32 - 35° for 21 h and the fungus culture was incubated at 22 - 25° for 48 h. The antimicrobial activity was assayed by disc diffusion method⁸³.

The zone of inhibition was calculated by measuring the minimum dimension of the zone of no bacterial growth around the disc. The results recorded in terms of the diameters of the zone of inhibition, are presented in Tables 21 and 22.

TABLE 21: ANTIBACTERIAL ACTIVITY OF TRIBULUS TERRESTRIS FRUIT EXTRACT

Extract/Antibiotic	Concentration	Zone of inhibition (mm)			
2.10. 0.01.11.0.10.10	(per ml)	S. aureus	E. coli		
Petroleum ether (60-80°) extract	20 μg	8.8	9.2		
Ethanol (50%) extract	30 µg	10.5	9.0		
Chloramphenicol	30 μg	17.0	15.0		

TABLE 22: ANTIFUNGAL ACTIVITY OF TRIBULUS TERRESTRIS FRUIT EXTRACT

Extract/Antibiotic	Concentration (per ml)	Zone of inhibition (mm) Candida albicans
Petroleum ether (60-80°) extract	75 μg	17.9
Ethanol (50%) extract	75 µg	16.8
Nystatin	100 units	21.0

DISCUSSION:

It was evident from the results that the ethanol extract and petroleum ether (60-80°) extract of fruit of *Tribulus terrestris* showed positive response against

organisms tested as compared to Chloramphenicol and Nystatin , used as standard drugs.

The chemical nature of the active principle(s) responsible for the antimicrobial activity of the fruit extracts was not established.

(E) ANTIMICROBIAL ACTIVITY OF THE SEEDS OF CICHORIUM INTYBUS LINN.

EXPERIMENTAL:

500 g of the seeds powder was successively extracted with petroleum ether (60-80°) and ethanol (95%) in a Soxhlet extractor. Each extract was concentrated to dryness *in vacuo*. Antimicrobial activity of the extracts was determined using paper-disc diffusion method by measuring zone of inhibition. The extracts at a concentration of 30 μg and 60 μg/disc were screened for their antimicrobial activity using *Bacillus subtilis*, *Staphylococcus aureus*, *Escherichia coli*, *Pseudomonas aeruginosa*, *Aspergillus niger*, *Aspergillus flavus*, *Candida albicans* and *Fusarium oxysporum* as test organisms.

The cultures of microorganisms were obtained from Microbial Type Culture Collection, Institute of Microbial Technology, Chandigarh. All these cultures are maintained in Dr. K. N. Modi Institute of Pharmaceutical Education and Research, Modinagar.

Nutrient agar (Hi-Media) and Sabouraud dextrose agar (Hi-Media) were used as media for bacteria and fungi respectively. Control experiment was carried out under similar condition by using ceftazidime and miconazole as a standard for antibacterial and antifungal activity respectively. The petri dishes were incubated at 37° for 48 h. The zone of inhibition was calculated by measuring the minimum dimension of the zone of no bacterial growth around the disc.⁸⁴

The results recorded in terms of the diameters of the zone of inhibition, are presented in Table 23.

TABLE 23: ANTIMICROBIAL ACTIVITY OF PETROLEUM ETHER AND ETHANOLIC EXTRACTS OF *CICHORIUM INTYBUS* SEEDS

	Zone of inhibition in mm									
Microorganisms	Petroleu (µg/e		Etha (μg/c	1	Ceftazidime (µg/disc)	Miconazole (μg/disc)				
	30	60	30	60	30	10				
Bacteria										
Bacillus subtilis	_	+	_	-	+++	NT				
Staphylococcus aureus	_	-	+	+	+++	NT				
Escherichia coli	_	+	, –	-	++	NT				
Pseudomonas aeruginosa	_	_	_	+	+++	NT				
Fungi										
Aspergillus niger	+	++	11	111	NT	+++				
Aspergillus flavus	++	+++	++	++	NT	+++				
Candida albicans	+	1++	++	+++	NT	+++				
Fusarium oxysporum	++	+++	+	++	NT	+++				

Disc diameter = 4 mm

Zone of inhibition (mm): -<4; +=5-10; ++=11-15; +++=>16.

NT = Not Tested

DISCUSSION:

The study revealed that petroleum ether and ethanol extracts exhibited moderate to significant antifungal activity against all the tested fungal organisms at the concentration of 30 μg and 60 μg but none of the extracts was active against the tested bacterial organisms.

(F) ANTIMICROBIAL ACTIVITY OF THE SEEDS OF DOLICHOS BIFLORUS LINN.

EXPERIMENTAL:

500 g of the seeds powder was successively extracted with petroleum ether (60-80°) and ethanol (95%) in a soxhlet extractor. The extracts were concentrated to dryness *in vacuo*. The antimicrobial activities of the extracts were evaluated by disc diffusion method as described earlier. Both the extracts at a concentration of 25 μg and 50 μg were screened for their anti microbial activity using *Bacillus subtilis*, *Staphylococcus aureus*, *Escherichia coli*, *Pseudomonas aeruginosa*, *Aspergillus niger* and *Candida albicans* as test organisms.

The cultures of microorganisms were obtained from Microbial Type Culture Collection, Institute of Microbial Technology, Chandigarh. All these cultures are maintained in Dr. K. N. Modi Institute of Pharmaceutical Education and Research, Modinagar.

The activity of the extracts was compared with the antibacterial and antifungal standards. The Ceftazidime and Ketoconazole were used as standard for antibacterial and antifungal activity respectively. Nutrient agar (Hi-Media) and Sabouraud dextrose agar (Hi-Media) were used as media for bacteria and fungi respectively. The plates were incubated at 37° for 48 h for bacteria and at $26 \pm 1^{\circ}$ for 72 h for fungi. The zone of inhibition was calculated by measuring the minimum dimension of the zone of no bacterial growth around the disc. The results recorded in terms of the diameters of the zone of inhibition, are presented in Table 24.

TABLE 24: ANTIMICROBIAL ACTIVITY OF PETROLEUM ETHER AND ETHANOLIC EXTRACTS OF *DOLICHOS BIFLORUS* SEEDS

	Zone of inhibition in mm									
Microorganisms	Petroleum ether (µg/disc)		Etha (µg/c		Ceftazidime (μg/disc)	Ketoconazole (μg/disc)				
	25	50	25	50	25	10				
Bacteria					-					
Bacillus subtilis	_	-	+	+	++	NT				
Staphylococcus aureus	_	_	++	++	+++	NT				
Escherichia coli	_	+	+ ,	++	+++	NT				
Pseudomonas aeruginosa	_	+	_	+	+++	NT				
Fungi	*		,							
Aspergillus niger		+	- 1	+	NT	+++				
Candida albicans			+	- ,	NT	+++				

Disc diameter = 4 mm

Diameter of zone of inhibition (mm): - = < 4; + = 5-10; ++ = 10-15; +++ = > 16.

NT = Not Tested

DISCUSSION

The study revealed that the ethanol extract exhibited significant antibacterial activity against all the tested bacterial organisms at the concentration of 25 µg and 50 µg. The petroleum ether extract at the concentration of 50 µg showed a slight antibacterial activity against *Escherichia coli* and *Pseudomonas aeruginosa* but none of the extracts was found active against the tested fungal organisms.

CHAPTER - 4 RESULTS AND DISCUSSION

RESULTS AND DISCUSSION

STANDARDIZATION

Small caltrops, *Tribulus terrestris* Linn. (Fig..1), belonging to the family Zygophyllaceae is commonly known as 'Chotagokhru', has been described to be of great medicinal value. It is a reputed drug in Ayurvedic system.

The phytochemical study of the fruits of Tribulus terrestris was carried out to lay certain standards for the air dried drug. The high value of total ash 12.79% indicated the presence of considerable amount of inorganic constituents in the fruits. The ethanol-soluble extractive and water-soluble extractive values, 1.862% and 16.8% respectively were also rather high , indicated the presence of sugars and resins etc. The qualitative chemical examination of the petroleum ether extract, chloroform extract, alcohol extract and water extract, obtained by successive solvent extraction of the fruits, indicated the presence of alkaloids, fixed oils and fats, resins, traces of glycosides, proteins and aminoacids, tannins, reducing sugars and sterols and absence of saponins, gums and mucilages. The results of the tests applied are tabulated in Table 1 to 4. Thin-layer chromatography was carried out using Toluene: ethyl acetate (8: 2) as solvent system and visualized the spots in day light by spraying the plate with anisaldehyde - sulphuric acid reagent followed by heating at 120° for 10 minutes. One of the yellowish green spot having hRf - value 29 revealed the presence of diosgenin by Co-chromatography using authentic sample while other yellowish green spots having hRf- values 13 and 84, prominent violet spots having hRf- values 91, 53, 43, 34 and 21 and a dark blue spot having hRf- value 14 were also observed in the extract solution as shown in Table 5. The successive solvent extracts of the fruits of T.terrestris with petroleum ether, benzene, chloroform, ethanol and water were scanned at 366 nm by HPTLC using solvent system Toluene: ethyl acetate (8:2), indicated the presence of 5,6,4,4 and 2 components respectively as shown in table 6.

The macroscopic characters (colour, odour, taste, size, shape and surface) of the fruits were observed by naked eyes (Fig. 10). Transverse section of the fruit and its powder characteristics were observed under microscope (Fig.s. 11,12 and 13).

Chicory, cichorium intybus Linn. (Fig. 2), belongs to the compositae family is locally known as 'Kasni', Hakims use seeds, roots and leaves of the plant for the treatment of various ailments.

The proximate analysis of the seeds of the C. intybus was carried out to lay certain standards for the air dried drug. The high value of total ash 13.03% indicated the presence of considerable amount of inorganic constituents in the seeds. The petroleum ether-soluble extractive value 4.18% was also rather than high, indicated the presence of fixed oils and fats and sterols etc. The qualitative chemical examination of the petroleum ether extract, alcohol extract and water extract, obtained by successive solvent extraction of the seeds revealed the presence of carbohydrates, phytosterols, proteins and amino acids, tannins, fixed oils and fats and absence of alkaloids, glycosides, saponins, resins, gums and mucilages. The results of the tests applied are tabulated in Table 7 to 10. Thin-layer chromatography of the alcoholic extract of seeds was carried out using chloroform: methanol: formamide (80:19:1) as solvent system and visualized the spots by spraying the plate with sulphuric acid followed by drying at 75° for 3 minutes and their Rf-values are recorded in Table 11. Three substances having Rf-values 0.90, 0.86 and 0.83 gave positive Libermann-Burchard test, revealed the presence of three different sterols and other three spots having Rf-values 0.36, 0.05 and 0.00 gave positive Molisch's test revealed the presence of three different sugars. Further studies require the identification of different five phytoconstituents. The successive solvent extracts of the seeds of *C. intybus* with petroleum ether, benzene, chloroform, ethanol and water were scanned by HPTLC using solvent system chloroform: methanol: formamide (80:19:1) indicated the presence of 3,3,3,11 and 10 components respectively as shown in Table 12.

The morphological characters (colour, odour, taste, size, shape and surface) of the seeds were observed by naked eyes (Fig. 21). Transverse section of the seed and its powder characteristics were observed under microscope (Figs. 22 and 30).

Horse gram, Dolichos biflorus Linn. (Fig.. 3), belongs to the Leguminosae (Papillionaceae) family is popularly known as 'Kulthi'. It is extensively cultivated and used either as human food (beans or seeds) or as animal fodder (leaves and stem). The seeds have been used in the indigenous system of medicine for a long time as astringent, anthelmintic, nerve tonic, diuretic, aphrodisiac and antipyretic.

The phytochemical studies revealed that there was a high value of total ash 4.07%, indicated the presence of inorganic constituents in the seeds and water-soluble extractive 2.97%, was also high indicated the presence of sugars. The qualitative chemical examination of the petroleum ether extract, alcohol extract and water extract obtained by successive solvent extraction of the seeds revealed the presence of carbohydrates, sterols, proteins and amino acids, fixed oils and fats and absence of alkaloids, glycosides, saponins, tannins, resins, gums and mucilages. The results of the tests applied are tabulated in Tables 13 to 16. Thin-layer chromatography of amino acids of seeds of *Dolichos biflorus* was carried out using n-butanol: acetic acid: water (8: 2: 2) and 96% Ethanol: water (7: 3) as solvent system and visualized the spots by spraying the plate with ninhydrin (0.1% w/v) in butanol. The *Rf*-values of the spots are recorded in Table 17. Eight different amino acids viz.

alanine, histidine, cystine, aspartic acid, leucine, glycine, serine and lysine were identified by Co-chromatography using authentic sample. Thin-layer chromatography of carbohydrates of the seeds was also carried out using Chloroform: methanol (6: 4) and Acetone: water (9: 1) as solvent system and aniline hydrogen phthalate as spraying agent. The Rf-values of the spots are recorded in Table 18. Five different sugars viz. rhamnose, arabinose, fructose, galactose and glucose were identified by Co-chromatography using authentic sample. The successive solvent extracts of the seeds of *D. biflorus* with petroleum ether, benzene, chloroform, ethanol and water along with authentic amino acids and sugars were scanned under UV light using n-butanol: acetic acid: water (8:2:2), 96% ethanol: water (7:3), chloroform: methanol (6:4) and acetone: water (9:1) as solvent systems by HPTLC as shown in Tables 19 and 20.

The morphological characters (colour, odour, taste, size, shape and surface) of the seeds were observed by naked eyes (Fig. 55). Transverse section of the seed and its powder characteristics were observed under microscope (Figs. 56 and 57).

ANTIMICROBIAL ACTIVITY

Results of screening of antibacterial activity and antifungal activity of *Tribulus* terrestris fruit extract are summerised in Table 21 and 22 respectively. It is evident from the results that petroleum ether (60 - 80°) and ethanol (50%) extracts of the fruits showed significant antibacterial activity against the tested bacterial organisms, i.e., Staphylococcus aureus and Escherichia coli. The antibacterial activity of both the extracts was compared with Chloramphenicol as antibacterial standard. The petroleum ether (60-80°) and ethanol (50%) extracts of the fruits also showed significant antifungal activity against Candida albicans. The antifungal activity of both the

extracts was compared with Nystatin as antifungal standard.

From these results, it can be concluded that the fruits of *Tribulus terrestris* can be regarded as antimicrobial agent. Further phytochemical studies are needed to identify active constituent(s) responsible for the antimicrobial activity of the fruits.

Antimicrobial activity of petroleum ether and ethanoic extracts of cichorium intybus seeds is summerised in Table 23. It is evident from the results that the petroleum ether and ethanolic extracts exhibited moderate to significant antifungal activity against all the tested fungal organisms, i.e., Aspergillus niger, Aspergillus flavus, Candida albicans and Fusarium oxysporum at a concentration of 30 µg and 60 µg. The antifungal activity of both the extracts was compared with Miconazole as antifungal standard at a concentration of 10 µg but none of the extracts was active against all the tested bacterial organisms, i.e., Bacillus subtilis, Staphylococcus aureus, Escherichia coli and Pseudomonas aeruginosa.

From these results, it can be concluded that the seeds of *cichorium intybus* can be regarded as antifungal agent. Further studies require the detailed chemical nature of the active constituent(s) responsible for the antifungal activity of the seeds.

Antimicrobial activity of petroleum ether and ethanolic extracts of *Dolichos biflorus* seeds is summerised in Table 24. It is evident from the results that the ethanolic extract exhibited significant antibacterial activity against all the tested bacterial organisms, i.e., *Bacillus subtilis*, *Staphylococcus aurecus*, *Escherichia coli* and *Pseudomonas aeruginosa* at the concentration of 25 µg and 50 µg while the petroleum ether extract at the concentration 50 µg showed a slight antibacterial activity against *Escherichia coli* and *Pseudomonas aeruginosa*. The antibacterial activity of both the extracts was compared with Ceftazidime as antibacterial standard

at a concentration of 25 µg but none of the extracts was found active against the tested fungal organisms, i.e., Aspergillus niger and Candida albicans.

From these results, it can be concluded that the seeds of *Dolichos biflorus* can be regarded as antibacterial agent. Further phytochemical studies are needed to identify active constituent(s) responsible for the antibacterial activity of the seeds.

CHAPTER-5
CONCLUSION

CONCLUSION

India has rich flora of medicinal plants and these medicinal plants are very much used in traditional system of medicine and many pharmacological properties have been attributed to various parts of these plants. Following three plants part have been selected for the standardization and antimicrobial activities.

- 1. Fruits of *Tribulus terrestris* Linn.
- 2. Seeds of Cichorium intybus Linn.
- 3. Seeds of *Dolichos biflorus* Linn.

Looking to the medicinal utility of these plants in the literature and comparatively pharmacognostic studies on the parts of these plants are very few and fragmentary. As pharmacognostic screening of the plant parts is essential for identification of the commercial sample, the same has been undertaken to standardize for prevention of admixtures and adulterants in the preparation of Ayurvedic formulation.

Hence the above mentioned parts of these medicinal plants were subjected for standardization and the extracts isolated from these plants part were screened for antimicrobial activities.

The above parts of the plants were procured from local market of Modinagar, Ghaziabad and were identified by Dr. H.B. Naithani, Botanist and Scientist, Forest Tree Seed Laboratory, Silviculture Division, Forest Research Institute, Dehradun.

The proximate analysis of the fruits of *T. terrestris* was carried out to lay certain standards for the air dried drug. The high value of total ash indicated the presence of considerable amount of inorganic constituents in the fruits. The alcohol and water-soluble extractive values were also rather high, indicated the presence of sugars and resin etc. The qualitative examination of the various solvent extracts of fruits indicated the presence of alkaloid, fixed oil, resin, traces of glycosides, proteins,

tannins, reducing sugars and sterols. Thin-layer chromatography indicated the presence of diosgenin by Co-chromatography using authentic sample. Further studies require the identification of other eight phytoconstituents. The successive solvent extracts of the fruits with petroleum ether, benzene, chloroform, ethanol and water when scanned by HPTLC using solvent system toluene: ethyl acetate (8:2) at 366nm, indicated the presence of 5,6,4,4 and 2 components respectively. Macroscopic and microscopic characters of the fruits were also studied.

The proximate analysis of the seeds of *C. intybus* was carried out. The high value of total ash indicated the presence of considerable amount of inorganic constituents in the seeds. The petroleum ether-soluble extractive value was also high, indicated the presence of fixed oil and fat and sterols etc. The phytochemical tests indicated the presence of fixed oil and fat, sterols, carbohydrates, tannins and proteins in various solvent extracts. Thin-layer chromatography study of alcoholic extract showed the presence of three different types of sterols and sugars. Further studies require the identification of different five phytoconstituents. The successive solvent extracts of the seeds with petroleum ether, benzene, chloroform, ethanol and water when scanned by HPTLC using solvent system chloroform: methanol: formamide (8.0:1.9:0.1) indicated the presence of 3,3,3,11 and 10 components respectively. Macroscopic and microscopic characters of the seeds were also studied.

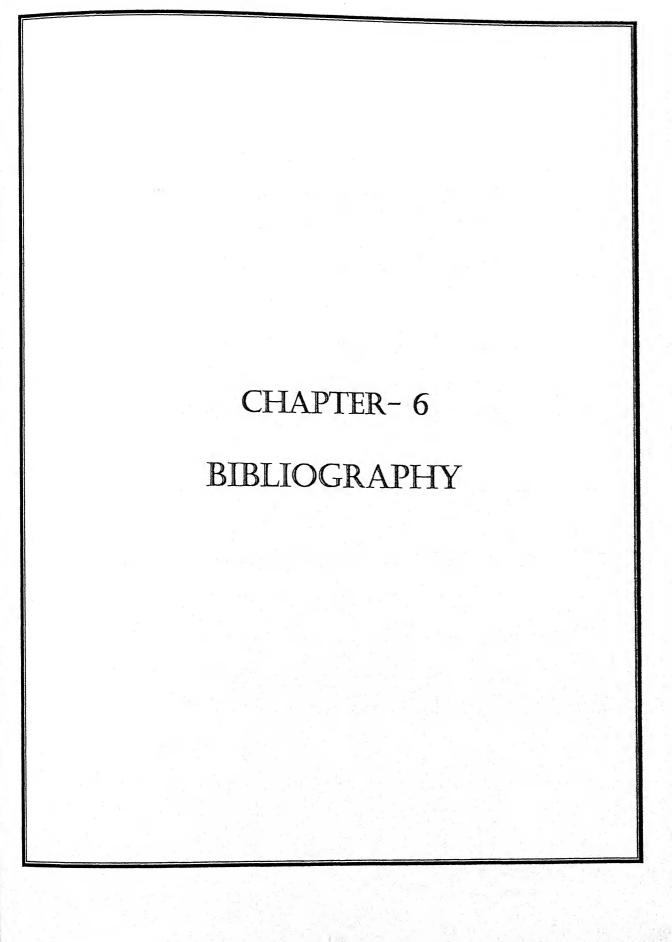
The proximate analysis of the seeds of *D. biflorus* was carried out. The high value of total ash indicated the presence of considerable amount of inorganic constituents in the seeds. The water-soluble extractive value was also high, indicated the presence of sugars. The qualitative examination of the various solvent extracts of seeds indicated the presence of carbohydrates, sterols, proteins and aminoacids, fixed oil and fat and absence of alkaloids, glycosides, saponins, resins, gums and mucilages. Thin-layer chromatography indicated the presence of eight amino acids viz. alanine, histidine, cystine, aspartic acid, leucine, glycine, serine and lysine as well

as the five various sugars like rhamnose, arabinose, fructose, galactose and glucose by Co-chromatography using authentic sample. The successive solvent extracts of the seeds along with authentic amino acids and sugars were also scanned using different solvent systems by HPTLC. Macroscopic and microscopic characters of the seeds were also studied.

The ethanol extract and petroleum ether (60 - 80°) extract of the fruit of T. terrestris possess antimicrobial activity against Staphylococcus aureus, Escherichia coli and Candida albicans as compared to standard drugs. Further studies require the detailed chemical nature of the active principle(s) responsible for the antimicrobial activity.

The antimicrobial studies of the seeds of C. intybus revealed that ethanol extract and petroleum ether (60-80°) extract exhibited moderate to significant activity against $Aspergillus\ niger$, $Aspergillus\ flavus$, $Candida\ albicans$ and $Fusarium\ oxysporum$, at a concentration of 30 μg and 60 μg but none of the extracts was active against the tested bacterial organisms. Further the detailed chemical nature of the active principle(s) responsible for the antifungal activity is required.

The ethanol extract of the seeds of *D. biflorus* possesses significant antibacterial activity against *Bacillus subtilis*, *Staphylococcus aureus*, *Escherichia coli* and *Pseudomonas aeruginosa* at a concentration of 25 µg and 50 µg and petroleum ether extract at the concentration of 50 µg showed a slight antibacterial activity against *Escherichia coli* and *Pseudomonas aeruginosa*. None of the extracts was found active against *Aspergillus niger* and *Candida albicans*. Further studies require the detailed chemical nature of the active principle(s) responsible for the antibacterial activity.



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Standardization of Fruit of Tribulus terrestris Linn.

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Different parts of *Tribulus terrestris* Linn. are highly prized remedy amongst the people of India. Since ancient period the fruit is used as demulcent, diuretic, antispasmodic and aphrodisiac. Fruits have been identified by their macroscopic and microscopic characters, cell contents, behaviour of powdered drug with different reagents and preliminary phytochemical analysis.

Key Words: Tribulus terrestris Linn.

INTRODUCTION

Tribulus terrestris Linn. (Gokhru) is a herbaceous plant belonging to the family Zygophyllaceae. Different parts of the plant, viz., root, leaf and fruit are extensively used in the Indian system of medicine since ancient period. An infusion prepared from fresh leaf and stem is a highly prized remedy amongst the people of Southern India in gonorrhoea and dysuria. The juice of the fruit is an emmenagogue¹⁻⁵.

Pharmacognostic reports on the root and fruit of the plant are very few and fragmentary^{6,7}. As pharmacognostic screening of the crude drug is essential for identification of the commercial sample, the same has been undertaken to establish the identifying characters for prevention of admixtures and adulterants in the preparation of Ayurvedic formulation. *T. terrestris* is identified as the smaller variety while a large variety equated with *Pedalium murex* Linn. (Pedaliaceae) is often used as a substitute for the drug.

EXPERIMENTAL

The plant is widely distributed throughout India up to 11000 ft. *T. terrestris* fruits were procured locally from Modinagar market and identified by Dr. H.B. Naithani, Botanist and Scientist, Forest Tree Seed Laboratory, Silviculture Division, Forest Research Institute, Dehradun.

Macroscopic and microscopic studies were made from free hand. Cell structures of the hard tissues were made by macerating the tissues in conc. HNO₃.

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976 Gupta et al.

Powdered drugs were prepared by crushing the fruits in electric grinder. Behaviour of powdered drugs was studied by treating with different chemical reagents. Non-protoplasmic cell contents were studied by treating the sections with chemical reagents. Stains were used and finally mounted either in 50% glycerine or in a mixture of 250% chloral hydrate solution and 50% glycerine solution in the proportion of 9:1. Foreign organic matter, moisture content, ash and extractive values, physical data on fruit of *T. terrestris* Linn. were estimated⁸. Preliminary investigations on fluorescence behaviour of ethanol extracts under long (365 nm) and short (257 nm) UV radiation were also studied.

Macroscopic characters: The fruit is pedicellate, globose, $1.3 \, \mathrm{cm}$ in diameter, $0.8 \, \mathrm{cm}$ in thickness, possessing five woody, densely hairy, spiny cocci. Each coccus possesses two large sharp, pointed, rigid spines directed towards the apex. The other two smaller, shorter spines are directed downwards. Tips of spines almost meet in pairs together forming pentagonal framework around the fruit. Outer surface of the schizocarp is rough, yellowish, odour faintly aromatic and slightly acrid in taste. Seeds more or less elliptical, tapering at one end, measuring $1.5 \times 3.0 \, \mathrm{mm}$, seeds several in each coccus, with transverse partitions between them (Fig. 1).

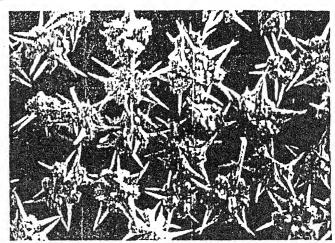


Fig. 1. Fruits of T. terrestris Linn

Microscopic Characters: Fruit is very hard, studies are made from macerated tissues as studies from sectional view are not possible. The pericarp is differentiated into epicarp, mesocarp and endocarp. Outer surface of the epicarp is surrounded by non-glandular trichomes. The parenchymatous mesocarp is 6–10 layers thick which embeds calcium oxalate crystals. The sclerenchymatous endocarp is 3–4 layers thick and the cells are compact containing prismatic crystals of calcium oxalate. Fruits are pentalocular, vessels have simple pits and some vessels show helical thickenings. Fibres are lignified, linear, long with tapered ends (Figs. 2 and 3).

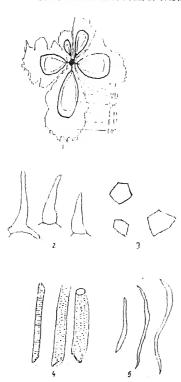


Fig. 2. Microscopical characters of fruit of *T. terrestris* Linn.: (1) T.S. of fruit (diagrammatic), (2) Non-glandular trichomes × 180, (3) Prismatic crystals of calcium oxalate × 720, (4) (i) Vessel showing helical thickening × 367, (ii) Pitted vessels × 367, (5) Fibres × 92

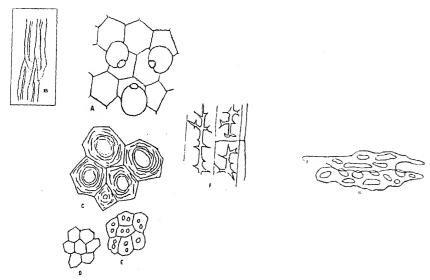


Fig. 3. Microscopical characters of fruit of *T. terrestris* Linn.: (A) Epidermal cells and glands, (B) Bundles of fibres, (C) Cells of outer integument, (D) Cells of inner integument, (E) Endosperm cells with oil drops, (F) Part of sclerenchyma fibres, (G) Reticulated fibres

978 Gupta et al.

Asian J. Chem.

Physical Constant Values: Foreign organic matter 1.662%; loss on drying 10.10%; total ash 12.79%; acid-insoluble ash 0.97%; sulphated ash 2.07%; water-soluble ash 5.79%; ethanol-soluble extractive 1.862%; water-soluble extractive 16.8%; petroleum ether-soluble extractive 1.018%; chloroform-soluble extractive 1.26%; volatile oil content very small quantity; fluorescent analysis very faint fluorescence in short and long UV light.

Cell Contents: Fats and oil present in the form of globules in the thin-walled cells of the seed; when treated with conc. HCl fat globules are liberated.

REACTION OF POWDERED DRUG WITH DIFFERENT REAGENTS

Water	Powder settles at the bottom producing colourless turbid solution with very little frothing on the surface.
5% KOH	Powder settles at the bottom producing brown colored turbid solution.
Dil. HCl	Powder settles at the bottom producing very faint lemon yellow tinted solution.
Dil. H ₂ SO ₄	do
Dil. HNO ₃	— do —
FeCl ₃ solution	Light brown precipitation takes place.
Dragendorf solution	Orange brown coloration and precipitation.
KI and I solution	Light orange brown turbid solution.

Preliminary photochemical analysis: Qualitative examination of the various solvent extracts of fruits indicates the presence of alkaloid, fixed oil, lignin, resin, traces of glycosides, protein, tannins, reducing sugars, sterols and an essential oil⁹.

Thin-layer chromatography: 5.0 g sample of powdered fruit was refluxed for 1 h with 50 mL chloroform and filtered. The marc was refluxed for 1 h with 50 mL methanol and filtered. The filtrate was evaporated to dryness under vacuum. 50 mL of 2 N HCl was added to the residue and refluxed for 1 h 1.0 g sodium carbonate was added after cooling the solution and extracted with three successive quantities of 20 mL of chloroform. Combined chloroform layers were washed with water and evaporated to dryness under vacuum. The residue was dissolved in 2 mL of chloroform to be used as test solution.

Test solution and reference solution (1 mg diosgenin in 4 mL methanol) were applied on silica gel G plate, using toluene: ethyl acetate (8:2) as solvent system, visualized the spots by spraying the plate with anisaldehyde sulfuric acid reagent and heated at 120°C for 10 min.

A yellowish green spot (R_f 0.29) corresponding to diosgenin was observed in both test and reference solution tracks. Other yellowish green spots (R_f 0.13 and 0.84), prominent violet spots (R_f 0.91, 0.53, 0.43, 0.34 and 0.21) and a dark blue spot (R_f 0.14) were also observed in the test solution¹⁰.

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Synthesis and Antimicrobial Activity of New 3-Amino sulphonyl[3'-chloro-4'-(substituted phenyl)-2'-oxo azetidine]indole

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A series of new 3-amino sulphonyl[3'-chloro-4'-(substituted phenyl)-2'-oxo azetidine]indole derivatives $(5\mathbf{a}-\mathbf{j})$ have been prepared from the respective 3-(substituted benzylidene hydrazine) sulphonyl indoles $(4\mathbf{a}-\mathbf{j})$ by treating with chloroacetyl chloride in presence of ethanol. The required substituted benzylidene hydrazino sulphonyl indoles $(4\mathbf{a}-\mathbf{j})$ were obtained from hydrazino sulphonyl indole (3) by condensing with appropriate aromatic aldehydes. Chloro-sulphonyl indole (2) when treated with hydrazine yielded the respective hydrazides. 3-Aminosulphonyl [3'-chloro-4'-(4-nitro phenyl)-2'-oxo azetidine]indole showed moderate to good antimicrobial activity.

Key Words: Indole derivatives, Azetidine, Antimicrobial activity.

INTRODUCTION

Substituted indoles are associated with psychotropic¹, antiinflammatory²⁻⁵, CNS depressant, anticonvulsant and antimicrobial activities. The azetidinone moiety is known to potentiate the biological activity⁶⁻⁸. Azetidinone containing fused indole moieties are likely to be shown enhanced biological activities.

EXPERIMENTAL

Melting points were taken in open capillaries and are uncorrected. IR spectra were recorded on Shimadzu FTIR-3000 instrument, ¹H NMR spectra were recorded on Bruker 300 MHz spectrophotometer using TMS as an internal standard. The purity of synthesized compounds was routinely checked by TLC.

Synthesis of 3-chloro sulphonyl indole (2)

Equimolar proportions of indole (0.01 mol) and chlorosulphonic acid was added drop by drop and it was shaken from time to time to ensure thorough

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NOTE

Antimicrobial Activity of Fruit of Tribulus Terrestris Linn.

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The in-vitro antimicrobial activity of the fruit of Tribulus terrestris has been studied using petroleum ether (60-80°C) and ethanolic (50%) extracts against Staphylococcus aureus, Escherichia coli and Candida albicans. Both the extracts showed significant activity against all test micro-organ-

Key Words: Tribulus Terrestris Linn., Antimicrobial.

Tribulus terrestris (Zygophyllaceae), commonly known as 'Chota-gokhru', is an annual or perennial plant growing throughout India. It is described as a highly valuable drug used to restore the depressed liver for the treatment of fullness in the chest and mastitis and also used to dispel the wind and clear the eyes for the treatment of acute conjuctivitis, headache and vertigo. Tribulus terrestris is also reported to have antimicrobial, antihypertension, diuretic, antiacetylcholine and haemolytic activity and to stimulate spermatogenesis and libido²⁻⁷. The current study was undertaken to evaluate the antimicrobial activity of Tribulus terrestris fruit extract.

The drug T. terrestris fruits were purchased from the local drug market of Modinagar. The drug was identified and authenticated by Dr. H.B. Naithani, Botanist and Scientist, Forest Tree Seed Laboratory, Silviculture Division, Forest Research Institute, Dehradun.

The air dried, pulverized fruits of T. terrestris were exhaustively extracted with ethanol (50%) and petroleum ether (60-80°C) using Soxhlet extractor and concentrated under reduced pressure. The concentrated ethanol extract and petroleum extract were dissolved in dimethyl sulfoxide (DMSO), an inert solvent which was also used as control and found inert against all the tested micro-

The growth medium used for the test micro-organisms, viz., Staphylococcus aureus and Escherichia coli, was medium No. 1 (Hi-Media) and for Candida albicans Sabouraud dextrose agar (Hi-Media). The petri plates were pre-seeded with 10 mL of growth medium and 4 mL of inoculum in case of E. coli and S. aureus and 6.5 mL of inoculum in case of C. albicans. Paper discs of 6 mm diameter which absorb 0.1 mL of extract (ethanol/pet. ether) and known quantity of standard reference antibiotics were used for comparison of zone of inhibition.

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1356	Gupta et	t al.
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Asian J. Chem.

The inoculated bacterial cultures were incubated at 32–35°C for 21 h and fungus culture at 22–25°C for 48 h. The antimicrobial activity was assayed by disc diffusion method⁸. The zone of inhibition was measured and average of the independent determinations was recorded (Tables 1 and 2).

It is evident from the results that the ethanol extract and pet.-ether (60-80°C) extract of fruit of *Tribulus terrestris* showed positive response against organisms tested as compared to standard drug, chloramphenicol.

The chemical nature of the active principles responsible for the antimicrobial activity of the fruit extracts was not established.

TABLE-1
ANTIBACTERIAL ACTIVITY OF TRIBULUS TERRESTRIS FRUIT EXTRACT

, , , , , , , , , , , , , , , , , , ,	Concentration	Diameter of the zone of inhibition (mm		
Extract/Antibiotic	(µg per mL)	S. aureus	E. coli	
Petether(60-80°C) extract	20	8.8	9.2	
Ethanol (50%) extract	20	10.5	9.0	
Chloramphenicol	30	17.0	15.0	

TABLE-2 ANTIFUNGAL ACTIVITY OF TRIBULUS TERRESTRIS FRUIT EXTRACT

	Concentration	Diameter of the zone of inhibition (mm)
Extract/Antibiotic	(µg per mL)	Candida albicans
Petether(60-80°C) extract	75	17.9
Ethanol (50%) extract	75	16.8
Chloramphenicol	100 units	21.0

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Standardization of Seeds of Cichorium intybus Linn.

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Seeds of *Cichorium intybus* Linn. are tonic to the brain, alexiteric, appetizer and useful in headache, ophthalmia, biliousness, lumbago, troubles of the spleen and asthma. The present work attempts to summarize the pharmacognostical characters of the seed.

Key Words: Cichorium intybus.

Cichorium intybus Linn. (fam. Compositae) is locally known as Kasni. It is an erect perennial herb and cultivated throughout India, also grows wild in Punjab, northwest India and Hyderabad in areas up to 1,800 m elevation. The seeds are reported to be carminative and cordial. A decoction is used in obstructed menstruation and for checking bilious vomiting¹⁻³.

The present investigation was undertaken to standardize the seeds of *Cichorium intybus* by carrying out various pharmacognostical characteristics for prevention of adulterants in Ayurvedic formulation.

The seeds of *Cichorium intybus* were procured locally from Modinagar market and were identified by Dr. H.B. Naithani, Botanist and Scientist, Forest Tree Seed Laboratory, Silviculture Division, Forest Research Institute, Dehradun.

The morphological characters (colour, odour, size, shape, surface and taste) of the seeds were observed. Foreign organic matter, loss on drying, ash values, extractive values and other physical parameters were determined by pharmacopoeal methods⁴. The behaviour of the powdered seeds with different chemical reagents and fluorescence characters of the alcoholic extract under UV radiation (254 and 366 nm) were also observed. The petroleum ether, ethanol and distilled water extracts were subjected to various chemical tests for the identification of phytoconstituents⁵ and ethanolic extract was subjected to thin layer chromatography⁶.

Observation

Seeds are rough, oval in shape, bland in taste, odourless and light brown to pale brown in colour, having a size of about 3-4 mm long and 2-3 mm wide.

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Physical constant values

Foreign organic matter: 0.67%; Loss on drying: 9.11%; Total ash: 13.03%; Acid-insoluble ash: 1.90%; Sulphated ash: 12.33%; Water-soluble ash: 2.61%; Ethanol-soluble extractive: 1.04%; Water-soluble extractive: 2.25%; Petroleum ether-soluble extractive: 4.18%; Chloroform-soluble extractive: 0.98%; Volatile oil content: Nil; Fluorescent analysis: Very faint fluorescence in short and long UV light.

Cell contents

Fat and oil present in the form of globules in the thin-walled cells of the seed; when treated with conc. HCl fat globules are liberated.

Behaviour of powdered seed with different reagents

Water and 5% KOH

- Powder settles at the bottom producing light greyish brown coloured turbid solution.

dil. HNO₃

Dil. HCl, dil. H₂SO₄ and - Powder settles at the bottom producing clear solution.

dorff's soln.

FeCl₃ soln. and Dragen- Powder settles at the bottom. Some powder floats producing clear orange liquid.

KI and I₂ soln.

- Powder settles at the bottom producing reddish brown clear liquid.

Preliminary phytochemical analysis: Qualitative examination of the various solvent extracts of seeds revealed the presence of fixed oil and fat, carbohydrates, proteins, tannins and sterols and absence of alkaloids and saponins.

Thin-layer chromatography: Seeds powder (140 g) was extracted with ethyl alcohol in a Soxhlet extractor for 18 h and concentrated under reduced pressure at low temperature (45-50°C). The extract was subjected to thin-layer chromatography using TLC aluminium sheets (Merck), previously activated by heating at 110°C for 30 min. Several solvent systems were tried. The best separation was achieved by the solvent system chloroform: methanol: formamide (80:19:1) for half an hour, drying in an oven at 110°C for 15 min, seen in UV light and then sprayed with Liebermann-Burchard reagent, Molisch's eagent and with suphuric acid, separately. Observations are given in Table-1.

Three spots (R_f 0.83, 0.86 and 0.90) gave positive Liebermann-Burchard test and other three spots having the R_f values 0.36, 0.05 and 0.00 showed pale blue, pale blue and green fluorescence, respectively in UV light, gave positive Molisch's test.

The phytochemical tests indicated the presence of fixed oil and fat and sterols in petroleum ether extract; carbohydrates, sterols, tannins and proteins in ethanolic extract; and carbohydrates, tannins and proteins in distilled water extract, Chromatography study shows the presence of three different types of sterols and sugars in ethanolic extract.

TABLE-1 TLC OF ALCOHOLIC EXTRACT OF SEEDS OF CICHORIUM INTYBUS AND RESULTS OBTAINED BY DIFFERENT REAGENTS

S.No. of spots	R _f values	UV light	Sulphuric acid	Liebermann- Burchard reagent	Molisch's reagent
1	0.98		Violet-blue	_	
2	0.90		Violet	+	_
3	0.86		Blue	+	
4	0.83		Purple	+	- 1 - 2
5	0.73	Violet		- *	
6	0.66		Red	_	
7	0.60		Blue		_
8	0.47		Pale violet		_
9	0.36	Pale blue	Dirty green	_	+
10	0.05	Pale blue	with violet		+
11	Zero	Green	tinge	-	+

The present study can help in authenticating the seeds prior to Ayurvdic formulation.

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AJC-4339

NOTE

Antimicrobial Activity of the Seeds of Cichorium intybus Linn.

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The antimicrobial activity of petroleum ether and ethanolic extracts of the seeds of *Cichorium intybus* Linn. has been studied against various microorganisms by disc diffusion method. Both the extracts at a concentration of 30 and 60 µg/disc showed significant activity against the fungal organisms investigated.

Key Words: Antimicrobial activity, Cichorium intybus.

Cichorium intybus Linn. (fam. Compositae) is locally known as 'Kasni'. Various medicinal properties have been attributed to this plant in the traditional system of Indian medicine. The seeds are reported to be carminative, cordial, a brain tonic and useful in headache, ophthalmia, throat inflammation, lumbago, enlargement of the spleen and asthma. A decoction is used in obstructed menstruation and for checking bilious vomiting¹⁻⁴.

The dried seeds of *Cichorium intybus* were procured locally from the Modinagar market and identified by Dr. H.B. Naithani, Botanist and Scientist, Forest Tree Seed Laboratory, Silviculture Division, Forest Research Institute, Dehradun.

The seed powder (500 g) was extracted with petroleum ether (60–80°C) and ethanol (95%) successively in a Soxhlet extractor and the extracts were concentrated to dryness in vacuo. Antimicrobial activity of the extracts was determined using paper-disc diffusion method⁵ by measuring the zone of inhibition. The extracts at a concentration of 30 μ g and 60 μ g/disc were screened for their antimicrobial activity using Bacillus subtilis, Staphylococcus aureus, Escherichia coli, Pseudomonas aeruginosa, Aspergillus niger, Aspergillus flavus, Candida albicans and Fusarium oxysporum as test organisms.

Nutrient agar (Hi Media) and sabouraud dextrose agar (Hi Media) were used as media for bacteria and fungi respectively. Control experiment was carried out under similar condition by using ceftazidime and miconazole as a standard for antibacterial and antifungal activity, respectively. The petri dishes were incubated at 37°C for 48 h. The zones of inhibition are recorded in Table-1.

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2840 Gupta et al.

Asian J. Chem.

TABLE-1
ANTIMICROBIAL ACTIVITY OF PETROLEUM ETHER AND ETHANOLIC
EXTRACTS OF CICHORIUM INTYBUS SEEDS

Microorganisms	Pet. ether (µg/disc)		Ethanol (μg/disc)		Ceftazidime (µg/disc)	Miconazole (μg/disc)
	30	60	30	60	30	10
Bacteria:	•					
Bacillus subtilis	_	4	·	- ·	+++	NT
Staphylococcus aureus	_	_	+	+	+++	NT
Escherichia coli	-	+	-	_	++	NT
Pseudomonas aeruginosa	-	·	-	+	+++	NT
Fungi:				_ , _ ,		
Aspergillus niger	+	++	++	+++	NT	+++
Aspergillus flavus	++	+++	++	++	NT	+++
Candida albicans	+	+,+ .,,	++	+++	NT	+++
Fusarium oxysporum	++	+++	+	++	NT	+++

Disc diameter = 4 mm; Zone of inhibition (mm): <4; +=5-10; ++=11-15; +++=>16; NT = not tested.

The study reveals that petroleum ether and ethanolic extracts exhibited moderate to significant activity against all the tested fungal organisms at the concentration of 30 and 60 μg but none of the extracts was active against the tested bacterial organisms.

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Standardization of Seeds of Dolichos Biflorus Linn.

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Seeds of *Dolichos biflorus* Linn. are considered to be very useful for removing kidney stones. These are used as astringent, diuretic and tonic. Seeds have been identified by their macroscopic and microscopic characters, cell contents, behaviour of powdered drug with different reagents and preliminary phytochemical analysis.

Key Words: Standardization, Seeds, Dolichos biflorus Linn.

INTRODUCTION

Dolichos biflorus Linn. (Fam. Leguminosae) is also known as horse gram and Kulthi in Hindi. It is a native of Southeast Asia, throughout the tropics, India, Malaysia and West Indies. About 14 species occur in India, of which D. biflorus and D. lablab are extensively cultivated and used either as human food (beans or seeds) or as animal fodder (leaves and stem). Seeds extract seem to be useful for the patients suffering from urinary or kidney troubles, eye troubles, piles, enlargement of the spleen and pain in the liver¹⁻⁵.

EXPERIMENTAL

The seeds of *Dolichos biflorus* were procured locally from Modinagar market and identified by Dr. H.B. Naithani, Botanist and Scientist, Forest Tree Seed Laboratory, Silviculture Division, Forest Research Institute, Dehradun.

Macroscopic and microscopic studies were made from free hand. Seeds were powdered by crushing in electric grinder. Behaviour of powdered drugs was studied by treating with different chemical reagents. Foreign organic matter, loss on drying, ash values, extractive values and other physical parameters on seeds of *D. biflorus* Linn. were determined as per I.P. Methods⁶. Preliminary investigations on fluorescence behaviour of ethanol extracts under long (365 nm) and short (257 nm) UV radiation were also studied.

RESULTS AND DISCUSSION

Macroscopic Characters: Fruits contain 5–7 seeds, compressed, hard, surface smooth, ellipsoid, flattened, 4–6 mm long and 4 mm wide, micropyle prominent, greyish to reddish brown in colour (Fig. 1).

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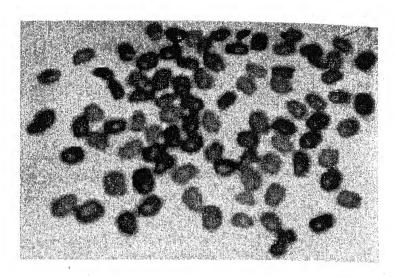


Fig. 1. Seeds of Dolichos biflorus Linn.

Microscopic Characters: Transverse section of seed shows testa consisting of a single layer of columnar, thin-walled, parenchymatous, palisade like cells covered with a thin cuticle followed by single layer of rectangular to square bearer cells and 3–4 layers of thin-walled rectangular parenchymatous cells, more wide at micropyler region; cotyledon consisting of single layer of upper and lower epidermis covered with a thin cuticle; epidermal cells thin-walled, rectangular and parenchymatous followed by mesophyll, consisting of angular parenchymatous cells, filled with numerous simple starch grains and protein bodies also present. Powder is whitish in colour, consisting of broken pieces of testa, parenchymatous cells and startch (Fig. 2).

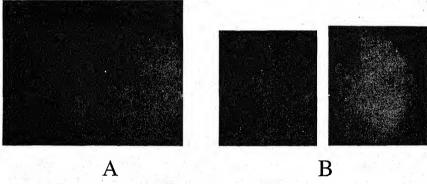


Fig. 2. Microscopic characters of seeds of *Dolichos biflorus* Linn.: (A) T.S. of seed (cellular) × 100, (B) Powder characteristics × 100

Physical Constant Values

Foreign organic matter: Nil, Loss on drying: (10.9%); Total ash: (4.07%); Acid-insoluble ash: (0.80%); Sulphated ash: (8.38%); Water-soluble ash: (2.97%); Ethanol-soluble extractive: (0.48%); Water-soluble extractive: (5.16%); Petroleum ether-soluble extractive: (1.56%); Chloroform-soluble extractive: 0.23% Volatile oil content: (Nil); Fluorescent analysis: Very faint fluorescence in short and long UV light

Cell Contents: Fats and oil present in the form of globules in the thin-walled cells of the seed when treated with conc. HCl fat globules are liberated.

Reaction of powdered drug with different reagents

Water : Powder settles at the bottom producing dark grey

brown coloured turbid solution with very little

frothing on the surface.

5% KOH : Powder settles at the bottom producing greenish

coloured turbish solution.

Dil. HCl : Powder settles at the bottom producing clear solution

Dil. H₂SO₄ : —do—

Dil. HNO₃ : —do—

FeCl₃ soln. : Powder settles at the bottom producing clear orange

liquid

Dragendorff's soln. : —do—

KI and I soln. : Powder settles at the bottom producing reddish

brown clear liquid.

Preliminary phytochemical analysis

Qualitative examination of the various solvent extracts of seeds indicates the presence of fixed oil, carbohydrate, protein, fat and sterols?

Thin-layer chromatography

Part I: Seeds powder was defatted with petroleum ether $(60-80^{\circ}\text{C})$ in soxhlet extractor. 1.0 g of defatted seed powder was warmed with 10 mL ethanol (70% v/v) for 30 min and centrifuged. The residue was re-extracted with ethanol and centrifuged. This process was repeated (8-9 times) till the supernatant was negative to ninhydrin test. All the supernatants were combined and evaporated to dryness in vacuo, dissolved in 0.5-1.0 mL distilled water and centrifuged. The clear supernatant was subjected to thin-layer chromatography by using TLC aluminium sheets (Merck). n-Butanol: acetic acid: water and 96% ethanol: water were used as mobile phase. The chromatograms were sprayed with ninhydrin (0.1% w/v) in butanol. Observations are given in Table-1.

TABLE-1 SOLVENT SYSTEM

S.No.	n-Butanol: acet		96% ethan (7 :		Amino acids
	R _f reported ⁸	R _f found	R _f reported ⁸	R _f found	identified
1. 2. 3. 4. 5. 6. 7.	0.22 0.05 0.09 0.17 0.44 0.18	0.22 0.06 0.09 0.17 0.45 0.18 0.03	0.33 0.39 0.55 0.61 0.43 0.48 0.03	0.33 0.39 0.55 0.60 0.42 0.48 0.03	Alanine Histidine Cystine Aspartic acid Leucine Glycine Serine Lysine

Part II: The defalted seeds were extracted with water and concentrated to dark brown mass. It was found to respond to positive tests for sugars which were identified by thin-layer chromatography on silica gel G, impregnated with sodium acetate buffer using (i) chloroform: methanol, (ii) acetone: water as solvent system and aniline hydrogen phthalate as spraying reagent. Observations are given in Table-2.

TABLE-2 SOLVENT SYSTEM

S.No.	Chloroform: methanol (6:4)		Acetone (9:		Sugars
	R _f reported ⁸	R _f found	R _f reported ⁸	R _f found	identified
1.	0.54	0.53	0.71	0.72	Rhamnose
2.	0.41	0.41	0.53	0.53	Arabinose
3.	0.30	0.29	0.47	0.48	Fructose
4.	0.27	0.27	0.45	0.45	Galactose
5.	0.37	0.36	0.55	0.56	Glucose

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ANTIMICROBIAL ACTIVITY OF DOLICHOS BIFLORUS SEEDS

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ABSTRACT

The antimicrobial activity of the seeds of *Dolichos biflorus* has been studied using petroleum ether and ethanol extracts against various micro-organisms by disc diffusion method. The ethanol extract at a concentration of 25 and 50 μ g/disc showed significant activity against the bacterial organisms investigated.

Dolichos biflorus Linn (Leguminosae) is also known as horse gram. Seed extract is useful for the patients suffering from urinary or kidney troubles, eye troubles, piles, enlargement of the spleen and pain in the liver¹⁻⁷.

The seeds of *Dolichos biflorus* were procured locally from Modinagar market and identified by Dr H. B. Naithani, Botanist and Scientist, Forest Tree Seed Laboratory, Silviculture Division, Forest Research Institute, Dehradun.

Antimicrobial Activity

Seed powder (500 g) was successively extracted with petroleum ether (60-80 °C) and ethanol (95%) in a Soxhlet extractor. The extracts were concentrated to dryness *in vacuo*. The antimicrobial activity of the extracts was evaluated by disc diffusion method. Both the extracts at a concentration of 25 µg and 50 µg were screened for their antimicrobial activity using *Bacillus subtilis*, *Staphylococcus aureus*, *Escherichia coli*,

Pseudomonas aeruginosa. Aspergillus niger and Candida albicans as test organisms.

The Ceftazidime and Ketoconazole were used as standard for antibacterial and antifungal activity respectively. Nutrient agar (Hi Media) and Sabouraud dextrose agar (Hi Media) were used as media for bacteria and fungi respectively. The plates were incubated at 37 °C for 48 hrs. for bacteria and at 26 \pm 1°C for 72 hrs. for fungi. The zone of inhibition was calculated by measuring the minimum dimension of the zone of no microbial growth around the disc.

The study reveals that the ethanol extract exhibited significant activity against all the tested bacterial organisms at the concentration of 25 µg and 50 µg. The petroleum ether extract at the concentration of 50 µg showed a slight antibacterial activity against *Escherichia coli* and *Pseudomonas aeruginosa*. None of the extracts were found active against the tested fungal organisms.

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PHYTOCHEMICAL AND PHARMACOLOGICAL STUDIES ON SEEDS OF SAPINDUS TRIFOLIATUS

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ABSTRACT

Physico-chemical characteristics of fixed oil and fatty acids of the seed kernels of Sapindus trifoliatus were determined. Three out of five fatty acids were indentified to be palmitic, stearic and oleic acids. One out of two unsaponifiable components was identified to be ß-sitosterol. Unsaponifiable matter showed increase in force of contraction on frog's heart and slight protection against electro-shock induced convulsions.

INTRODUCTION

Different parts of the Sapindus trifoliatus Linn. (Sapindaceae), also known as Indian Soap-nut, are mentioned in indigenous systems of medicine because of their therapeutic values. Pessaries made out of the seed kernels are used in amenorrhoea and to stimulate the uterus facilitating child birth1. The seed oil is employed medicinally as well as in the manufacture of soap². Seed kernels contain 44.7% of a non-drying fatty oil comprising olein (61.5%), eicosanin (21.9%), stearin (8.5%), palmitin (5.6%) and lignocerin (2.5%). Various physico-chemical characteristics of phospholipid fraction of seed-oil have been reported 3-5.

medical utility of the S. trifoliatus an attempt was made for systemic phytochemical and pharmacological investigations of its seeds.

EXPERIMENTAL

Proximate analysis and successive solvent extraction of the authenticated market seeds of S. trifoliatus leading to qualitative tests for various constituents was taken up. Fixed oil from seed kernels was extracted and studied for its physico-chemical characteristics. Unsaponifiable matter was studied for its pharmacological profile.

1. Proximate Analysis and Qualitative Examination of Seeds.

Proximate analysis of seed Considering these reports on the kernels was carried out to lay down

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Table - I
Proximate Analysis of Seed Kernels of Sapindus trifoliatus Linn.

Determination	% w/w
Moisture content Total ash Acid insoluble ash Sulphated ash Alcohol (95%) soluble extractive Water soluble extractive	6.68 4.00 0.298 45.88 9.77 29.17

Table - II
Physico-chemical Characteristics of Seed Kernel Derived
Fixed Oil of Sapindus trifoliatus Linn.

Characteristic	Value
Refractive index (20°C)	1.4675
Specific gravity (25°C)	0.8964
Acid value	1.54
Saponification value	191.90
Iodine value	56.96
Acetyl value	NIL
Unsaponifiable matter	0.60 w/w

Table - III

Physico-chemical Characteristics of Fatty Acids and Their
Fractions from Seed Kernels of Sapindus trifoliatus Linn.

Characteristic	Mixed fatty acids	Saturated fatty acids	Unsaturated fatty acids	
Neutralisation number	159.1	-	-	
Mean molecular weight Saponification value Iodine balue	· 352.6 231.3 69.2	223.8 0.45	234.7 89.1	

certain standards for the air dried drug and I.P. methods were followed for determining moisture content, total ash, acid-insoluble ash, sulphated ash, and alcohol-soluble and water-soluble extracts. Successive solvent extraction using solvents with increasing order of polarity was carried out, followed by qualitative tests for various plant constituents (Table-I).

2. Determination of Phsico-chemical Characteristics of Fixed oil and Fatty acids⁶

Fixed oil (48.8% w/w) extracted from dried and coarsely powdered seed kernels of *S. trifoliatus* with pet. ether (60-80°C) yielded 84.3% w/w mixed fatty acids. Following lead salt method, saturated (17.4% w/w) and unsaturated fatty acids (78.4% w/w) were separated⁷. Various physico-chemical characteristics of the above were observed and recorded (Table II &III.)

3. Co-TLC of Fatty Acids and Unsaponifiable matter

Saturated and unsaturated fatty acids obtained from seed kernel oil were converted into neutral methyl esters ^{7,8} and separated by thin layer chromatography^{9,10}. The best separation was achieved by solvent system Pet. ether (60-80°) - ethyl acetate (95:5). Co-TLC with authentic samples of esters of stearic, palmitic and oleic acids was performed.

Unsaponifiable matter (0.6%) obtained after saponification of fixed oil was tested for the presence of sterols by (a) Hesse's test (b) Libermann's test and (c) Libermann-Burchard's test. Co-TLC¹² of isolated fractions of unsaponifiable matter using solvent system pet. ether (60-80°C) - ethyl acetate (95 : 5) with

authentic sample of ß - sitosterol and subsequent determination of their melting points revealed one out of the two components to be ß-sitosterol (melting point-137°C). Second component separated by column chromatography¹³⁻¹⁵using benzene as eluant could not be identified (Table - IV).

4. Pharmacological Studies of Unsaponifiable Matter

Unsaponifiable matter suspended in 5% gum acacia mucilage in a concentration of 20 mg/ml was used for the pharmacological studies and all the experiments were done in triplicate.

(A) Effect on Frog's Heart¹⁵ (in situ)

A dose of 0.20 ml suspension amounting to 4.0 mg of unsaponifiable matter showed positive inotropic effect.

(B) Effect on Isolated Rectus abdominus Muscle of Frog¹⁶

Isolated piece of rectus abdominal muscle (2.5 cm) was suspended in Ringer's solution in inner organ bath (capacity -40 ml) of student's isolated organ bath. Graded doses (2,4,6 and 8 mg/ml of bath conc.) of unsaponifiable matter exerted no effect against acetylcholine which showed characteristic contraction of muscle at bath concentration of 1 mg/ml

(C) Effect on Isolated Ileum and Uterus of Rat¹⁷

Addition of graded doses (4 mg to 20 mg) of unsaponifiable matter in a organ bath (capacity - 40 ml) showed no effect on isolated ileum and uterus of virgin female albino rats.

(D) Effect on Metrazole Induced Convulsions in Rats¹⁸

Table - I Proximate Analysis of Seed Kernels of Sapindus trifoliatus Linn.

Determination	% w/w		
Moisture content	6.68	************	
Total ash	4.00		
Acid insoluble ash	0.298		
Sulphated ash	45.88		
Alcohol (95%) soluble extractive	9.77		
Water soluble extractive	29.17		

Table - II
Physico-chemical Characteristics of Seed Kernel Derived
Fixed Oil of Sapindus trifoliatus Linn.

Characteristic	Value
Refractive index (20°C)	1.4675
Specific gravity (25°C)	0.8964
Acid value	1.54
Saponification value	191.90
lodine value	56.96
Acetyl value	NIL
Unsaponifiable matter	0.60 w/w
*	

Table - III

Physico-chemical Characteristics of Fatty Acids and Their
Fractions from Seed Kernels of Sapindus trifoliatus Linn.

Characteristic	Mixed fatty acids	Saturated fatty acids	Unsaturated fatty acids	
Neutralisation number	159.1			100
Mean molecular weight	• 352.6		·	
Saponification value	231.3	223.8	234.7	
lodine balue	69.2	0.45	89.1	

Table - IV
Co-TLC of Methylesters of Fatty Acids and Unsaponifiable Matter from Seed
Kernel Oil of Sapindus trifoliatus Linn.

			Y				
	Sterols with	same Rf value	1 1	1 1	ß-sitosterol	ß-sitosterol	ß-sitosterol
	Rf value of	unsaponifiable matter	1 1		0.82 0.23	0.95	0.95 0.18
	Esters of	fatty acids having same Rf value	Stearic Palmitic	Oleic		1 1	t .
	Rf values	Esters of unsaturated fatty acids	1 1 1	0.43	1 1	ı	, I' I
	Rf	Esters of saturated fatty acids	0.85 0.72 0.63.	0.58		r t	1 1
NO OF	spots		r	Ο I	2 -	α .	0 1
Solvent	system		Pet. ether - Ethyl acetate (95:5)	- 0 Q-	-0Q-	Pet. ether - Ethyl acetate (90:10)	Benzene

The method of Dandiya and Cullumbine was employed using six animals (50-70 gms) per group. Albino rats treated with 30 mg and 100 mg/kg dose of unsaponifiable matter, administered intraperitoneally, showed no protection against 70 mg/kg metrazole induced convulsions and no death was recorded within 24 hours of treatment.

(E) Effect on Electro-shock Induced Convulsions in Rats^{19,20}

Two groups, each of four animals (70-85 gms) were used for experiments. Albino rats when administered 30 mg/kg, ip, dose of unsaponifiable matter showed 25% protection against the electro-shock induced convulsions over control animals in terms of average time of extensor of hind limb.

DISCUSSION

Proximate analysis of seed kernels indicated the presence of inorganic matter in abundance. Qualitative examination of the various extracts of seed kernels indicated the presence of phytosterols and carbohydrates apart from some other common phyto-constituents. Three out of five fatty acids present in the fixed oil were identified to be palmitic, stearic and oleic acids by Co-TLC with authentic samples. One out of the two unsaponifiable components was identified to be \(\mathcal{G} \)-sitosterol.

The unsaponifiable matter showed positive inotropic effect on frog's heart and protection of moderate level against electro-shock induced convulsions in rats. It, however, did not show any acitivity on uterus.

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REVIEW ARTICLE

REVIEW ON PHYTOCHEMICAL AND PHARMACOLOGICAL ASPECTS OF TRIBULUS TERRESTRIS LINN

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INTRODUCTION: DESCRIPTION OF PLANT

Tribulus is a genus of ascending or prostrate herb, belonging to the family Zygophyllaceae, distributed in the tropics and warm - temperate regions of the world. Three species which are found in India are *Tribulus terrestris*, *Tribulus Cistoides* and *Tribulus alatus*¹. Among them T. terrestris L. is a trailing plant, common in sandy soil throughout India, upto 11000 ft. in Kashmir, Ceylon. The Plant is commonly known in Hindi: Chotagokhru, Punjabi: Bakhra; English: Calthrops.

It is a procumbent, ascending or suberect herb; stems and branches pilose, young parts villous. Leaves opposite, abruptly pinnate, one of each pair usually smaller than the other, sometimes wanting altogether; Stipules lanceolate, hairy; leaflets 3-6 pairs, oblong, mucronate, villous on both the surfaces: base rounded oblique; petioles minute, hairy. Flowers axillary or leaf opposed, yellow, solitary, hairy; pedicles filliform. Sepals lanceolate, acute, hairy. Petals oblongobloid, claw short, hairy; stamens 10, inserted on the base of the disk, alternately longer and shorter, the latter with a small gland outside, filaments filliform, naked ovary sessile, hirsute, 5-12 lobed and celled; Style short; stigmas 5-12; ovules superposed. Fruit globose with 5-hairy woodycocci, each with 2 spines. Seeds many in each coccus, with transverse partitions between them. Flowering and fruiting-hot season and rainy season.

Leaves are diuretic, tonic; increase the menstrual flow; cure gonorrhoea; a decoction is useful as a gargle for mouth trouble and painful gum and reduce inflammation.

The fruit is diuretic removes gravel from the urine and stone in the bladder. They are regarded as cooling, diuretic, tonic and aphrodisiac, and are used in painful micturition, calculous affections, urinary disorders and impotence. In some countries they are reputed tonic and astringent, used for coughs, scabies, anaemia and opthalmia.

The root is good stomachic and appetiser, diuretic and carminative.

The entire plant, but more particularly the fruits are used in medicines. It was given a good trial in Bright's disease with dropsy. The diuretic property of the drug is due to the presence of large quantities of nitrates present as well as the essential oil which occurs in the seeds².

PHYTOCHEMICAL STUDIES

Fruit contains an alkaloid in traces (0.001%); fixed oil 3.5% consisting mainly of unsaturated acids, essential oil in very small quantities, resins and fair amounts of nitrates³. Harman occurs in the herb and harmine in seeds. The plant contains saponins which on hydrolysis yield steroidal sapogenins. Kaempferol, Keempferol-3-glucoside, Kaempferol-3-

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rutinoside and a flavonoid tribuloside have been isolated from leaves and fruits⁴.

Tribulus species cause the disease photosensitivity and geeldikkop in animals due to presence of an icterogenic principle in the plant was first studied by Henrici et al⁵ and later by Brockmann, et al⁶.

Diosgenin, Ruscogenin, Gitogenin and 25-D-Spirosta-3, 5-Diene obtained by hydrolysis of crude saponin isolated from *T. terrestris*⁷.

Dried fruits of *T. terrestris L.* contains 5% of semidrying oil, peroxides, diastase, traces of glucosides, resins, protein and a large amount of inorganic matters⁸. Shah et al⁹ reported the presence of vit. C in the whole plant (78.00-141.66 mg/100 gm).

Nath, et al¹⁰ reported crude protein 12.06%, ether extract 2.61%; crude fibre 27.7%; nitrogen free extract 40.83%; total carbohydrates 68.61%; total ash 16.72%; calcium 4.21% and phosphorus 0.24%.

Three steroidal sapogenins, diosgenin, gitogenin and chlorgenin were isolated by Gheorghiu et al11. Out of 10 steroidal substances 3 saponins C, F & G (Fig. 1) were isolated from overground part of T. Terrestris, with the help of repeated column chromatography and thin-layer chromatography by Tomowa et al¹². Saponin F proved to be a new product: tigogenin-3- diglucorhamnoside, named by them terrestroside F, the partial structure of which was determined on the basis of the hydrolytic products: aglycon tigogenin (identified by m.p., mixed m.p.; I.R. and mass spectrum; acetyl derivative) and an oligosaccharide part rhamnose: glucose (2:1). The saponins C and G proved to be a mixture of two tigogenin and diosgenin glycosides each. The mixture of aglycones was separated by column chromatography on silica gel containing silver nitrate and identified by the above mentioned indices as tigogenin and diosgenin. In the hydrolysates the sugars glucose and rhamnose were proved. A flavonoid was also isolated which was identified as astragaline (caempferol-3- glucoside).

Purushothaman, et al¹³. isolated two steroid sapogenins hecogenin (3 β -hydroxy-5 α - spirostan 12-one) and neotigogenin 5 α : 22 25S-spirostan-3 β -O1) with the help of chromatography over silica gel from the chloroform extract of whole plant of *T. terrestris*, compound A, C₂₇ H₄₄ O₃ m.p. 199-201°, λ max 3500 cm⁻¹). Its monoacetate C₂₇ H₄₆ O₄, m.p. 170° (λ max 1725 and 1240 cm⁻¹). Compound B, C₂₇ H₄₂ O₄, m.p. 243°, Contains a hydroxyl group (3460 cm⁻¹) and a six membered ring ketone (1710 cm⁻¹) and its monoacetate, C₂₇ H₄₉ O₅, m.p. 240°. Hecogenin was also reported by Tomowa, et al¹⁴.

Tomowa et al¹⁵ established the structure of isolated glycoside from the over ground part of *T. terrestris L.* as furostanol bisglycoside protodioscin (Fig. - 2) which upon acid hydrolysis yield the spirostanol diosgenin, tigogenin, glucose and rhamnose. Mahato et al¹⁶ analysed for diosgenin content from four samples of T. terrestris L. growing under different climate condition. The highest yield of diosgenin was 0.21% and the lowest yield was 0.06%. Other steroid constituents characterised were β -sitosterol, stigmasterol and neotigogenin.

Altogether 22 aminoacids were identified in the root nodules of T. terrestris L. and qualitatively analysed by Ather, et al¹⁷. Glutamic acid, Glutamine, Aspartic acid and Asparagine being the major amino acids. Other amino acids are cystine, cysteine, Tryptophan, serine, proline, Glycine, Alanine, Valine, Methionine, Leucine, Isoleucine, Tyrosine, Phenylalanine, γ -Amino butyric acid, Ornithine, Lysine, Histidine and Arginine.

Chakravarti, et al¹⁸ isolated Diosgenin from the weeds of *T. terrestris L.* Seth, et al³⁰., reported the Sodium, potassium, and Calcium contents in the fruits of *T. terrestris L.* Arti Duhan, et al¹⁹. reported a rich source of calcium in the leaves of *T. terrestric L.*

Afria²⁰ showed that young leaves possessed the maximum concentration of protein (92.5 mg./gm dry wt.) and most of the individual free amino acids¹⁵, as compared with mature leaves and immature fruits.

Saleh et al²¹. detected 25 flavonoid glycosides in T. terrestris L. The glycosides belong to the common flavonols, kaempferol, quercetin and isorhamnetin with the 3-gentiobiosides as the major glycosides. Singh et al²² isolated Diosgenin and Tigogenin from over ground part of T. terrestris L.

Prakash, et $a^{\beta 3}$. confirmed 4 alkaloids harmine, harmaline, harman and tetrahydroharmine in the plant *T. terrestris*. Bourke et al²⁴. extracted 5 compounds in the alkaloid mixture of *T. terrestris L.*, only 2 were present in large amount and identifiable as the structurally related beta-carboline indoleamines harmane and norharmane.

Zafar, R. et al²⁵., isolated diosgenin, hecogenin, ruscogenin, spirosta-3,5-diene from flowers of T. terrestris L. Two compounds of cinnamic amide derivative named terrestriamide and 7-methylhydroindanone-1, were isolated from T. terrestris L for the first time²⁶.

PHARMACOLOGICAL SCREENING

Pharmacological study of *T. terrestris L* have been carried out by Bose et al²⁷. The minor alkaloidal fraction did not affect the blood pressure of the dog, but depressed the frog heart in *situ*. It produced inhibition of acetyl choline induced contraction of isolated intestine of rats and also of frog rectus muscle and had moderate diuretic effect. The aqueous fraction induced mild hypotension, showed anti-acetyl-choline like action on the rat intestine. The seeds of the *T. terrestris* was found to be toxic to the liver of rats²⁸. No toxic symptoms were observed by Sastry²⁹. Seth et al³⁰, reported that water soluble extract of *T. terrestris L* had a potent stimulant effect on the isolated heart muscle in hypodynamic state. Chakraborty et al³¹, studied the various

phamacological action and reported that an alcoholic extract of the plant produced a sharp vasodepression in anaesthetised dogs mediated through cholinergic mechanism. It also possessed some characteristic changes in C.N.S. and in carbohydrate metabolism. Prakash et al²³. reported marked C.N.S. stimulant activity in adult albino mice in *T. terrestris L.* Bourke et al³² reported locomotor disorders with the *T. terrestris L.* due to beta carboline alkaloid.

Bourke et al²⁴ administered harmane and norharmane from alkaloid extract of T. terrestris L to normal sheep and showed that both compounds were able to cause locomotor effects. Antiurolithiatic activity in the alcoholic extract of T. terrestris was studied by Anand, R et al³³. Singh et al³⁴., evaluated the diuretic action with minimal side effects of T. terrestris L on the albino rat.

Administration of the fractions of ethanolic extract of *T. terrestris* fruits by Anand R. et al³⁵ resulted in a varying degree of reduction in deposition of stone as compared to the untreated control animals.

Sangeeta et al³⁶. observed the effect of an aqueous extract of *T. terrestris* on the metabolism of oxalate in male rats fed sodium glycolate, that lowering hyperoxaluria seemed to be mainly mediated through its inhibitory action on GAO and GAD, and its enhanced production of glyoxylate. Vijaya S. et al³⁷ examined *in vitro* that aqueous extract of *T. terrestris L.* inhibited Amylase and activated Lipase digestive enzyme.

ANTI MICROBIAL SCREENING

George, et al³⁸ reported that alcoholic and aqueous extracts of plant or leaf are effective against *S. aureus* and *E. Coli* whereas the aqueous extract of seeds was only effective against *S. aureus*. Joshi et al³⁹ studied the antibacterial activity of 0.9% saline solution extract of fruit material, against the *S. aureus* and *E. Coli*. Dhar, et al⁴⁰ reported the antimicrobial activity of 50% ethanolic extract of the seed and

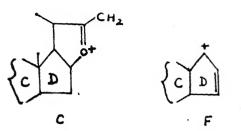


Fig. 1

R=Gluc: Rham (1:2)

Fig. 2

aerial parts of *T. terrestris against the B. Subtilis*, *S. Typhi*, *A. tumefaciens*, *E. Coli and M. tuberculosis*.

Singh, et al⁴¹ reported that the ethanolic extract (95%) of *T. terrestris* (fruits) is completely active against *E. coli*.

Ikram, M. et al⁴² studied the antimicrobial activity of ethanolic extract (95%) of *T. terrestris* (stem & leaf) against *B. Subtilis* by hole-plate diffusion method. Surinder Jit et al⁴³ reported maximum activity in ether and 50% ethanolic (1:1) extract of *T. terrestris* shoot against *S. aureus*.

Twaij, H.A.A. et al⁴⁴ found the molluscicidal activity at 50-100 ppm and most toxic at 100-200 ppm concentration against *Bulinus truncatus* in the aqueous extract of *T. terrestris L*.

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MICRO-REVIEW

Review on Phytochemical and Pharmacological Aspects of Cichorium intybus Linn.

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Cichorium intybus Linn. (Compositae) is an important medicinal plant which finds use in Ayurveda and Unani systems of medicine, especially in inflammations. It is useful in thirst, headache, ophthalmia, throat inflammation, enlargement of the spleen, fever, vomiting and diarrhoea etc. An attempt has been made to review the phytochemical and pharmacological work done on Cichorium intybus Linn.

Key Words: Review, Cichorium intybus Linn., Phytochemical and pharmacological properties.

INTRODUCTION

Cichorium is a genus of thirteen species belonging to the family Compositae. Two species, viz., C. endivia and C. intybus, are of common occurrence in N.W. India up to 6,000 ft., Waziristan, Baluchistan, W. Asia and Europe. C. intybus Linn. has been described to be of great medicinal value. C. intybus is a perennial herb, 1–3 ft. high, with fleshy tap root up to $2^{1}/_{2}$ ft. in length. The plant is commonly known in Hindi: Kasni; Punjabi: Hand; English: Chicory 1.

Morphology

An erect, usually rough and more or less glandular, perennial herb; stems 0.3–0.9 m, angled or grooved; branches tough, rigid, spreading; radical and lower leaves 7.5–15 cm, pinnatifid lobes toothed, pointing downwards; upper leaves alternate, small, entire, heads ligulate, 2.5–3.8 cm diam.; flowers bright blue; pappus of 1 or 2 series of short, blunt erect scales; ligules very long, spreading, 5-toothed; style-arms long; achenes smooth, angled, crowned with the ring of pappus scales.

The plant is a good tonic, cooling, useful in thirst, headache, ophthalmia, throat inflammation, enlargement of the spleen, fever, vomiting and diarrhoea. The root is stomachic and diuretic; enriches and purifies the blood; lessens inflammation and pain in the joints. The seeds are tonic to the brain, alexiteric, appetiser; useful in ophthalmia, biliousness, lumbago, troubles of the spleen and asthma. The leaves are applied topically to lessen pain in the joints and have also hypoglycaemic effect. The flowers are used in liver disorders.

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34 Gupta et al. Asian J. Chem.

Photochemical Investigations

Seeds contain a bland oil, 4.5%; fresh roots contain moisture, 77%; gummy matter, 7.5%; glucose, 1.1%; bitter extractive, 4.0%; fat, 0.6%; cellulose, inulin and fibre, 9.0% and ash, 0.8%. The ash of the roots and also of the leaves is rich in potash. Betaine and choline are also present in small concentrations. Flowers contain a colourless crystalline glucoside; cichoriin, bitter substances lactucin and intybin¹⁻⁴.

Barakat et al.⁵ reported average of ferric iron content 3.14 mg% and cupric copper content 0.17 mg% by ascorbimetry. Balbaa et al.⁶ reported the presence of flavonoids, catechol tannins, glycosides, carbohydrates, unsaturated sterols, triterpenoids and the absence of alkaloids, oxidase enzyme and saponins in the roots of each of eight varieties of *C. intybus* L.

Wight et al.⁷ determined reducing sugars, sucrose and inulin content in roots of *C. intybus* L. Bridle et al.⁸ identified that major anthocyanin is cyanidin 3-O- β -(6-O-malonyl)-D-glucopyranoside (1) by fast atom bombardment mass spectrometry and NMR spectroscopy in red leaves of *C. intybus* L.

Takeda et al.⁹ identified a pigment, delphinidin 3-(6-malonylglucoside)-5-malonylglucoside, in blue flowers of *C. intybus* L. Saleem et al.¹⁰ examined the seed oil from *C. intybus* for its physico-chemical values and fatty acid composition by gas chromatography. Grayer et al.¹¹ reported an antifungal compound, cichoralexin, in leaves of *C. intybus* L.

Park et al. 12 isolatated two known eudesmanolides, magnolialide and artesin from the roots of C. intybus and their structures were identified as magnolialide [1β-hydroxyeudesma-4,13-dien-6,12-olide (2)] and its 11β-13-dihydro derivative (3) respectively. The known eudesmanolide magnolialide and the known guainolide ixerisoside-D reported from C. intybus; along with the previously known sesquiterpene lactones, have also been isoated and identified by Kisiel et al. 13

Four anthocyanin pigments were isolated from flowers of *C. intybus* and identified as delphinidin 3,5-di-O-(6-O-melonyl- β -D-glucoside) (1) and delphinidin 3-O-(6-O-malonyl- β -D-glucoside)-5-O- β -D-glucoside (2) and the known compounds were delphinidin 3-O- β -D-glucoside-5-O-(6-O-malonyl- β -D-glucoside) 3. and delphinidin 3,5-di-O- β -D glucoside. (4) as shown in Fig. 1. in addition, 3-O- β -Coumaroyl quinic acid has been identified by Norbeck *et al.*¹⁴

HO
$$\frac{H}{HO}$$
 $\frac{H}{HO}$ $\frac{H}{HO}$ $\frac{H}{HO}$ $\frac{G}{HO}$ $\frac{G}{H$

	$R_{\mathbf{i}}$	R ₂	
 1	malonyl	malonyl	
2	malonyl	Н	
3	Н	malonyl	
 4	H	Н	

Pharmacological Screening

Balbaa et al.⁵ observed quinidine like action on isolated toads's heart in roots of each of eight varieties of *C. intybuys* L. Prakash et al.¹⁵ observed 84% resorptive activity at a dose of 200 mg/kg body weight in 50% ethanolic extract of *C. intybus*. L.

Panday¹⁶ observed bradycardia in normal and hypodynamic heart of frog and a fall in B.P. with a corresponding increase in respiratory rates in dog treated with alcoholic extract of seeds of *C. intybus* L. Handa *et al.*¹⁷ reported cholagogue activity in alcoholic extract of the *C. intybus* L.

A significant decrease in the triglyceride level of liver, plasma and heart coupled with decreased cholesterol level in plasma was observed in rats, fed with high level of saturated fat supplemented with 5% roots of *C. intybus* L. as compared to high fat fed group, by Kaur *et al.*¹⁸. Misra, *et al.*¹⁹ found antimalarial activity against erythrocytic stages of *Plasmodium berghei* only *in vitro* in alcoholic exract of seeds of *C. intybus* L.

Gadgoli et al.²⁰ found hepatoprotective activity against carbon tetrachloride and paracetamol induced toxicity in rats, treated each with chloroform, methanol and water extract of seeds of *Cichorium intybus* L.

36 Gupta et al.

Asian J. Chem.

Zafar et al.²¹ reported better antihepatotoxic effect against carbon tetrachloride induced heptocellular damage in albino rats, treated with root callus extract as compared to the natural root extract of *Cichorium intybus* L.

Antimicrobial Activity

Abou-Jawdah et al. ²² found antimycotic activity against phytopathogenic fungi in pertroleum ether extract of *C. intybus* L.

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MICRO-REVIEW

Review on Phytochemical and Pharmacological Aspects of Dolichos biflorus Linn

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Dolichos biflorus Linn. (Leguminosae) is an important medicinal plant which finds uses in Ayurveda and Unani systems of medicine especially for removing kidney stones. It has diuretic and emmenagogue effects. An attempt has been made to review the phytochemical, pharmacological and antimicrobial works done on this plant.

Key Words: Review, *Dolichos biflorus* Linn, Phytochemical and pharmacological properties.

INTRODUCTION

Dolichos is a well known and widespread genus of twining herbs of the family Leguminosae (Papillionaceae) occurring mainly in the tropical countries. It occurs all over India up to an altitude of 5000 ft. About 14 species occur in India, of which D. biflorus (Horse Gram), D. lablab (Bean), D. catijang (cow gram), D. pruriens (Cow hedge) and D. soja (Soya bean) are extensively cultivated and its seeds are used as food and leaves and stem as fodder. The seeds have been used in the indigenous system of medicine for a long time as astringent, anthelmintic, nerve tonic, diuretic, aphrodisiac and antipyretic etc. The plant is commonly known in Hindi: Kulthi; Sanskrit: Kulastha; Bengali: Kulti, Kurtikalai; Marathi: Kulith, Kulthi; Gujarati: Kulti; Malayalam: Kullu, Kollu; Telugu: Vlavalu; Tamil: Kollu.

Morphology

Stems: Very wide climbing slender, slightly pubescent, oblong blunt, subglabrescent leaflets on a petiole, lateral ones very unequal sided, stipullae minute and linear.

Flowers: 1-3 on very short pedicels in the axils of the leaves. Calyx slightly downy with upper teeth quite connate, the side lanceolate and the lowest one linear. Corolla yellow.

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38 Gupta et al. Asian J. Chem.

Pods: Linear, subsessile, nearly straight, glabrous, 6–8 seeded, tipped with a persistant style.

Phytochemical Investigations

The seed has moisture, 11.8%; crude protein, 22.0%; fat, 0.5%; minerals, 3.1%; fibre, 5.3%; carbohydrates, 57.3%; calcium, 0.28%; phosphorus, 0.39%; iron, 0.0076%; nicotinic acid, 0.0015%; carotene, 119 IU/100 g, arginine 6.0–7.1%, tyrosine 6.68% and lysine 7.64%. Other important constituents of *D. biflorus* are strepogenin, β -sitosterol, bulbiformin, linoleic acid (in the seeds oil, 30–60%), polyphenols, oxalates (40% soluble) and crude fibre (5.3%)^{1–3}. Pant *et al.*⁴ found moisture 10.58%; ash, 3.86%; fat, 2.26% and crude protein, 21.35% in seeds. Mahadevappa *et al.*⁵ reported palmitic acid, linoleic acid, oleic acid and linolenic acid in seed oil of *D. biflorus* L.

Mary et al.⁶ isolated unusual enzyme allantoinase from germinated seeds of D. biflorus L. Seeds of D. biflorus L. contain total lipids 1.7-2.2%, neutral lipids 46-52% of total lipids, glycolipids 10-12% and pospholipids 35-40% of total lipids. Its amino acid composition is aspartic acid, lysine, phenyl-alanine, glycine, threonine, alanine, tyrosine, valine, glutamic acid, leucine, proline, serine and tryptophan. Seeds are rich source of ribonuclease. The glycosidases β -H-acetyl glucosamanidase, α - and β -galactosidases, α -mannosidase and β -glucosidase have been isolated and purified Singh, et al.⁸ isolated phytohemagglutinin from the seeds and characterized by Kuehnemund et al.⁹ as a glycoprotein of molecular weight about 130000 with amino acids and carbohydrates (0.5% galactose, 0.2% mannose, rhamnose and fructose).

Keen et al. ¹⁰ isolated genistein, 2'-hydroxy genistein, dalbergioidin, kievitone, phaseollidin and isoferrerin isoflavones after inoculation by some non-pathogenic bacteria, along with coumestrol and psoralidin form the leaves and stems of D. biflorus L. Ingham et al. ¹¹ isolated two minor isoflavonoids dolichin A and B from the bacteria treated leaves of D. biflorus L.

Mitra et al. 12 isolated 5-hydroxy-7,3',4'-trimethoxy-8-methylisoflavone and 5-neohesperidoside isoflavone from the ethanolic extract of seeds of *D. biflorus* L. Akihisa, et al. 13 isolated and identified fourteen triterpene alcohols and one 3-oxosteroid: stigmastenone [(24R)-stigmast-4-en-3-one] from seeds of *D. biflorus* L.

Dubey et al. ¹⁴ identified D-glucose, D-galactose, L-rhamnose, D-arabinose and L-ascorbic acid along with amino acids, viz., glycine, alanine, cysteine, serine and aspartic acid from seeds of D. biflorus L.

Pharmacological Screening

The seeds are diuretic; emmenagogue; increase appetite; remove stone from kidney; cure hiccough, eye troubles, piles, enlargement of the spleen, pain in the liver; improve the complexion; cause biliousness. The decoction is used in leucorrhoea and menstrual derangements. Kamboj et al. 16 reported that no anti-implantation activity at a dose of 200 mg/kg on days 1–7 post-coitum in rats for the petroleum ether, alcohol and aqueous extracts of seeds of D. biflorus L.

Vol. 17, No. 1 (2005) Phytochemical and Pharmacological Aspects of Dolichos biflorus 39

Laskar et al.¹⁷ found antihepatotoxic activity in seeds of D. biflorus L. against paracetamol intoxicated rats at a dose of 10 mg/kg.

Antimicrobial Screening

Basak et al. 18 found antibacterial activity against Pseudomonas aeruginosa, Escherichia coli, proteus vulgaris and Bacillus subtilis in methanolic extract of seeds of D. biflorus L.

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Time-dependent Migration of Elements from Plastic-packaging Material into Food

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Packaging is important for the food industry. Migration of elements from packaging material into food has attracted interest because of possible contamination of the food. In this paper behavior of migration with time was studied. Ca, Mg, Zn and K were used as examples for migration into food simulant. The study shows that polymer material, time of contact and type of migrating element affect the migration process.

Key Words: Packaging, Migration, Food.

INTRODUCTION

Polymer based packages have grown in popularity and are used all over the world for various applications. Packaging is essential to the food industry. It is used in a variety of applications, from simple containment of food to designed packages to prolong the shelf-life of the product. Along with the main polymer material, additives are often used to improve the performance of the package and to make it useful for specific applications. Examples of additives are coloring agents, plasticizers, stabilizers, anti-static agents, lubricants and antioxidants.

When the package comes into contact with food, two-way mass transfer takes place. Mass is transferred from the polymer into food; on the other hand mass is transferred from food into the polymer. These two processes are related and could be affected by many physical and chemical factors.

Recently, numerous studies showed that packaging might pose a problem, through migration of contaminants from the packaging material into food. Modeling studies try to simulate and predict the nature of the migration process. In these studies packaging material is subjected to extreme conditions and possible contamination is studied¹. Other studies concentrate on qualitative and quantitative aspects of the migrants^{2,3}. Extracting possible migrants from packaging material is another way to study food contamination^{4–6}. In their study Castle et al.^{4,5} extracted certain migrants from paperboard packaging material. In a study by Begley et al.⁶, nylon packaging material was dissolved in organic solvents and possible migrants were studied.

Along with the main packaging material itself (the polymer), additives to the polymer used to improve the quality of the package can be a source of

Review on Phytochemical and Pharmacological Aspects of Cassia tora Linn.

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Abstract

Cassia tora Linn. (Leguminosae) is a common herbaceous annual plant occurring as weed throughout India, having a great reputation to be useful in all kinds of skin diseases; for ringworm and itch etc. It has laxative, diuretic, antihepatotoxic effects. In this article, an attempt has been made to review the phytochemical, pharmacological and antimicrobial work done on this plant.

Keywords: Cassia tora Linn., Leguminosae, Laxative, Diuretic, Antihepatotoxic

Cassia tora Linn. is a common herbaceous plant belonging to the family Leguminosae, occurring as weed, throughout India, Sri Lanka and the tropics. The plant has a number of vernacular names e.g. Hindi:-Chakunda, Sanskrit:- Dadamardana, Gujrati:-Kovaraya, Marathi:- Takla, Takli, Tamil:-Tagarai etc (1).



Morphology

Leaves are 7.5-10 cm long, rachis grooved, more or less pubescent with a conical gland

between each of the 2 lowest pairs of leaflets, stipules 1.3-2 cm long linear subulate and caducous. Leaflets 3 pairs, opposite, 2.5-4.5 by 1.3-2.5 cm (the lowest pair is smallest), obovate-oblong, glaucous, membranous, glabrous or more or less pubescent, base somewhat oblique, usually rounded, main nerves 8-10 pair; petiolules 2.5 mm long and pubescent.

Flower usually in subsessile pairs in the axils of the leaves, the upper crowded, common peduncle in fruit not exceeding 4 cm long; pedicels in fruit rarely exceeding 8 mm long. Calyx glabrous, divided to the base; segments 5 mm long, ovate, acute, spreading, Petals 5, pale yellow, subsequal, 8 by 2.5 mm, oblong, obtuse, spreading, the upper petal 2-lobed, the others entire. Stamens 10, the 3 upper reduced to minute staminodes, the remaining 7 perfect and subsequal.

Pods 12.5-20 cm by 4.5 mm, subtetragonous, much curved when young, obliquely septate, not reticulate and sutures are very broad. Seeds 25-30, rhombohedral, with the long axis in the direction of the pod

Journal of Science and Pharmacy

108

Vol. 2, No.3, Jul.-Sep., 2001

Both the leaves and seeds are laxative and useful in skin diseases. The leaves are used as an antiperiodic, aperient and anthelmintic. The root is considered bitter tonic and stomachic. The seeds are used as aperient, antiasthenic and diuretic agents and also to improve visual acuity in Chinese medicine. In Korea, the hot aqueous extract of the seeds is taken orally for the protection of the liver (2). The seed contain a glycoside and fixed oils (5%) (3).

Phytochemical Investigations

Naryana et al (4) isolated three crystalline substances which belong to the group of xanthones from the seed of C. torra L. Ghosal et al (5) isolated water soluble alkaloid trigonelline from leaves, stem and pods of C. torra L. Tiwari, et al (6) isolated anthraquinone pigment 1,3,5-trihydroxy-6,7-dimethoxy-2- methyl anthraquinone; Leucopelargonidin- 3- α-L-rhamnopyranoside and βV-sitosterol from ethanolic extract of the roots of C. torra L..

Acharya et al (7) isolated chrysophanic acid -9-anthrone from benzene extract of seeds of Cassia torra L.. Raghunathan et al (8) isolated two glycoside rubrofusarin-6-βgentiobioside and a new anthraquinone chrysophanol-1-β- gentiobioside from etanol extract of seeds of C. torra L.. Niranjan et al (9) isolated proteins from seeds of C. torra L.. Singh et al (10) identified, glucose, galactose, xylose and raffinose from defatted seeds of C. torra Linn using T.L.C. method. Further Katoch et al (11) reported that immature seeds of the plan had higher level of crude protein (26,60 %) than the mature seeds (22.62%) . Chakrabarty et al (12,13) reported 3,5,8,3', 4',5' -hexahydroxyflavone, hydroxy coumarin, aurapterol, euphol, basseol, emodin, rhein, palmitic acid, isostearic acid, behenic acid, ethyl arachidate and β-sitosterol in stem bark and ethyl arachidate, β-sitosterol, behenic acid, palmitic acid, marginic acid, euphol and 3,5,8,3'4'5'-

hexahydroxyflavone in leaves of Cassia torra linn. Upadhyaya et al (14) isolated monohydroxy anthraquinone, chrysoobtusin, free aminoacids, α-aspartic acid, cystine, canavine, β-cynoalanine, α-glutamic acid, γ-hydroxyarginine, l-proline, l-serine, tyrosine and valine, kaempferol, leucocanthocyanidins, chrysophanol, physcion, emodin, myricyl alcohol, quercetin, leucopelargonidin, stigmasterol and β-sitosterol from root and leaves of C. torra Linn.

Miralles et al (15) obtained 5.4 % oil from seeds. They reported unsaturated fatty acids, 68.2 % with a prominence of linoleic 44.6 %, oleic acids 21.6 % with amall amounts of malvalic and sterculic acids and 15 sterols.

Wong et al (16,17) isolated three new anthraquinone glycosides. Further two new naphtho- glycosides together with cassiaside and a gentiobioside were isolated from the methanolic extract of seeds of Cassia tora Linn.

Choi et al (18) isolated new naphthalene glycoside (cassitoroside) from seeds of Cassia tora L..

A new naphthopyrone glycoside was isolated from the roasted seeds of Cassia tora L. along with isorubrofusarin gentiobioside, alatemin and adenosine (19).

Pharmacological Screening

The crude extract of the leaves of Cassia tora L. was found to be lethal when a dose of 200 mg/ Kg, 100 mg/Kg and 20 mg/ Kg was given orally, intraperitoneally and intravenously respectively in mice. Death of mice occurred within 20 hours after administration of the drug (20).

The two anthraquinone glycosides exhibited a weak protective effect on primary cultured hepatocytes against carbon tetrachloride toxicity (16). The naphtho-γ-pyrone glycosides were found to have significant hepato-protective effects against galactosamine damage (17).

109

Methanolic extract of the leaves of Cassia tora at a dose of 400 mg/ Kg orally exhibited significant protective effect in rats in carbon tetrachloride induced hepatotoxicity (21, 22). The methanolic extract of leaves (400mg/ Kg) of this drug exhibited significant anti-inflammatory activity against carrageenin-, histamine –, serotonin and dextran – induced rat hind paw oedema (23). Leaves (200 mg/ 100 g body weight) exhibited maximum antifertility activity to be related to estrogenic activity in female rats (24).

Antimicrobial Activity

Acharya et al (7) found fungicidal activity in chrysophanic acid- 9- anthrone, isolated from ethanolic extract of seed. Singh et al (25) reported that the ethanolic extract (95%) of seeds had slight antibacterial activities against *E. coli in vitro*

Saxena et al (26) reported that petroleum ether and ethanolic extracts of seed were inactive against pathogenic fungi (Aspergillus fuminatus, Trichophytone mantagophytes, Candida albicans) and bacteria (E. coli, Bacillus subtilis, Streptococcus faecalis).

Onaolapo et al found the minimum inhibitory concentration between 1.56 mg/ ml to 12.5 mg/ ml of the water – methanol – chloroform- and diethyl ether/ ethanol-extract of *C. torra* L. against *E. coli*, *Staphylococcus aureus*, *Pseudomonas aeruginosa* and *Candida albicans*, using both cup plate and disc diffusion method.

Mukherjee et al (28) found antifungal activity of the dealcoholized extract of the leaves of Cassia tora Linn.

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110